

REGIONAL CENTRE FOR NURSE & MIDWIFERY EDUCATION *HSE South East*

*Providing NMBI Approved CPD &
QQI Accredited Education (Level 5 – 8)*

Education & Training Prospectus 2024



Ionad Réigiúnach um Oideachas Altraí &
Cnáimhseachais FnaSS An Deisceart (Thoir Theas)

Regional Centre for Nurse & Midwifery
Education HSE South (South East)

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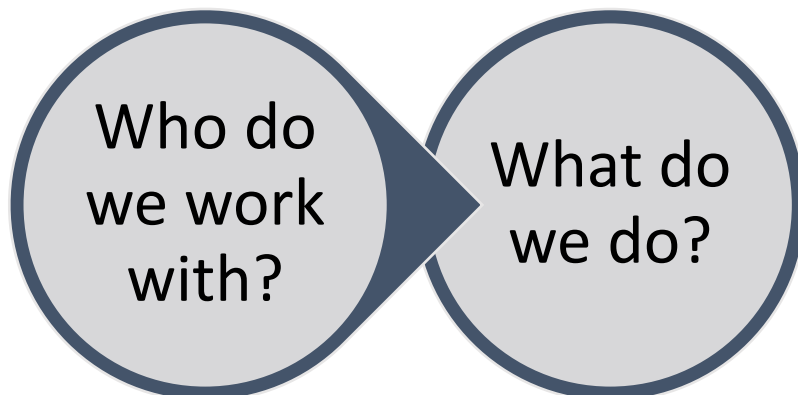
Please note that programme dates may be subject to change.

About Us

The Regional Centre of Nursing & Midwifery Education (RCNME) South East is committed to providing relevant, timely and research-informed Continuing Professional Development (CPD) and QQI Level 5 to Level 8 programme of education to Registered Nurses, Registered Midwives and Health Care Assistants working in the HSE South East.

We will continue to collaborate with key stakeholders in the identification, planning and delivery of education programmes that meet service needs and surpass expectations.

We value nurses and midwives and their impact on patients, families and within Multidisciplinary Teams and therefore, strive to provide education that engages, empowers and supports enquiry across all disciplines of Nursing and Midwifery



To provide this education we work with specialist staff across the region in the design and facilitation of programmes. The RCNME also works with the Office of the Nursing & Midwifery Services Director (ONMSD), the Nursing & Midwifery Planning & Development Unit (NMPDU), National Clinical Leadership Centre (NCLC) and Nurse Practice Development Units (NPDU) regionally to coordinate and deliver programmes of education.

We support CPD through the provision of education programmes for nurses, midwives and health care assistants. This is delivered regionally following an identified need or by coordinating national education programmes. We also continually monitor the changing face of health services and attempt to anticipate education needs and develop programmes to meet this need.

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RCNME SE Team



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Accreditation

RCNME programmes of education are quality assured through the Nursing & Midwifery Board of Ireland (NMBI) and the Quality and Qualifications Ireland (QQI) accreditation processes.



Bord Altranais agus
Cnáimhseachais na hÉireann
Nursing and Midwifery
Board of Ireland

Continuing Professional Development programmes are submitted to NMBI for Category 1 approval prior to programme delivery. This process ensures that the programme aim, learning outcomes, content, methods of delivery and evaluation meet NMBI CPD standards and requirements. Continuing Education Units for CPD programmes of education are awarded by NMBI.

On 21 December 2011, the Nurses and Midwives Act 2011 was signed into law. This Act updated the provisions relating to the regulation of nurses and midwives in Ireland, and recognised midwifery as a separate and distinct profession to that of nursing. The Act enhanced the protection of the public in its dealings with the professions, while ensuring the integrity of the practice of nursing and midwifery (www.NMBI.ie Accessed 07.12.2023). Enactment of the Nurses Act 2011 and current work by the NMBI Education Team will mean that evidence of CEUs are required by NMBI when re-registering with the Board.



QQI Level 5-8 programmes can only be delivered once validated by QQI as meeting the Quality Assurance processes required to achieve National Framework of Qualifications (NFQ) Level 5-8. The Consortium of Centres of Nurse and Midwifery Education (CCNME) has developed and implemented policies, procedures and processes that align with and are approved by QQI Quality Assurance measures and is therefore an approved provider of robust, evidence-based, QQI approved programmes of education and training.

The RCNME SE is an active member of the CCNME, contributing to the development, approval and implementation teams nationally for Level 5-8 programmes for Nurses, Midwives and Health Care Assistants.

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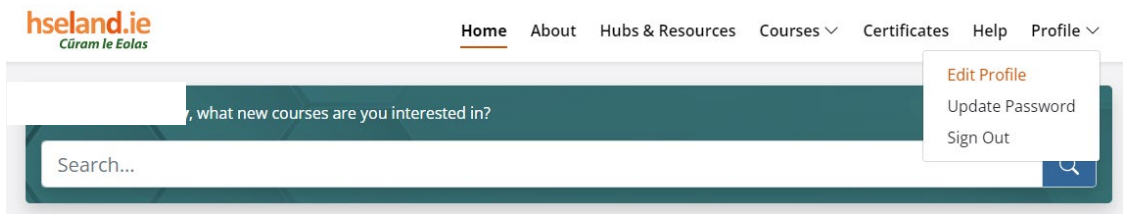
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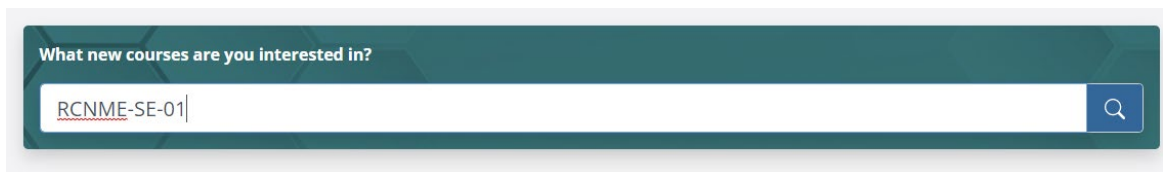
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How to Enrol for Programmes

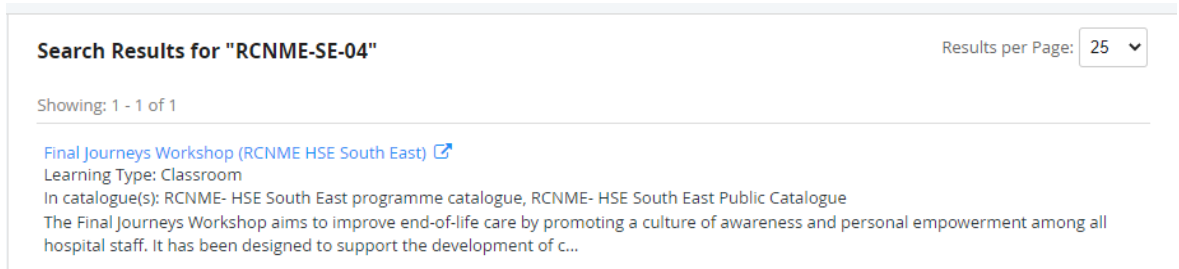
- 1 Navigate to www.hseland.ie, login and ensure that your profile is up to date



- 2 Each Programme is designated a Module ID – you will see the Module ID located with the programme title throughout this document. Use this Module ID to search for the programme in HSEland



- 3 In the search results, click on the programme title to see all the programme details and available sessions



If you are unable to see the programme in the search results, it means that your work location is not up to date in your profile. Your work location must reflect where you are now employed within the HSE South East

- 4 Review the details of the programme and click **Enrol** for the relevant session

- 5 Fill in your details as requested and click **Submit Request**

Each individual must enrol using their unique HSEland Username and Password.

Please note that places cannot be reserved or held via email to the RCNME Team

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Indicate Your Interest

If the programme you wish to attend has no active session scheduled, you may indicate your interest to attend by following the steps below. Once a session is scheduled, you will then be notified.

- 1 Follow the steps on “How to Enrol for a Programme”. If there is no active session scheduled, there will be an option to indicate your interest

Support Contact:

[Click here to indicate your interest in taking this course...](#) ?



Session(s): Sorry, but this course does not have an active scheduled session!

- 2 In the space provided, please enter your details (job title, service/hospital) and click **Save**

Indicate Interest in

Programme

You can indicate your interest in this course here, including a set of preferred dates for taking this, if appropriate.

Comment (max. 255 characters)

Save

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Please note that indicating your interest is not the same as enrolling for a programme and does not guarantee you a place on a programme.

Indicating your interest in attending a programme ensures that you will receive information on the next scheduled session only.

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Make sure you don't miss any upcoming education and training opportunities or developments

We'll keep you in the loop via email

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Click the link below or scan the QR code with your mobile device

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We will only send you notifications in relation to education, training and developments relevant to your area of nursing / midwifery

You can unsubscribe at any time by emailing rcnme.se@hse.ie

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Location

Our team is based in Confederation House, Waterford Business Park, Cork Road, Waterford with satellite offices in Kilkenny and Cashel.

We are responsible for the education needs of all nurses and midwives, across all disciplines, in Carlow, Kilkenny, South Tipperary, Waterford and Wexford.

While our remit is large, we always aim to meet identified needs and work with services to produce the most effective education programmes possible.

See our location below - click the map for directions or scan the QR code with your mobile device.



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Disclaimer

Disclaimer for the Provision of Education/Training by the Centre of Nursing & Midwifery Education

Attendance and/or participation in the above programme which is provided by, or on behalf of, the Health Service Executive (HSE) are subject to the following terms and conditions.

- This programme is developed solely for the purposes of the HSE's requirements in the interests of protecting the health of the public in respect of the knowledge and training of nurses, midwives and other healthcare staff who are engaged in a clinical environment (whether public and/or private).
- In light of these purposes, this programme is intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/or the practical application of certain skills and competencies.
- It is the individual responsibility of each practitioner to assess and maintain his/her own competence in respect of any situation and to assess the limitations of his/her competence. This programme is not intended to affect, interfere with or limit a person's individual responsibility to practice safely and effectively within his/her scope of practice and in accordance with any local policies, guidelines and/or protocols which may exist.
- The HSE shall have no liability, whether in contract, tort or otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person's attendance and/or participation in this programme including, but not limited to, the subject matter thereof and/or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/demonstrations, web based learning tools or any other instruction or materials provided as part of this programme (the "Materials"), howsoever arising.
- Any materials provided by the HSE as part of this programme are provided for information and guidance purposes only. The HSE makes no representation assurance, warranty or guarantee of any kind whatsoever in relation to the materials. The provision of the materials is without prejudice to the obligation of persons attending and/or participating in this programme to continually develop themselves as professionals, where applicable.
- These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/or participating in this programme.

