Coronavirus COVID-19



Coronavirus **COVID-19** Public Health Advice

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

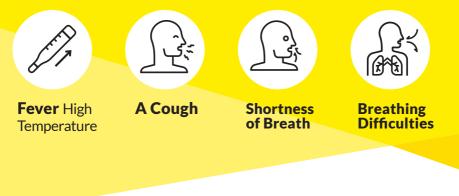
If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on www.dfa.ie

All People Are Advised To:

- > Reduce social interactions
- > Keep a distance of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit hse.ie OR phone HSE Live 1850 24 1850

Symptoms



Ireland is operating a delay strategy in line with **WHO** and **ECDC** advice





Rialtas na hÉireann Government of Ireland

How to **PREVENT**



Coronavirus **COVID-19** Public Health Advice



Stop shaking hands or hugging when saying hello or greeting other people



Cover your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Distance yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell



Wash your hands well and often to avoid contamination



Avoid touching eyes, nose, or mouth with unwashed hands



Clean and disinfect frequently touched objects and surfaces

For Daily Updates Visit

www.gov.ie/health-covid-19 www.hse.ie





Rialtas na hÉireann Government of Ireland