

EAPandME

Employee Assistance Programme

Any of us can feel burdened
by a life or work problem.



The HSE Employee Assistance Programme provides a free and confidential counselling service you can contact at any time.

Call

0818 327 327

to speak to someone
who can help.

 #EAPandME

Go to <https://www.inspiresupporthub.org/HSE-EAPandME>
to access our online hub of helpful resources