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Adult Tracheostomy Care & Management Programme						
Adult Urethral Catheterisation & Suprapubic Re-Catheterisation Programme						
Autism Awareness Training Tier 1: Understanding Autism						
BBRaun Training Resources Online Programme						
Best Practice in Nursing & Midwifery Documentation, Writing Effectively and Legal Aspects						
Breastfeeding Workshop						
Care of the Critically Ill Pregnant or Postpartum Woman (PROMPT)						
Caring for the Child with a Life-Limiting Condition Level A Programme						
Changing Health Behaviours using Motivational Interviewing						
CHI Paediatric Neurosurgery Outreach Education Programme						
Child and Family Health Needs Assessment for Public Health Nurses – National Education Programme						
Clinical Skills Refresher Workshop for Nurses working in Intellectual Disability Services						
Colorectal Disorders Programme						
CPI Safety Intervention™ Blended Learning Programme						
CPI Verbal Intervention™ Training						
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ECG Interpretation Programme						
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Fetal Monitoring Workshop						
Final Journeys Workshop						
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Fundamentals of End of Life Care in the Paediatric Setting						
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HSE South East Regional Sharps Awareness Online Programme						
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Introduction to Cognitive Behaviour Therapy – Skills for Practice						
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Management of Epidural Analgesia in the Adult Patient Programme						
Management of the Adult Patient Requiring Non Invasive Ventilation						
Management of the Adult Renal Patient Programme						
Management of the Adult Respiratory Patient Programme						
Maternity Bereavement & Loss Care Programme						
National Cancer Control Programme – Nursing Education Programme for Nurses working in an Inpatient Setting						
National Facilitators Education Programme						
National Frailty Education Programme: Fundamentals of Frailty						
National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care						
NCLC Clinical Leadership Programme for Clinical Nurse Managers and Clinical Midwife Managers 1&2s						
NCLC Clinical Leadership Programme for Staff Nurses & Staff Midwives						
Neonatal Care Update						
Nursing Management of the Adult Cardiology Patient Programme						
Paediatric Advanced Life Support (PALS)						
Paediatric Emergency Assessment Recognition Stabilisation (PEARS)						
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Preceptorship Update Online Programme						
Recognising and Responding to the Deteriorating Patient Programme						
Return to Midwifery Practice (RTMP) Programme						
Return to Nursing Practice (RTNP) Programme						
Rhythm Recognition & Interpretation Workshop						
Risk Management in Mental Health – A Practical Guide						
STABLE® Programme						
Stroke Care Foundation Programme						
Supporting a Person with an Intellectual Disability through Grief and Loss						
University Hospital Waterford Clinical Safety Updates Online Programme						
Uterine Involution Assessment: A Revision for Public Health Nurses and Midwives						
Venepuncture and PIVC in Children, Infants and Neonates						

A Human Rights-Based Approach to Restrictive Practices

Aim

The aim of this webinar is to support participants to consider how a Human Rights Based Approach could be used to support the reduction of restrictive practices in healthcare settings.

The Webinar will be framed in a 'Human Rights Based' context linking in current best practice and referencing the national guidance provided by the Safeguarding Office Ireland, Health Information Quality Authority, The National Disability Services Quality Improvement Office and the provisions of the Health Act (2007).

Learning Outcomes

At the end of this programme, participants should be able to:

- identify proactive/reactive components of quality care provision and risk management intrinsic to restriction reduction;
- discuss the concept of capable environments;
- examine the importance of Practice Leadership in environments where restrictive practices may be used;
- demonstrate an understanding of what entails a restriction;
- identify the steps and decision-making process required with regard to the implementation of a restriction;
- explain the importance of risk assessment in relation to restricted practices;
- outline the process involved in reviewing restricted practices to reduce/negate the need for a restriction;
- relate the importance of positive behaviour support as a means of reducing/negating the need for Restricted Practice.

Target Audience

- Registered Nurses, Registered Midwives and Health and Social Care Professionals

Next Available Programme(s)

- Thursday 7th March 2024 – Webinar

HSELand Module ID

- RCNME-SE-65

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Adult Arterial Blood Gas Sampling & Analysis Programme

Aim

This programme is intended to provide the Registered Nurse with the theoretical knowledge necessary to understand and perform adult arterial sampling, analysis and interpretation. Clinical competence to perform these skills will be determined by a suitably qualified clinical assessor.

Participants are required to complete all elements of this programme:

Part 1 – Attend theoretical study day in full

Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge of the anatomy and physiology of the radial artery and surrounding tissues, veins and nerves;
- demonstrate safe practice when undertaking adult arterial blood gas sampling;
- demonstrate knowledge of the indications and contra-indications to performing adult arterial blood gas sampling and analysis;
- analyse and interpret ABG results.

Target Audience

- This programme is for Registered Nurses involved in the care and management of a patient who requires adult arterial blood gas sampling and analysis
- This is an advanced skill and participants must have the approval of their line manager prior to applying for a place on the programme

Next Available Programme(s)

- Monday 29th April 2024 – Waterford
- Monday 14th October 2024 - Waterford

HSELand Module ID

- RCNME-SE-11-PROG

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Adult Tracheostomy Care & Management Programme

Aim

This programme is intended to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult patient with a tracheostomy and to expand existing nursing care skills and expertise, in line with National policy and local guidelines.

Learning Outcomes

At the end of this programme, participants should be able to:

- define tracheostomy, outline indications and explain procedure for tracheostomy insertion;
- describe types of tracheostomy and tubes available;
- demonstrate understanding of the knowledge and skills required for postoperative care and management of the patient with a tracheostomy, incl. tube changes;
- describe the emergency management of the adult patient with a tracheostomy;
- understand patient need for additional support in areas such as communication, humidification and swallowing.

Target Audience

- Registered Nurses involved in the care and management of a patient with a tracheostomy tube

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-09

Adult Urethral Catheterisation & Suprapubic Re-Catheterisation Programme

Aim

The aim of this programme is to provide Registered Nurses with the knowledge and skills required to provide appropriate care for those who require or already have, a urinary catheter (both male & female) and those requiring a suprapubic re-catheterisation.

Target Audience

- Registered Nurses employed in an area where adult male urethral catheterisation and suprapubic re-catheterisation is required frequently enough to enhance service provision and maintain competence.

Prior to enrolling, please note the following pre-requisites:

- Participants must be approved by his/her clinical nurse manager as an appropriate person to expand his/her practice, to include adult male urethral catheterisation and suprapubic re-catheterisation.
- There must be an “Adult Urinary Catheterisation” and “Adult Suprapubic Re-Catheterisation” up-to-date guideline for the practice of these skills in your specific service area.
- Participants must have access to an assessor to assess post-programme competency attainment. The assessor must be a Nurse or Senior Doctor who has completed education in the specific area and deemed competent in adult male catheterisation and adult suprapubic-re-catheterisation. The assessor must be identified prior to programme commencement date.
- Participants must have read the HSE local policy/guidelines, Guidelines for Insertion, Removal, Care and Maintenance of Urethral Catheters in Adult Male & Female Patients.
- Participants must complete the HSEland ANTT training programme.

Next Available Programme(s)

- Tuesday 23rd January & Tuesday 30th January 2024 – Waterford
- Friday 30th August & Monday 2nd September 2024 – Waterford

HSEland Module ID

- RCNME-SE-109-AC

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Autism Awareness Training Tier 1: Understanding Autism

Aim
The overall aim of this online programme is to enable nurses, midwives, health and social care professionals to have a greater understanding of Autism. This programme intends to support healthcare professionals by building their awareness of the needs of autistic people and enabling them with the knowledge, skills and attitude to make reasonable adjustments in their practice areas and care environment when supporting autistic people.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- define Autism and be aware of the related conditions associated with Autism;
 - explain the ‘Strengths of Autism’ and the ‘Triad of Impairments’ and relate how living with Autism may impact on an individual’s daily life and mental health;
 - communicate with an Autistic person considering their unique communication and information needs;
 - discover how to make reasonable adjustments and create enabling environments for an Autistic person;
 - relate how legislation and guidance underpins support provided to Autistic people in Ireland.

- Target Audience**
- Registered Nurses, Registered Midwives and Health and Social Care Professionals

- Next Available Programme(s)**
- Tuesday 21st May 2024 – Webinar

- HSELand Module ID**
- RCNME-SE-98

BBraun Training Resources Programme

Aim

The BBraun Resource programme comprises four short training videos to provide instruction and information to nursing and midwifery staff in the following:

- Infusomat Space Line Safeset Priming Technique
- Infusomat Space Line Standard Priming Technique
- Handling, Cleaning, and Storing BBraun Space Infusion Pumps
- New Blood Transfusion Set Priming Technique

Please Note: The videos used in this instruction programme have been provided by BBraun. All content and information are the property of BBraun and not the RCNME SE.

Target Audience

- Registered Nurses and Registered Midwives

Next Available Programme(s)

- This programme is currently available online on HSELand

HSELand Module ID

- RCNME-SE-100

Best Practice in Nursing & Midwifery Documentation, Writing Effectively and Legal Aspects

Aim

The aim of this webinar is to empower registered nurses and midwives with the confidence to maintain nursing records in accordance with legal and professional Standards. This webinar will provide participants with the opportunity to explore nursing documentation, employ tips to write effectively and ensure their report writing will stand up to legal and medical review.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the legal and professional aspects of nursing documentation;
- identify common pitfalls in nursing documentation;
- employ strategies to write concise, accurate and legally defensible nursing notes.

Target Audience

- Registered Midwives and Registered Nurses

Next Available Programme(s)

- TBC

HSELand Module ID

- TBC

Breastfeeding Workshop

Aim

The aim of this programme is to empower Registered Midwives and Registered Nurses to promote, support and protect breastfeeding during the perinatal period.

Learning Outcomes

At the end of this programme, participants should be able to:

- assist mothers to safely place their baby skin to skin, position and attach baby to the breast;
- assess a feed with acknowledgement of the signs of good nutritive sucking and adequate milk transfer;
- assist mothers to gain confidence and establish breastfeeding;
- identify common breastfeeding challenges and assist mothers to overcome them;
- assist mothers who are experiencing greater challenges with breastfeeding;
- plan, document and refer care as necessary;
- provide ongoing support and signpost women to HSE and community services for support.

Target Audience

- Registered Midwives and Registered Nurses who are involved in Maternity, Neonatal and Paediatric Care

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-70

Care of the Critically Ill Pregnant or Postpartum Woman – PROMPT

Aim

The aim of this regional PROMPT Care of the Critically Ill Pregnant or Postnatal Woman (CiPP) programme is to cover the key areas of focus for maternal critical care. This is a structured, stand alone, one-day programme facilitated by regional clinical experts from the wider multidisciplinary team.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify the fundamentals of recognising the critically ill pregnant or postpartum woman;
- describe the diagnosis and management of maternal sepsis;
- identify immediate care provision in the event of a cardiorespiratory emergency;
- recognise the management of non-obstetric neurological emergencies;
- discuss the care considerations for the pregnant or postpartum woman who is unwell with Covid-19.

Target Audience

- Registered Midwives and Registered Nurses who may be involved in the care of the critically ill pregnant and postpartum women.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-86

Caring for the Child with a Life-Limiting Condition Level A Programme

Aim

The overall aim of this programme is to raise awareness of the principles and practices of utilising a palliative care approach in the provision of health and social services for children with life-limiting conditions and their families.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the philosophy and principles of caring for children with a life-limiting condition;
- Discuss the implications of a life-limiting condition for the child and family;
- Identify the statutory and voluntary agencies that deliver services for children with life-limiting conditions;
- Discuss appropriate pain management for children with life-limiting conditions;
- Describe some of the common therapies available for children with life-limiting conditions;
- Discuss the ethical issues related to palliative care for children.

Target Audience

- Registered Children’s Nurses, Registered Nurses, Registered Midwives, and Health and Social Care Professionals who provide care for children with life-limiting conditions and their families.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-107

Changing Health Behaviours using Motivational Interviewing

Aim

This 2-day programme is intended to introduce participants to the basic concepts of Motivational Interviewing.

Learning Outcomes

At the end of this programme, participants should be able to:

- understand Motivational Interviewing;
- demonstrate awareness of the four key process of Motivational Interviewing;
- use the early strategies of motivational Interviewing;
- understand the underlying spirit of Motivational Interviewing.

Target Audience

- Registered Nurses, Registered Midwives and Health & Social Care Professionals working in acute and non-acute services who have the opportunity to use this technique in their clinical practice.

Next Available Programme(s)

- Wednesday 8th May & Thursday 9th May 2024 – Waterford

HSELand Module ID

- RCNME-SE-38

CHI Paediatric Neurosurgery Outreach Education Programme

Aim

The Paediatric Neurosurgical Department at Children’s Health Ireland @ Temple St is rolling out an initiative to provide outreach interdisciplinary neurosurgery study days to the regional paediatric departments across Ireland for acute and community healthcare professionals.

Key members of the team including a Consultant Neurosurgeon, Advanced Nurse Practitioner and Clinical Nurse Specialists will be delivering talks and workshops on this 7 hour study day and there will be continuous professional development RCSI and NMBI points for attendance.

Topics Addressed

Overview of the Paediatric Neurosurgery Service and the Referral pathway, Paediatric Neurological Observations, Tumours of the Central Nervous System, Hydrocephalus and Trauma. There will be an opportunity to discuss Case Presentations and to participate in Workshops on Paediatric GCS, Head Circumference Monitoring and Surgical Devices.

Target Audience

- Acute and Community Healthcare professionals caring for children

Next Available Programme(s)

- Wednesday 6th March 2024 – Kilkenny
- Wednesday 10th April 2024 – Wexford
- Wednesday 15th May 2024 – Waterford

HSELand Module ID

- RCNME-SE-119

Child & Family Health Needs Assessment for Public Health Nurses National Education Programme

Aim

This programme aims to provide clear guidance to Public Health Nurses on a standardised approach to undertaking a Child and Family Health Needs Assessment in the Public Health Nursing Service, which is evidence-based and complies with best practice.

Learning Outcomes

At the end of this programme, participants should be able to:

- understand the context of Child and Family Health in Ireland;
- outline the National Guidelines on the use of the Child and Family Health Needs Assessment Framework (CFHNA) for the Public Health Nursing Service;
- explore mother’s health and wellbeing and early childhood development;
- understand the impact of adversity on children and families;
- understand the importance of early intervention, providing the right support at the right time;
- critically examine the domains and dimensions of the Assessment Framework and implementation of the Assessment Framework into practice;
- critically analyse the process for management of cases in Public Health Nursing practice through the lens of current legislation and policy;
- discuss Best Practice in documentation and sharing of Information with relevant services i.e TUSLA-PPFS/Child Protection;
- critically evaluate TUSLA Response Pathways.

Target Audience

- Registered Public Health Nurses and Registered Midwives

Next Available Programme

- TBC

HSELand Module ID

- ONMSD-NAT-31_5

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Clinical Skills Refresher Workshop for Nurses working in Intellectual Disability Services

Aim

The overall aim of this programme is to support nurses working in Intellectual Disability Services to refresh their knowledge, skills and competency enabling them to perform key clinical skills.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate with confidence how to perform basic clinical observations of vital signs including; Blood Pressure Monitoring, Pulse, Temperature, Respiration, & Oxygen Saturations;
- support an individual with intellectual disability to optimize their inhaler technique;
- administer nebulizer therapy and discuss best practice guidelines in relation to its use;
- perform the administration of Oxygen therapy and discuss best practice guidelines in relation to its use;
- demonstrate how to perform suctioning and examine best practice guidelines and recommendations in relation to its use;
- relate how to obtain a urinalysis and specimen collection;
- support an individual with intellectual disability to monitor their Blood Glucose;
- examine how to carry out neurological examinations and interpret results.

Target Audience

- Registered Nurses working in Intellectual Disability and Mental Health Services

Next Available Programme(s)

- Thursday 22nd February 2024 - Waterford

HSELand Module ID

- RCNME-SE-85

Colorectal Disorders Programme

Aim

The overall aim of this programme is to provide the participants with the opportunity to enhance the specific knowledge, skills and attitudes required to safely and effectively care for a patient with a colorectal disorder.

Learning Outcomes

At the end of this programme, participants should be able to:

- define I.B.D and have a broad understanding of medical and surgical treatments utilised in treating this cohort of patients, including the role of the IBD clinical nurse specialist;
- discuss and define colorectal cancer diagnosis and role of the Colorectal Cancer Nurse Coordinator in relation to the patient pathway;
- discuss the different types of surgery used to treat colorectal disease, incorporating post operative care and pain management;
- provide stoma care based on current evidence based practice and be familiar with the products available;
- understand the nutritional and dietary requirements for colorectal patients;
- be familiar with and understand the role of the multidisciplinary team in coordinating and implementing care in the patient with a colorectal disorder.

Target Audience

- Registered Nurses and other allied health professionals providing care for and work with patients diagnosed with a colorectal disorder.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-125

CPI Safety Intervention™ Blended Learning Programme

Aim

The aim of this course is to build knowledge and skills needed to recognise and de-escalate crisis behaviours you may encounter in your workplace and learn about trauma-responsive practices.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify and know how to respond to various levels of crisis behaviours.
- recognise how to manage your own consistent, calm behaviour in order to influence a positive outcome in a crisis situation.
- learn strategies to strengthen non-verbal communication.
- develop limit-setting strategies when verbally intervening to de-escalate defensive behaviours.
- learn safety intervention strategies to maximise safety and minimise harm.
- explore the Physical Skills Review Framework and key legal and professional considerations when using restrictive interventions.
- explore the *Decision-Making Matrix*SM when assessing Risk Behaviour.
- demonstrate and practise non-restrictive and restrictive interventions that are consistent with a set of physiological principles.
- explore a framework to help guide staff and the individuals in distress through a process of re-establishing the relationship.

Target Audience

- Registered Nurses and Registered Midwives
- Please note that participants must complete online pre-course work prior to attending the face-to-face workshop

Next Available Programme(s)

- Wednesday 17th April 2024 – Waterford
- Tuesday 8th October 2024 – Waterford

HSELand Module ID

- RCNME-SE-59

CPI Verbal Intervention™ Training

Aim

The aim of this course is to train staff to respond to crisis situations with a focus on prevention using verbal de-escalation skills and strategies where restraint is inappropriate.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise signs of distress;
- utilise a broad range of tools to help them intervene early to prevent conflict and escalation;
- have a clear understanding of using the right skills at the right time to effectively de-escalate when conflict arises so that a behavioural crisis doesn't occur.

Target Audience

- Registered Nurses, Registered Midwives and Health Care Assistants

Next Available Programme(s)

- Tuesday 26th November 2024 – Waterford

HSELand Module ID

- RCNME-SE-123

Delivering Bad News

National Cancer Control Programme / Irish Hospice Foundation

Aim

The aim of the National Cancer Control Programme/Irish Hospice Foundation, “Delivering Bad News” workshop, is to support staff in developing their communication skills, confidence and competence when delivering bad news to patients and their families.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss what bad news is and what it means for the patient;
- explore the impact of our communication on other people;
- learn a 5 step process for delivering bad news;
- Discuss challenges in delivering bad news and providing support.

Target Audience

- This programme is multidisciplinary and is open to any staff member who delivers bad news to patients.

Next Available Programme(s)

- Wednesday 24th April 2024 – Waterford
- Wednesday 2nd October 2024 – Waterford

HSELand Module ID

- RCNME-SE-06

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Designated ECT Nurse Education & Training Programme

Aim

The aim of this programme is to equip the Designated ECT Nurse with evidence-based theory, clinical standards and guidelines to enhance their theoretical knowledge, technical skills, confidence and competence to perform pre-ECT treatment assessments, monitor the ECT procedure, observe and interpret post ECT treatment responses in the management of the adult requiring prescribed ECT.

Learning Outcomes

At the end of this programme, participants should be able to:

- safely and competently undertake a holistic nursing assessment of the individual patient undergoing ECT and develop an appropriate plan of care for the peri-anaesthesia period;
- explain the pre-ECT assessments (capacity to consent, consent, pre-anaesthetic assessment, anaesthetic risk, mental health state) must be completed and filed in the patient’s clinical file. Prepare the service user for the ECT procedure;
- demonstrate the knowledge required to assist the anaesthetist in the management and monitoring of the patient undergoing ECT and prepare and maintain the ECT Suite and relevant equipment;
- demonstrate the appropriate action to take to manage patient deterioration that may occur during the peri-anaesthetic period and assist in the management of emergency respiratory or cardiac events if they arise during this period;
- critically appraise the appropriate management of the patient as part of the multi-disciplinary team in the post-anaesthetic phase of the ECT procedure and document all events in the patient’s notes.

Target Audience

- Registered Nurses who will operate as the ‘designated ECT Nurse’ in an approved HSE centre where ECT is administered to voluntary patients

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-127

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Diabetes in Pregnancy: Care of Mother and Baby

Aim

The aim of this programme is to provide an overview of the care for a mother and her baby whereby she has pre-existing or develops diabetes during pregnancy.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the importance of pre-conceptual care for a woman who has diabetes;
- discuss the recommendations for gestational diabetes screening;
- outline Midwifery care for a woman with diabetes in pregnancy;
- discuss diet and nutritional considerations;
- recognise the role of blood glucose monitoring and hypoglycaemic medication;
- explain the impact of diabetes in pregnancy on the baby in utero and following birth;
- outline the subsequent care of the baby in the neonatal period;
- discuss the opportunity to promote breastfeeding in the antenatal period.

Target Audience

- Registered Midwives and Registered Nurses who are involved in maternity or neonatal care provision.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-122

Ear Examination & Ear Irrigation Programme

Aim

The aim of this professional development education programme is to enhance registered nurses knowledge of ear conditions and to support their skill and competency development to safely access, examine and when necessary, perform ear irrigation for the removal of impacted ear wax.

Learning Outcomes

At the end of this programme, participants should be able to:

- confidently advise patients about ear hygiene and preventable measures in management of ear wax;
- critically evaluate the current methods used for ear wax removal and reflect on the most appropriate method for individual patient centred care;
- appreciate the nurses’ accountability in undertaking patient ear examination and irrigation in their clinical setting;
- demonstrate competence in completing ear assessment and irrigation documentation;
- have better understanding of the issues faced by individuals whose hearing is affected and the resources and agencies that are available to them;
- demonstrate safe and proficient technique for ear examination with otoscopy and the removal of impacted ear wax while appraising their own practice.

Target Audience

- Registered nurses who are working in General Practice, Older person’s services or in a setting where clinical caseloads present with ear wax complications.
- Prior to engaging in this programme, learners must have discussed with their employer/line manager the need to introduce this service into their clinical setting

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-07

Early Pregnancy Loss Care Programme

Aim

The aim of this programme is to enhance Nurses and Midwives knowledge to enable them to deliver high quality, compassionate care to families who experience early pregnancy loss.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify the various ways in which women experience early pregnancy loss;
- recognise the importance of compassionate bereavement care for families who experience a pregnancy loss;
- identify the importance of using appropriate language and communication skills for compassionate bereavement care provision;
- discuss care and management in line with specific pregnancy loss diagnosis’;
- identify resources available for continuous bereavement care and support for families;
- acknowledge the impact that grief and loss may have on staff and identify useful measures to address self- care needs.

Target Audience

- Registered Midwives and Registered Nurses

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-96

ECG Interpretation Programme

Aim

This programme is intended to enable participants to expand current knowledge to support evidence based holistic care of the adult cardiology patient and develop additional care skills and expertise in line with National and International policy and local guidelines.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge and skills required to record a 12 lead ECG;
- recognise a normal and abnormal ECG;
- identify ECG rhythms for ventricular arrhythmias, atrial arrhythmias, heart block ischaemia and acute myocardial infarction, SVTs and Bundle Branch Block;
- interpret ECG rhythms and recognise impact on patient condition and nursing/medical care/intervention required.

Target Audience

- Registered Nurses and Registered Midwives caring for cardiology patients in non-specialist wards/units.
- Registered Nurses commencing work in critical care areas including CCU, ICU, HDU, PACU and ED.

Next Available Programme(s)

- Wednesday 1st May 2024 – Waterford
- Wednesday 16th October 2024 – Waterford

HSELand Module ID

- RCNME-SE-64

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Enhancing & Enabling Quality of Care for the Person Living with Dementia

Acute Care Programme

Aim
The aim of this 4-Hour programme is to raise awareness of the needs of people with dementia in the acute care setting and to ensure staff are confident in delivering appropriate care and support.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- understand the experience of the person with dementia in the hospital environment;
 - describe dementia and its impact on each individual;
 - recognise delirium;
 - describe approaches to supporting the person with dementia in the hospital setting/

- Target Audience**
- Staff working in the acute care setting who may come into contact with a person with a diagnosis of dementia.

- Next Available Programme(s)**
- Monday 12th February 2024 – Waterford
 - Wednesday 29th May 2024 – Waterford
 - Wednesday 25th September 2024 – Waterford
 - Wednesday 30th October 2024 – Waterford

Enhancing & Enabling Well Being for the Person Living with Dementia

National 2-Day Programme

Aim

The aim of this 2-Day programme is to enable staff to support people to live well with dementia by adopting a person centred approach to care.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe dementia and its impact on the person and their family;
- discuss the impact the environment, social and built, has on the person with dementia;
- enhance quality of life for the person with dementia by adopting a person centred approach to supporting the person, including approaches that support the person presenting with responsive behaviour;
- explore and support partnerships between the person with dementia, family and care givers;
- discuss the need for palliative care for people with dementia.

Target Audience

- All staff working in residential and community care settings that may come into contact with a person living with dementia and their family.

Next Available Programme(s)

- Tuesday 20th February & Tuesday 5th March 2024 – Waterford
- Tuesday 16th April & Tuesday 30th April 2024 – Kilkenny
- Tuesday 10th September & Tuesday 24th September 2024 – Waterford
- Tuesday 5th November & Tuesday 19th November 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-53

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Fetal Monitoring Workshop

Aim

The aim of this programme is to provide participants with up to date evidence on fetal monitoring to assist them to provide safe and effective care during pregnancy and labour.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the current evidence around fetal heart rate monitoring;
- explain the pathophysiology underpinning normal fetal heart rate pattern and the factors that influence the features on a cardiotocograph (CTG);
- analyse and interpret CTG patterns in line with current evidence and determine appropriate care;
- discuss the rationale and principles of intermittent auscultation;
- recognise the importance of communication and escalation in Maternity care.

Target Audience

- Registered Midwives

Next Available Programme

- TBC

HSELand Module ID

- RCNME-SE-15

Final Journeys Workshop

Irish Hospice Foundation

Aim

The Final Journeys Workshop aims to improve end-of-life care by promoting a culture of awareness and personal empowerment among all hospital staff. It has been designed to support the development of communication skills in hospital staff who have direct contact with patients and their families at the end of life. This workshop is designed to help participants become more competent, confident and comfortable delivering end-of-life care

Learning Outcomes

At the end of this programme, participants should be able to:

- contribute to safer, better end-of-life care;
- deliver a person-centred approach to end-of-life care;
- provide supportive care after death;
- use effective communication skills during end-of-life care;
- look after themselves by developing self-care practices.

Target Audience

- Hospital staff who have direct contact with patients and their families at the end of life

Next Available Programme(s)

- Wednesday 7th February 2024 – Waterford
- Thursday 14th March 2024 – Kilkenny
- Thursday 18th April 2024 – Clonmel
- Tuesday 28th May 2024 – Wexford
- Thursday 19th September 2024 – Kilkenny
- Wednesday 23rd October 2024 – Waterford
- Thursday 7th November 2024 – Clonmel
- Wednesday 20th November 2024 – Wexford

HSELand Module ID

- RCNME-SE-04

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Fine-bore Naso-Gastric Tube Insertion & Nasal Bridle Clip in the Adult Patient Programme

Aim

This programme aims to enable participants to expand their current knowledge, to support evidence based holistic nursing care, of the adult patient that has or requires a fine-bore naso-gastric tube and/or nasal bridle clip.

Participants are required to complete all elements of this programme:

- Part 1 – Attend theoretical study day in full
- Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate familiarity with local enteral feeding guideline, NPSA guideline and oral hygiene policy by applying the policies to practice during programme workshops;
- identify the clinical risks associated with fine-bore NGT and how these risks can be managed;
- describe the different types of fine-bore NGT and nasal bridle clips and their placement with specific reference to those used locally;
- demonstrate the NEX plus 10cm measurement of tube insertion using a manikin.
- describe the risks and benefits associated with medication administration via fine-bore NGT.
- demonstrate understanding of the role of Speech and Language Therapy in the holistic and safe care of this patient cohort.

Target Audience

- Registered Nurses and Registered Dietitians
- Each participant must be familiar with their local hospital policy prior to attending this programme.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-49

Fundamentals of Adult Palliative Care: A Programme for Nurses & Midwives

Aim
This 2-day programme aims to support Nurses and Midwives working in Non-specialist areas to support palliative care patients. The programme content and learning outcomes are aligned to the HSE Palliative Care Competence Framework (2014).

- Learning Outcomes**
On completion of the 2-day programme, participants should be able to:
- Demonstrate knowledge of the principles of palliative care and palliative care nursing practice;
 - Integrate a holistic assessment of the person when developing a plan for their care;
 - Assess and manage the patient's physical symptoms in palliative care, including pain assessment;
 - Set up and manage continuous subcutaneous infusion (McKinley), including troubleshooting;
 - Develop knowledge required to recognise and manage palliative care emergencies;
 - Identify supports and services available to palliative care staff, the patient and their families;
 - Integrate the psychological and spiritual aspects of individual care;
 - Communicate effectively and use a team approach to address the needs of individuals and their families;
 - Anticipate and recognise the dying patient;
 - Provide care to the deceased and their family;
 - Incorporate self-care strategies to support nursing practice.

Target Audience
• Non-Specialist Nurses & Midwives who provide Palliative Care to adult patients in a variety of settings

Next Available Programme(s)
• Wednesday 22nd May & Wednesday 29th May 2024 – Waterford

• Thursday 17th October & Thursday 24th October 2024 - Waterford

HSEland Module ID
• RCNME-SE-126

Fundamentals of End of Life Care in the Paediatric Setting

Aim

This programme aims to support the nurse & midwife to provide a holistic approach to end-of-life care in the paediatric setting, supporting both the child and their family

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise when a child requires end-of-life care and initiate suitable treatment/care;
- choose the most appropriate interventions which provide relief from suffering for the child and their family;
- be familiar with self-care skills and adopt where needed.

Target Audience

- Registered Nurses caring for patients who require NIV therapy

Next Available Programme(s)

- TBC

Gastrostomy Re-Insertion Programme

Aim

The course aims to train registered nurses in the technique of gastrostomy tube replacement.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate practical competency in gastrostomy tube re-insertion;
- apply up to date, evidence-informed guidelines to the skill of gastrostomy tube re-insertion.

Target Audience

- Registered Nurses working in a clinical area where this skill is required as part of their clinical practice.
- The clinical area must have a policy and resources in place to support this clinical skill

Next Available Programme(s)

- Friday 22nd March 2024 – Waterford

HSELand Module ID

- RCNME-SE-99

Healthcare Assistant Education Refresher Workshop

Aim

This programme aims to build on the knowledge and experience of the Healthcare Assistants (HCAs) currently working in the HSE and HSE funded facilities. The information provided will allow HCAs to practice safely and competently knowing they are using current and evidence based approaches to practice.

Learning Outcomes

At the end of this programme, participants should be able to:

- apply evidence based theoretical knowledge in the delivery of person centred care to relevant groups of patients/clients;
- use a problem solving approach to the delivery of care in a safe and effective manner;
- identify and enhance their own role within the multidisciplinary healthcare team.

Target Audience

- Health Care Assistants who currently hold a QQI Level 5 award

Next Available Programme(s)

- Wednesday 24th & Thursday 25th April 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-124

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Health Service Skills QQI Level 5 Programme Components

Aim

The aim of the major award is to equip the Learner with relevant evidence-based knowledge, skills and attitudes that will ensure the provision of competent, safe, effective person-centered care. The programme supports the ethos of quality & patient safety and empowers the Health Care Assistant (HCA) to work confidently under the direction and supervision of a Registered Nurse/Registered Midwife and as part of the multidisciplinary healthcare team.

The RCNME-SE recognises the need of HCAs to carry out elective components relevant to their chosen field of work and to enhance job prospects. HCAs who have already completed the major award are eligible to complete elective components, these include but are not limited to Palliative Care and Activities of Patient Living Care.

The RCNME-SE will strive to provide components based on needs of the services and HCAs across the south east.

Learning Outcomes

TBC

Target Audience

- Health Care Assistants who currently hold a QQI Level 5 award

Next Available Programme(s)

- TBC

HSE South East: Regional Sharps Awareness Online Programme

Aim

This presentation was developed in collaboration with the Regional Occupation Health Department and is available to all staff that currently access sharps training from Occupational Health and Infection Prevention & Control Departments in the acute hospitals UHW, WGH, SLGK and TUH.

Learning Outcomes

At the end of this programme, participants should be able to:

- define what a ‘sharp’ is;
- identify the risks associated with blood and body fluid exposure;
- articulate evidence-based preventative measures;
- identify the role of managers in preventing injury;
- describe the measures required in the case of injury.

Target Audience

- All staff working in acute and non-acute healthcare settings in the South East Region

Next Available Programme(s)

- This programme is currently available online via HSEland.

HSEland Module ID

- RCNME-SE-35

Infection Prevention & Control Link Practitioners Programme

Aim

The principle aim of this 5-day programme is to provide the IPC Link Practitioner with an opportunity to advance and practice their knowledge and skill safely in infection prevention and control in contemporary healthcare practice. Existing National Infection Prevention & Control Guidelines and National IPC E-learning modules will facilitate further learning and support.

- Learning Outcomes**
- At the end of this programme, participants should be able to:
- discuss the principles and practices of infection prevention & control recognising and promoting evidence based practices that reduce transmission risks;
 - understand the principles of Standard and Transmission Based Precautions;
 - discuss the principles of antimicrobial stewardship;
 - discuss the national, international and local policies as applied to IPC;
 - develop capability to assess and manage IPC risk within their own health / social care environment;
 - understand the importance of audits in clinical practice and their impact on quality improvement;
 - conduct nationally standardised and local level IPC audits;
 - develop confidence and skills to educate/train colleagues in IPC practice.

Target Audience

The target audience for this programme will initially be registered nurses or health and social care professionals who are involved with direct patient care and invasive procedures within the health and social care community setting. Ideally, participants will be at CNM1 / CNM2 / senior HSCP level or above, with the authority to influence infection prevention and control within their facility.

Next Available Programme(s)

- TBC

HSELand Module ID

- MOD-6530_15

Introduction to Cognitive Behaviour Therapy – Skills for Practice

Aim

The aim of this programme is to introduce participants to the basic concepts and principles of cognitive behavioural therapy (CBT) skills for clinical practice and to facilitate participants in utilising CBT skills to inform practice in everyday assessment and intervention within a recovery orientated approach.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the central tenets and rationale of CBT and discern the strengths of its approach within recovery orientated care;
- discover the vicious cycles that influence and maintain client problems;
- relate how to use some basic concepts and principles of CBT in your everyday clinical practice including:
 - reaching a clearer understanding of patient/client problems;
 - establishing clear and specific goals for interventions;
 - building on face-to-face work with patients/clients through judicious use of ‘homework’;
- identify and change negative thoughts and behaviours that maintain problems;
- examine how to transfer the use of three CBT methods; ‘structure’, ‘collaboration’ and ‘Socratic dialogue’ into your clinical practice.

Target Audience

- Registered Nurses, Registered Midwives, Health and Social Care Professionals who provide psychosocial interventions clients as part of their day to day work

Next Available Programme(s)

- Tuesday 10th September, Tuesday 15th October and Tuesday 5th November 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-79

Introduction to Compassion Focused Therapy

Aim
The overall aim of this programme is to provide an introduction to the key principles, concepts and practices of Compassion Focused Therapy (CFT, Gilbert 2009), and to explore how these might apply to your role as a nurse within mental health services.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- discuss the role of self-criticism and shame in mental health difficulties, and relate the importance of compassion and common humanity in addressing these difficulties;
 - outline the main evolutionary, psychological, developmental, social and spiritual theories underpinning the CFT approach;
 - relate key research evidence for a CFT approach within mental health;
 - identify the various elements involved in a CFT intervention with service users;
 - associate some of the key psychoeducational elements of CFT, including the Tricky Brain and the Three Systems Model of emotion regulation;
 - examine a selection of body-focused, imagery-based and other Compassionate Mind Training practices and exercises;
 - identify those service users that might particularly benefit from a CFT approach;
 - explain how the concepts and practices from CFT might support and benefit you as a nurse within mental health, as well as your team.

Target Audience
• Registered Nurses

Next Available Programme(s)
• Thursday 16th May 2024 - Waterford

HSELand Module ID
• TBC

Introduction to Positive Behaviour Support

Aim

Positive Behaviour Support is a person-centred framework for providing long-term support to people who display behaviours that challenge. Positive Behaviour Support is a statutory requirement under the Health Act (2007) on Intellectual Disability and Older Person's services.

The aim of this programme is to introduce participants to the benefits and strategies of the Positive Behaviour Support Model and to provide foundation level skills in Positive Behaviour Support.

Learning Outcomes

At the end of this programme, participants should be able to:

- critically appraise the validity and effectiveness of Positive Behaviour Support as an internationally evidenced based approach to supporting individuals with behaviours that challenge;
- demonstrate an understanding of the causes of Behaviours that Challenge;
- critically discuss the ethical considerations associated with Restrictive Practices and service provision;
- discuss Positive Behaviour Support in the context of current legislation;
- apply ethical and person-centred behaviour management strategies to practice settings.

Target Audience

- Registered Nurses, Registered Midwives and Health & Social Care Professional

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-39-C

Introduction to Supporting People with an Eating Disorder

Aim

The aim of this programme is to enable participants to support people with an eating disorder. This programme will equip participants with the knowledge, skills, competence and confidence to engage with people with eating disorders. The programme will incorporate active and participatory learning activities such as role play to simulate scenarios where participants will be facilitated to explore issues related to supporting people with an eating disorder.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss Eating Disorders, their progression and the impact on psychological health and quality of life;
- recognise the signs of disordered eating and describe the associated health risks;
- demonstrate awareness of personal attitudes, values and beliefs to manage the potential impact of collusion with a person with an eating disorder;
- identify the limits of personal expertise and relate when to seek advice or refer on to other colleagues in the multi-disciplinary team;
- relate how the role of the Personal Recovery Model can support the holistic treatment of individuals experiencing an eating disorder;
- engage confidently with people with eating disorders in a non-judgemental manner demonstrating empathetic understanding of high levels of ambivalence and fear of change in people with eating disorders;
- facilitate the person with eating disorders to personal recovery by adopting some key skills from evidence based interventions such as CBT-E and MANTRA.

Target Audience

- Registered Nurses, Registered Midwives, health and social care professionals to support people with an eating disorder

Next Available Programme(s)

- Tuesday 12th March 2024 – Waterford
- Tuesday 1st October 2024 – Waterford

HSELand Module ID

- RCNME-SE-88

Introduction to Theory & Practice of Clinical Supervision

Aim
The aim of this programme is to provide participants with key theoretical knowledge and practical skills in clinical supervision.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- outline the key roles, responsibilities, functions and implementation strategies for clinical supervision,
 - critically appraise the importance of professional, legal and ethical issues in clinical supervision in line with HSE best practice guidance and statutory requirements;
 - utilise basic supervision skills within supervisory practice settings.

- Target Audience**
- Registered Nurses and Registered Midwives

- Next Available Programme(s)**
- This runs over 6 weeks with one 3.5 hours live virtual classroom on the following dates:
 - Wednesday 2nd October 2024
 - Wednesday 9th October 2024
 - Wednesday 16th October 2024
 - Wednesday 23rd October 2024
 - Wednesday 30th October 2024
 - Wednesday 6th November 2024

- HSELand Module ID**
- RCNME-SE-75

LÁMH - Module 1

Aim

The aim of this programme is to provide participants with theoretical content that supports their understanding of total communication, the role of Lámh and the rights of the individual to be supported to communicate effectively. It also aims to provide participants with the opportunity to observe, practice and demonstrate using Lámh signs.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the importance of communication and the right to be heard for persons with intellectual disability;
- examine the role of Lámh as part of a total communication approach;
- understand the importance of assessment and decision making around the use of Lámh as an augmented and alternative system of communication for people with intellectual disabilities;
- illustrate how to effectively structure a situation to encourage an individual with intellectual disability to use Lámh;
- support the use of 100+ Lámh signs in an established/establishing Lámh environment.

Target Audience

- Registered Nurses, Registered Midwives and Health & Social Care Professional working with Children and Adults who use Lámh to enhance their communication.

Next Available Programme(s)

- Tuesday 16th April 2024 – Waterford
- Thursday 10th October 2024 – Waterford

HSELand Module ID

- RCNME-SE-69

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Management of Anaphylaxis Programme

Aim

This blended learning programme will provide theoretical knowledge and clinical skills training to participants on the recognition and management of anaphylaxis.

Learning Outcomes

At the end of this programme, participants should be able to:

- define Anaphylaxis;
- discuss the epidemiology of Anaphylaxis;
- describe the presenting signs and symptoms that support recognition of Anaphylaxis;
- discuss in detail the management and treatment of Anaphylaxis;
- provide an overview of the required patient investigation and follow-up procedures.

Target Audience

- Registered Nurses and Registered Midwives

This **two-part** programme includes:

1. HSELand National Management of Anaphylaxis session (**online**)
2. Face-to-face Management of Anaphylaxis session (**classroom**)

Participants must complete Part 1 **within 3 weeks in advance of attending the face-to-face programme**. If the online programme is completed **MORE THAN 3 weeks** before the face-to-face programme, the applicant must retake the online programme.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-78

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Management of Epidural Analgesia in the Adult Patient

Aim

The aim of this programme is to provide evidence based education to Registered Nurses and Registered Midwives in the management and care of patients receiving epidural analgesia and to provide the skills necessary to care safely for this patient group.

Participants are required to complete all elements of this programme:

Part 1 – Attend theoretical study day in full

Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

At the end of this programme, participants should be able to:

- understand the principles of pain assessment, using recognised and evidence based methods and tools;
- demonstrate knowledge and understanding of patient monitoring & assessment; effectiveness of therapy and how to make changes if required;
- identification and management of side-effects and potential complications; discontinuing therapy and catheter removal;
- demonstrate the skills required to care for the epidural insertion site and how to prevent potential complications.

Target Audience

- Registered Nurses and Registered Midwives

Next Available Programme(s)

- Thursday 9th May 2024 – Waterford
- Thursday 10th October 2023 – Waterford

HSELand Module ID

- RCNME-SE-48

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Management of the Adult Patient Requiring Non-Invasive Ventilation

Aim

This programme aims to provide participants with the theoretical and clinical knowledge fundamental to safe, informed and competent nursing care for patients requiring non-invasive ventilation therapy. Participants will be provided with skills training and the opportunity to practice new and existing skills using NIV devices, masks and associated equipment.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge of the pathophysiology of COPD/Type 2 respiratory failure and the impact of NIV therapy;
- describe the importance of on-going arterial blood gas monitoring and its impact on therapy settings;
- clearly articulate an understanding of the inclusion and exclusion criteria for NIV therapy including the terminology associated with NIV therapy;
- demonstrate an awareness of the cultural, social, professional responsibility associated with NIV therapy and the nursing role in patient assessment and management;
- demonstrate an understanding of NIV device modalities, features of correct mask fit, selection of appropriate tubing, need for and level of humidification and most beneficial mode for delivery of oxygen therapy.

Target Audience

- Registered Nurses caring for patients who require NIV therapy

Next Available Programme(s)

- Tuesday 6th February 2024 – Waterford
- Wednesday 11th September 2024 – Clonmel

HSELand Module ID

- RCNME-SE-21

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Management of the Adult Renal Patient Programme

Aim

The aim of this programme is to provide evidence based practice, standards and practical advice to registered nurses/ midwives /Social and Healthcare professionals to enhance their requisite knowledge, skills, confidence and competence in recognising and responding appropriately to the person centred management of the adult diagnosed with pre renal, chronic kidney disease and/or end stage renal failure.

Learning Outcomes

At the end of this programme, participants should be able to:

- understand the pathophysiology of chronic kidney disease and end stage kidney disease and its causes, and apply this information when implementing the appropriate care pathways;
- critically appraise and demonstrate awareness of the physiological, technological principles, the person centred care and management of patients receiving haemodialysis/ peritoneal dialysis treatment and renal transplantation;
- describe the psychosocial aspects of patients with CKD, ESRD and /or receiving haemodialysis peritoneal dialysis treatments or renal transplantation.

Target Audience

- Registered Nurses working in University Hospital Waterford

Next Available Programme(s)

- Wednesday 17th January 2024 – Waterford

HSELand Module ID

- RCNME-SE-130

Management of the Adult Respiratory Patient Programme

Aim

The aim of this programme is to provide Registered General Nurses and Health Care Professionals with the knowledge and skills required to care for an acutely ill respiratory patient. It will combine evidence based theory and its practical application to support competent nursing assessment and care for the patient.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge of the anatomy and physiology of the adult respiratory system and apply this knowledge in the nursing assessment of the adult respiratory patient;
- describe the role of arterial blood gas monitoring (ABG) and the implications of ABG results in the management and interventions selected when caring for the adult respiratory patient;
- discuss the principles of oxygen therapy as a therapeutic intervention, including the criteria for prescribing oxygen and delivery methods;
- demonstrate knowledge of the pathophysiology and management of common respiratory conditions e.g. COPD, COVID-19, Asthma;
- name common respiratory medications and describe their role and function, including inhalers, nebulisers;
- review and discuss the role of the nurse in providing fundamental aspects of nursing assessment, planning, and implementing nursing care to the adult respiratory patient.

Target Audience

- Registered Nurses working in the acute health care setting

Next Available Programme(s)

- Wednesday 1st May 2024 - Kilkenny

HSELand Module ID

- RCNME-SE-19

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Maternity Bereavement & Loss Care Programme

Aim

The aim of this programme is to enhance participants knowledge and skills to enable them to deliver high quality, compassionate bereavement care to families who experience pregnancy loss or the death of a baby in the perinatal period.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the importance of compassionate bereavement care for families who experience grief and loss in the perinatal period;
- identify the importance of using appropriate language and communication skills for compassionate bereavement care provision;
- acknowledge the impact that grief and loss may have on staff and identify useful measures to address self- care needs;
- discuss specific practical and bereavement care considerations for families who experience a pregnancy loss or perinatal death;
- identify resources available for continuous bereavement care and support for families;
- gain insight into practical skills for bereavement care provision including Memory Making and the use of the Cuddle Cot.

Target Audience

- This programme is for Registered Midwives and Registered Nurses involved in the care of families during the perinatal period.

Next Available Programme(s)

- TBC

HSEland Module ID

- RCNME-SE-10

National Cancer Control Programme: Nursing Education Programme for Nurses working in an Inpatient Setting

Aim

The aim of this programme is to enhance the cancer knowledge, skills and competence of nurses in non-specialist oncology roles in inpatient settings, care of the elderly units, nursing homes and Community based hospitals/hospices.

The programme is delivered as a two day theoretical programme, to include group work based learning, reflection on practice and additional self-directed learning.

Learning Outcomes

On completion of this programme, participants should be able to:

- promote cancer prevention;
- provide support through the diagnostic process and the treatment pathway;
- promote survivorship;
- provide palliative and end-of-life care.

Target Audience

- Registered Nurses

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-28

National Facilitators Education Programme

Aim
The aim of this programme is to equip participants with the knowledge, skills, competence, confidence and attitude to facilitate other individuals attending an education session/ programme.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- define facilitation and describe the key skills necessary to be an effective facilitator;
 - learn how to utilise multiple available educational resources;
 - critically discuss complementary learning activities;
 - understand how to use IT to support facilitation;
 - critically appraise group dynamics and manage diverse participant behavior ;
 - reflect upon, give and receive feedback effectively;
 - identify the strengths and challenges associated with co- facilitation;
 - evaluate adult learning including how people learn, factors that enable and inhibit learning, learning styles and multiple intelligence.

- Target Audience**
- Registered Nurses and Registered Midwives who facilitate education at individual or group level

- Next Available Programme(s)**
- Monday 8th April & Monday 15th April 2024 – Webinar
 - Wednesday 18th September & Wednesday 25th September 2024 – Webinar

- HSELand Module ID**
- RCNME-SE-102

National Frailty Education Programme: Fundamentals of Frailty

Aim

The aim of the programme is to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management, and better health outcomes for older adults living with frailty.

Learning Outcomes

- At the end of this programme, participants should be able to:
- describe the spectrum of frailty as a long-term condition;
 - identify validated screening tools as they relate to frailty (e.g. frailty assessment, falls assessment, delirium assessment tools);
 - explain the benefit of Comprehensive Geriatric Assessment in planning appropriate health promotion and care pathways to enhance outcomes for older persons living with frailty;
 - discuss the significance of frailty and the impact of a gerontological approach to care;
 - recognise the importance of a frailty pathway and the implication of long Patient Experience Times (PET) for the frail older adult.

Target Audience

- Registered Nurses and Health & Social Care Professionals working with Older Adults

Next Available Programme(s)

- Tuesday 5th March 2024 – Wexford
- Tuesday 26th March 2024 – Kilkenny
- Tuesday 14th May 2024 – Waterford
- Tuesday 24th September 2024 – Kilkenny
- Monday 18th November 2024 – Waterford

HSELand Module ID

- ONMSD-NAT-53_13

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National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care

Aim
The aim of the ‘National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care’ is to standardise the education and assessment of SACT administration and patient care, ensuring consistently safe and high-quality SACT practice. Upon completion of the programme, registered SACT administrators are then free to move between employers within Ireland and the UK without the need for retraining.

- Learning Outcomes**
On completion of this programme, participants should be able to
- Identify the legal and professional issues related to cancer nursing;
 - Classify cancer and describe cell biology;
 - Summarise the pharmacological mechanism and action of SACT drugs;
 - Execute safe handling and administration of SACT;
 - Demonstrate skills and knowledge in the management of extravasation;
 - Describe national chemotherapy regimens and dose banding;
 - Employ prophylactic, supportive and rescue interventions in clinical practice;
 - Perform accurate patient assessment and referral where appropriate;
 - Conduct patient education and demonstrate communication skills for pre-treatment consultations;
 - Conduct telephone triage and manage findings appropriately;
 - Recognise and manage oncological emergencies;
 - Demonstrate nursing management of SACT side effects.

- Target Audience**
- Registered Nurses working in cancer care for a minimum of 3 months (attendance must be discussed with and agreed by line manager). Participants must be registered with NMBI and be on the live register for 12 months or more.
 - See HSEland for all programme pre-requisites.

- Next Available Programme(s)**
- Wednesday 9th October & Wednesday 16th October 2024 – Waterford/Webinar

- HSEland Module ID**
- ONMSD-NAT-NACT-P

NCLC Clinical Leadership Programme for Clinical Nurse Managers & Clinical Midwife Managers 1 & 2

Aim

This two day programme aims to support clinical nurse managers and clinical midwife managers 1 and 2, and equivalent grades, to develop their leadership skills and knowledge through programme content and their own application of learning to practice.

Participants must attend both day 1 and day 2 in order to complete the programme.

Learning Outcomes

On completion of this programme, participants will have been given the opportunity to:

- learn self-care strategies for themselves and others;
- further develop their self-awareness and emotional intelligence;
- explore the concept of clinical leadership in practice;
- use clear direct communication as a leader;
- explore the management of conflict using respectful challenge;
- develop skills in leading a cohesive and effective team;
- develop their negotiation, influencing and political awareness skills.

Target Audience

- Clinical Nurse Managers and Clinical Midwife Managers 1 & 2, and equivalent grades

Next Available Programme(s)

- Monday 13th May & Tuesday 21st May 2024 – Waterford
- Thursday 14th November & Thursday 21st November 2024 – Waterford

HSELand Module ID

- RCNME-SE-132

NCLC Clinical Leadership Programme for Staff Nurses and Staff Midwives

Aim

This two day programme supports staff nurses and staff midwives to engage in clinical leadership development using an interactive facilitated mode of delivery. The programme aims to provide participants with the opportunity to enhance their clinical leadership confidence by recognizing their influence as clinical leaders through the development of clinical leadership competencies.

Participants must attend both day 1 and day 2 in order to complete the programme.

Learning Outcomes

- On completion of this programme, participants should be able to
- understand the importance of self-awareness in clinical leadership;
 - explore core values and recognise their impact on core clinical leadership;
 - demonstrate personal effectiveness through communication;
 - build confidence by cultivating empowerment and advocacy;
 - understand the importance of decision-making to promote quality improvement;
 - explore the impact of teamwork on patient/client care;
 - Recognise the importance of self-care as a clinical leader.

Target Audience

- Registered Staff Nurses and Registered Staff Midwives

Next Available Programme(s)

- Monday 4th March & Monday 11th March 2024 – Waterford
- Monday 9th September & Monday 16th September 2024 – Waterford

HSELand Module ID

- RCNME-SE-111

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Neonatal Care Update

Aim

The aim of this programme is to provide Staff working in Neonatal Care Units with an opportunity to update their knowledge to assist them in providing safe, effective and evidence based care to neonates.

Learning Outcomes

At the end of this programme, participants should be able to:

- revise the ethos of neonatal care;
- discuss the 'Golden Hour' and its potential impact on neonatal well-being;
- describe neonatal respiratory conditions and subsequent care and management including ventilation strategies;
- recognise the importance of thermoregulation for the neonate who is compromised;
- discuss the prevention care and management relating to jaundice, hypoglycaemia and sepsis in the neonate.

Target Audience

- Registered Nurses and Registered Midwives working in Neonatal Units

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-120

Nursing Management of the Adult Cardiology Patient

Aim

This programme aims to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult cardiology patient; augment students' knowledge and appreciation of specific cardiac conditions and their manifestation in patient presentation at admission/ on the ward and particularly in the deteriorating patient and expand existing nursing skills and develop additional nursing care skills and expertise, in line with National policy and local guidelines.

Learning Outcomes

- On completion of this programme, participants should be able to
- demonstrate an awareness of the responsibility associated with caring for a patient with a cardiology condition on ward/unit/rehabilitation setting;
 - demonstrate knowledge of anatomy and physiology of the cardiac system and associated ECG rhythms;
 - complete appropriate patient assessment and identify the reasons and treatments for acute coronary syndrome, atrial fibrillation and heart failure;
 - critically review the nurses role in caring for patients and preventing complications pre and post angiogram/TR Banding;
 - describe the principles and practice of cardiac rehabilitation.

Target Audience

- Registered Nurses and Registered Midwives working with cardiology patients in non-specialists wards/units

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-18

Paediatric Advanced Life Support (PALS)

Aim

Paediatric Advanced Life Support (PALS) training provides a structured learning environment for multi-disciplinary groups to develop the skills, teamwork, and organisation necessary to effectively manage paediatric emergencies. The International accreditation awarded to successful participants is recognised widely in the healthcare service.

The PALS provider course is designed to prepare participants to identify and treat common conditions that may lead to cardiac arrest in infants and children, such as respiratory failure and shock

Target Audience

- The primary target audience is nurses involved in the provision of care to acutely ill infants and children.
- Participants must be registered with NMBI, have current BLS certification and complete both pre-reading and pre-programme MCQ.

Next Available Programme(s)

- Wednesday 17th & Thursday 18th April 2024 – Kilkenny
- Wednesday 16th & Thursday 17th October 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-41

Paediatric Emergency Assessment Recognition Stabilisation (PEARS)

Aim
The PEARS provider course is designed for front-line healthcare providers who must recognise life-threatening paediatric conditions and enlist the help of advanced paediatric providers. The course focuses more on assessment and recognition than on management.

Target Audience

- For healthcare professionals who provide critical care to patients in a wide variety of settings, including in-hospital and pre-hospital locations.
- Participants must be registered with NMBI, have current BLS certification and complete pre-course reading.

Next Available Programme(s)

- Tuesday 16th April 2024 – Kilkenny
- Tuesday 15th October 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-42

Perinatal Mental Health Programme for Nurses & Midwives

Aim

The aim of this programme is to enhance nurses and midwives knowledge and skills to enable them to deliver high quality, evidence based, sensitive care to women who may experience a mental health disorder during the perinatal period.

Learning Outcomes

At the end of this programme, participants should be able to:

- explain the key aspects of the Perinatal Mental Health Model of care including specific roles within the specialist Perinatal Mental Health Team;
- identify the spectrum of mental health disorders that may occur during the perinatal period;
- illustrate an understanding about the use of screening tools for perinatal mental health assessment and appropriate referral when required;
- recognise the importance of optimal communication and observation skills in practice;
- interpret the impact of fear of birth and traumatic birth experiences for women;
- describe various psychological interventions that may be useful for perinatal mental health disorders;
- recognise instances where referral for child protection concerns is required;
- identify the significance of infant mental health and how its promotion can be integrated into clinical practice.

Target Audience

- Registered Nurses and Registered Midwives involved in the care of women during the perinatal period.

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-108

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Peripheral Venepuncture in Adults Blended Learning Programme

Aim

The aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills, attitude and competence that will enable them to safely and confidently perform the clinical skill of venepuncture for patients in their care.

Learning Outcomes

At the end of this programme, participants should be able to:

- provide a standardised approach towards the education, training and competence validation of nurses and midwives, undertaking the clinical skill of venepuncture;
- facilitate the transferability and recognition of a standardised approach to venepuncture skills acquired by nurses and midwives across the HSE/HSE funded agencies.

Target Audience

- Registered Nurses and Registered Midwives working in non acute services

Next Available Programme(s)

- Wednesday 21st February 2024 – Waterford

HSELand Module ID

- ONMSD-NAT-11.3_11

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Positive Behaviour Support in Mental Health

Aim

The document released by the Mental Health Commission in Sept. 2022 entitled “*Rules Governing the Use of Mechanical Means of Bodily Restraint (Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018)*” positioned the use of the Positive Behaviour Support model in mental health services as a statutory requirement. In order to support services to embed this model this programme aims to:

- introduce participants to the benefits and strategies inherent within the Positive Behaviour Support Model as a Human Right-Based Approach;
- provide foundation level understanding of Positive Behaviour Support as it applies to mental health settings

Learning Outcomes

At the end of this programme, participants should be able to:

- have an awareness of the validity and effectiveness of Positive Behaviour Support as an internationally evidenced-based approach to supporting individuals with behaviours that challenge;
- demonstrate an understanding of the causes of behaviours that challenge;
- understand the ethical considerations associated with Restricted Practices and service provision;
- apply ethical and person-centred management strategies to practice settings.

Target Audience

- Registered Nurses and Health & Social Care Professionals

Next Available Programme(s)

- Monday 19th February 2024 – Kilkenny
- Tuesday 20th February 2024 – Kilkenny
- Monday 22nd April 2024 – Waterford
- Tuesday 23rd April 2024 – Waterford
- Monday 11th November 2024 – Waterford
- Tuesday 12th November 2024 – Waterford

HSELand Module ID

- RCNME-SE-118

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Practice Leadership in Positive Behaviour Support

Aim

Building on the foundation programme (An Introduction to Positive Behaviour Support) that introduced an understanding of the concept, strategies and benefits of a Human Rights-Based Approach to Positive Behaviour Support, this 2-day workshop will offer participants an opportunity to engage further with the application of the model in practice settings.

Learning Outcomes

Learning Outcomes include acquisition of knowledge about the benefits and activities associated with the concept of Practice Leadership which include:

- Showing the way (i.e. providing clear and relevant service specific expectations)
- Guiding (i.e. providing direct guidance and organising available resources to enable effective and individual support)

Additional outcomes include practical skills that enable participants to:

- develop safe and ethical proactive and reactive behaviour management strategies with consideration of restricted practices.
- conduct incident analysis.
- identify appropriate recording mechanisms for behaviours that challenge.
- complete an initial behaviour assessment format that could inform a Behaviour Support Plan.

Target Audience

- Registered Nurses who have already completed the 1-day Introduction to Positive Behaviour Support programme.

Next Available Programme(s)

- Monday 16th September & Tuesday 17th September 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-117

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Preceptorship Blended Learning Programme

Aim

The programme aims to facilitate participants to understand the theories of teaching, learning and assessing, and to advance their understanding of the preceptor’s role in creating a quality clinical learning environment and a supportive relationship for the learner.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate in-depth knowledge of undergraduate nurse/midwife education programmes.
- understand theories of teaching, learning, assessing and their application practically.
- define the role of Preceptor and Preceptee.
- understand the domains of competence, assessment of competence and how to complete documentation to reflect level of competence achieved by individual students.
- demonstrate an excellent understanding of the key preceptor competencies, central to the role.

Target Audience

- Registered Nurses and Registered Midwives within clinical areas to which undergraduate nursing students are assigned.

Next Available Programme(s)

- Log into you HSELand Account and search **PIP-PROG**. Click on “Preceptorship in Practice” and enrol to complete this online module.
- Still in your HSELand Account, search one of the following:
 - **RCNME-SE-91** for General Nursing Preceptorship Workshop
 - **RCNME-SE-92** for Intellectual Disability Preceptorship Nursing
 - **RCNME-SE-93** for Mental Health Nursing Preceptorship Workshop
 - **RCNME-SE-121** for Primary Care/Community Services Preceptorship Workshop
- Click Enrol, fill in all your details and submit your request.
- You will then be contacted to attend a 3-hour face-to-face workshop
- Once you have attended the workshop, you will receive a certificate via HSELand

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Preceptorship Update Online Programme

Aim

This 15 minute online programme will provide a **short update** for Preceptors on key areas of their role as a Preceptor.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate in-depth knowledge of undergraduate and postgraduate nurse/midwife education programmes;
- discuss theories of teaching, learning, assessing and argue their application practically;
- define the role of Preceptor and Preceptee and ascertain key attributes of both;
- describe the 6 domains of competence and discuss their importance in determining competence;
- demonstrate an excellent understanding of the key preceptor competencies required in this role.

Target Audience

- Registered Nurses and Registered Midwives within clinical areas to which undergraduate nursing students are assigned.
- Completion of the RCNME South East (or equivalent) Preceptorship Blended Learning Programme within the last 2 years.

Next Available Programme(s)

- This programme is currently available on HSELand.

HSELand Module ID

- RCNME-SE-66A

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Recognising and Responding to the Deteriorating Patient

Aim

This programme aims to support the nurse to recognise and manage the deteriorating patient, using clinical skills and competencies required, and implement the appropriate care.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the deteriorating patient using evidence based theoretical knowledge
- use their decision making skills to initiate appropriate early interventions for patients who demonstrate signs of deterioration
- and enhance their own role within the care of the deteriorating patient and working with medical and health and social care colleagues

Target Audience

- Registered Nurses

Next Available Programme(s)

- Thursday 18th January 2024 – Waterford

HSELand Module ID

- This pilot programme is by invitation only

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Return to Midwifery Practice (RTMP) Programme

Aim

The aim of the National RTMP course is to provide the participants with the opportunity to update their theoretical knowledge and clinical skills to become competent and confident registered midwives.

Learning Outcomes

At the end of this programme, participants should be able to:

- protect and promote the safety and autonomy of the woman and respect her experiences, choices, priorities, beliefs and values;
- protect and promote the normal physiological process of childbirth;
- practice in line with legislation and professional guidance and be responsible and accountable within their scope of midwifery practice – this encompasses the midwife’s full range of activities as set out in EC Directive 2005/36/EC and the adapted definition of the midwife (ICM, 2017) as adopted by NMBI;
- apply comprehensive knowledge, skills and professional behaviours to provide safe, competent, kind, compassionate and respectful care to the woman before pregnancy, during pregnancy, labour and childbirth and in the postnatal period, and to her baby, as identified in the Scope of Nursing and Midwifery Practice Framework (NMBI, 2015);
- Work in equal partnership with the woman and her family to establish a relationship of trust and confidentiality;
- communicate and collaborate effectively with the woman and her family and with the multidisciplinary health care team;
- identify, promote, and support healthy lifestyle choices that enhance the health and wellbeing of the woman, foetus and baby;
- recognise deviations from the norm in childbirth, take appropriate and corrective actions (which may include referral and the need to escalate care) and provide emergency care to the woman and her baby when required within their scope of midwifery practice (NMBI 2020).

Target Audience

- This course is for registered midwives returning to practice after an absence of five years or more. It has been designed to enable and support midwives to update their knowledge and clinical skills to be competent providers of midwifery care and is aligned with the Return to Midwifery Practice Courses Standards and Requirements (NMBI 2020).

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Return to Nursing Practice (RTNP) Programme

Aim

The aim of the National RTNP programme is to facilitate participants to meet the NMBI standards and requirements of competence to return to being an active practicing member recorded on the NMBI nursing register and regain confident knowledge and update skills to provide safe, effective person-centered nursing care (NMBI, 2022).

Learning Outcomes

At the end of this programme, participants should be able to:

- apply knowledge, clinical skills and professional behaviours that are underpinned by the Code of Professional Conduct and Ethics (NMBI, 2021) and the Scope of Nursing and Midwifery Practice Framework (NMBI, 2015);
- gain understanding of contemporary health and social policy relevant to nursing practice;
- assess person-centered nursing needs, plan and implement interventions and evaluate outcomes;
- demonstrate appropriate safe practice in emergency situations;
- demonstrate the delivery of person-centred, high quality and safe nursing care based on a collaborative relationship with the person receiving such care;
- apply skills of effective communication, delegation, inter-disciplinary working, and team working to promote quality and safety in the health care environment;
- establish learning opportunities in practice for students and staff;
- demonstrate an appreciation for the maintenance of professional competence, and requirement to develop and enhance the capacity for self-awareness, reflection, leadership, and professional scholarship;
- evaluate research and its application to inform evidence-based nursing practice (NMBI, 2022)

Target Audience

- Applicants must be registered or previously been registered as a nurse with NMBI.
- The education body coordinating the programme (CNMEs) determines, in consultation with AHCP’s, occupational health assessments, Garda Vetting procedures and reference checks that are applicable to prospective participants prior to confirming a place (NMBI, 2022).
- Applicants must be returning to nursing practice following an absence of five years or more.

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Rhythm Recognition & Interpretation Workshop

Aim

This programme aims to support nurses to integrate empirical evidence and the knowledge and skills of ECG interpretation and rhythm recognition to provide best practices in nursing care and management of patients/ service users.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe cardiac anatomy and physiology as it relates to the electrical conduction in the heart;
- demonstrate accurate lead placement;
- identify normal components of the ECG and their measurements;
- recognize abnormal components of the ECG and their measurements;
- interpret basic cardiac rhythms, including normal sinus rhythm, sinus tachycardia, and sinus bradycardia;
- interpret rhythms related to Supraventricular tachycardia (SVT), Ectopics, Atrial fibrillation and flutter (and emboli. Stroke prevention) Heat blocks and Cardiac arrest rhythms.

Target Audience

- Registered Nurses and Registered Midwives

Next Available Programme(s)

- Tuesday 30th April 2024 – Waterford
- Tuesday 15th October 2024 – Waterford

HSELand Module ID

- RCNME-SE-106

Risk Management in Mental Health

A Practical Guide

Aim

The overall aim of this 2-day programme is to enable nurses working in mental health services to apply evidence based approaches to determine the mental healthcare and safety management of an individual with complex mental healthcare needs.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the role of risk management in mental health nursing;
- identify the different risk management approaches: Actuarial, Structured professional Judgement etc;
- explain the role of the service user and family in the risk assessment process;
- discuss the role of the recovery approach and risk assessment;
- display appropriate communication skills while completing a risk assessment;
- accurately complete and develop a plan of care based on two care risk assessment strategies actuarial and structured professional judgement.

Target Audience

- Registered Nurses working in Mental Health Services

Next Available Programme(s)

- TBC

HSELand Module ID

- RCNME-SE-84

S.T.A.B.L.E[®] Programme

Aim

The STABLE[®] Programme is a tool that has been developed in the USA for the education of all levels of hospital staff in the post resuscitation care of sick infants prior to the arrival of the transport team. The course is designed for any health professional involved in the post-resuscitation and/or pre-transport care of sick newborns.

Learning Outcomes

- **S Stands for Sugar and Safe care** - This section covers IV therapy including fluid rates, glucose monitoring, and emergency treatment of hypoglycaemia
- **T Stands for Temperature** - This section covers special temperature needs of infants and the detrimental effects of cold stress on infants
- **A Stands for Airway** - This section covers evaluating respiratory distress, indications for intubation, assisting with intubation and interpreting blood gases.
- **B Stands for Blood Pressure** - This sections covers evaluation, recognition and treatment of shock
- **L Stands for Lab Work** - This section covers pre-transport lab evaluation, including CBC interpretation and treatment of suspected shock
- **E Stands for Emotional Support** - This section covers the family’s emotional needs and reactions during the crisis surrounding the birth

Target Audience

- Any health professional involved in the post-resuscitation and/or pre-transport care of sick newborns.

Next Available Programme(s)

- Thursday 11th April 2024 – Kilkenny

HSELand Module ID

- RCNME-SE-60

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Stroke Care Foundation Programme

Aim

This Stroke Care programme will provide nursing staff with knowledge to support them to care for the critically ill adult that has or is experiencing stroke. The programme focuses on the specific role of the nurse in caring for the patient in line with national stroke care policy and guidelines. It will expand nursing knowledge in relevant areas such as appropriate patient positioning and rehabilitation (physiotherapy), occupational therapy, dietetics and speech and language interventions, including swallow screening.

Learning Outcomes

At the end of this programme, participants should be able to:

- define stroke including risk factors, causes and types of stroke;
- describe the effects of stroke on patient and family, both physical and psychological;
- identify the most appropriate immediate and long-term treatment for the patient with stroke;
- understand risks and benefits associated with moving and handling, OT interventions and feeding and swallowing for this patient cohort, preventing further injury;
- demonstrate understanding of the nursing care required in providing for the ADL's of a patient with stroke.

Target Audience

- Registered Nurses working in acute and non-acute care setting.

Next Available Programme(s)

- Wednesday 31st January 2024 – Waterford

HSELand Module ID

- RCNME-SE-12

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Supporting a Person with an Intellectual Disability through Grief & Loss

Aim

People with intellectual disabilities are just as likely to experience grief and loss (both death-related and non-death) as people without intellectual disabilities. Loss can present in many forms and may include; loss of ability; loss of home; relocation; changes in routine; loss of fellow residents, friends, caregivers; or deaths of parents, siblings, and friends. Grief affects people on many different levels and can be expressed not only through language but also through moods and behaviours. Unfortunately, grief can often be unrecognised and unsupported among people with intellectual disability (Read 2014). Acknowledging grief and having adequate support is known to be a strong protective factor in the grieving process.

This programme will support nurses, social care and healthcare staff to explore the journey of grief and loss for adults with intellectual disability.

Learning Outcomes

- At the end of this programme, participants should be able to:
- relate how grief theories underpin healthy grieving;
 - discuss how grief can present in adults with a range of intellectual disability;
 - integrate practical resources to explain death and dying;
 - identify factors that may hinder the grief process;
 - employ strategies to support healthy grieving;
 - recognise the importance of self-care when supporting others through grief and loss.

Target Audience

- Registered Nurses, health and social care professionals

Next Available Programme(s)

- Thursday 28th November 2024 - Waterford

HSELand Module ID

- RCNME-SE-103

University Hospital Waterford Clinical Safety Updates Online Programme

Aim

The overall aim of the clinical safety update programme is to increase awareness, and understanding of patient safety and the role of HSE employees to ensure they operate a consistent clinical safety management approach. This develops and nurtures a safety culture within the organisation inline with local policy, procedures, protocol and standard guidelines.

Target Audience

There are three programmes currently available on HSELand

- Clinical Safety Updates: Nurses and Midwives ONLY
- Clinical Safety Updates: HCAs and HSCPs ONLY
- Clinical Safety Updates: Non-Clinical Staff ONLY

Participant time spent undertaking these programmes is recorded and monitored for compliance purposes and a short exam must be completed to receive a certificate.

Next Available Programme(s)

- This programme is currently available on HSELand.

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Uterine Involution Assessment – A Revision for Public Health Nurses and Midwives

Aim

This programme aims to provide participants with knowledge and skills to assess uterine involution in the postpartum period.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the structure and function of the uterus;
- define the normal physiological changes of the uterus in the postpartum period;
- outline the classification of postpartum blood loss;
- identify the rationale for performing uterine involution assessment;
- list the steps involved in performing uterine palpation;
- demonstrate the correct procedure for assessing uterine involution and documentation of findings;
- discuss the management and referral pathways to be followed in the event of complications, as per the guideline.

Target Audience

- Registered Public Health Nurses and Midwives

Participants must have completed the following prior to attending the classroom

- Uterine Involution Theory (Online) - A Revision for Public Health Nurses and Midwives
- Maternal Postnatal Care in the Public Health Nursing Service Educational Programme

Next Available Programme(s)

- TBC

HSELand Module ID

- TBC

Venepuncture and PIVC in Children, Infants and Neonates

Aim

The aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills, attitude and competence that will enable them to safely and confidently perform the clinical skill of venepuncture for children/infants and neonates in their care.

Learning Outcomes

At the end of this programme, participants should be able to:

- provide a standardised approach towards the education, training and competence validation of nurses and midwives, undertaking the clinical skill of venepuncture;
- facilitate the transferability and recognition of a standardised approach to venepuncture skills acquired by nurses and midwives across the HSE/HSE funded agencies.

Target Audience

- Registered Nurses and Registered Midwives working with children, infants and/or neonates in the acute setting.

Next Available Programme(s)

- Tuesday 9th April 2024 – Waterford

HSELand Module ID

- RCNME-SE-74

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Ionad Réigiúnach um Oideachas Altraí &
Cnáimhseachais FnaSS An Deisceart (Thoir Theas)

Regional Centre for Nurse & Midwifery
Education HSE South (South East)