

REGIONAL CENTRE FOR NURSE & MIDWIFERY EDUCATION

HSE Dublin & South East

*Providing NMBI Approved CPD &
QQI Accredited Education (Level 5 – 8)*

Education & Training Prospectus 2025

Updated June 2025













Ionad Réigiúnach um Oideachas Altraí &
Cnáimhseachais FnaSS An Deisceart (Thoir Theas)

Regional Centre for Nurse & Midwifery
Education HSE South (South East)

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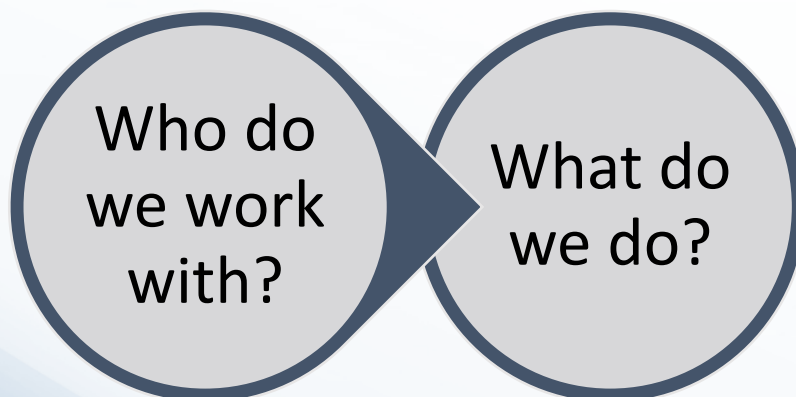
Please note that programme dates may be subject to change.

About Us

The Regional Centre of Nursing & Midwifery Education (RCNME) Dublin and South East is committed to providing relevant, timely and research-informed Continuing Professional Development (CPD) and QQI Level 5 to Level 8 programme of education to Registered Nurses, Registered Midwives and Health Care Assistants working in the HSE Dublin and South East.

We will continue to collaborate with key stakeholders in the identification, planning and delivery of education programmes that meet service needs and surpass expectations.

We value nurses and midwives and their impact on patients, families and within Multidisciplinary Teams and therefore, strive to provide education that engages, empowers and supports enquiry across all disciplines of Nursing and Midwifery



To provide this education we work with specialist staff across the region in the design and facilitation of programmes. The RCNME also works with the Office of the Nursing & Midwifery Services Director (ONMSD), the Nursing & Midwifery Planning & Development Unit (NMPDU), National Clinical Leadership Centre (NCLC) and Nurse Practice Development Units (NPDU) regionally to coordinate and deliver programmes of education.

We support CPD through the provision of education programmes for nurses, midwives and health care assistants. This is delivered regionally following an identified need or by coordinating national education programmes. We also continually monitor the changing face of health services and attempt to anticipate education needs and develop programmes to meet this need.

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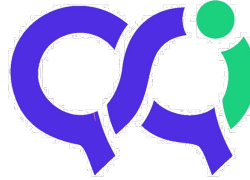


Accreditation

RCNME programmes of education are quality assured in accordance with the Nursing & Midwifery Board of Ireland (NMBI) guidance and the Quality and Qualifications Ireland (QQI) accreditation processes.



Bord Altranais agus
Cnáimhseachais na hÉireann
Nursing and Midwifery
Board of Ireland



Dearbhú Cáilíochta
agus Cáilíochtaí Éireann
Quality and
Qualifications Ireland

Continuing Professional Development programmes are accredited in accordance with NMBI guidance prior to programme delivery. This process ensures that the programme aim, learning outcomes, content, methods of delivery and evaluation meet NMBI CPD standards. Continuing Education Units for CPD programmes of education are awarded for each programme delivered by the RCNME, HSE Dublin and South East.

On 21 December 2011, the Nurses and Midwives Act 2011 was signed into law. This Act updated the provisions relating to the regulation of nurses and midwives in Ireland, and recognised midwifery as a separate and distinct profession to that of nursing. The Act enhanced the protection of the public in its dealings with the professions, while ensuring the integrity of the practice of nursing and midwifery (www.NMBI.ie). Enactment of the Nurses Act 2011 and current work by the NMBI Education Team will mean that, in time, evidence of CEUs are required by NMBI when re-registering with the Board.

QQI Level 5-8 programmes can only be delivered once validated by QQI as meeting the Quality Assurance processes required to achieve National Framework of Qualifications (NFQ) Level 5-8. The Consortium of Centres of Nurse and Midwifery Education (CCNME) has developed and implemented policies, procedures and processes that align with and are approved by QQI Quality Assurance measures and is therefore an approved provider of robust, evidence-based, QQI approved programmes of education and training.

The RCNME HSE Dublin and South East is an active member of the CCNME, contributing to the development, approval and implementation teams nationally for Level 5-8 programmes for Nurses, Midwives and Health Care Assistants.

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Programme Listing

Click on Programme Title for more information

	Acute	Maternity & Neonates	Care of the Older Person	Mental Health	Intellectual Disability	Community Care
A Human Rights Based Approach to Restrictive Practices						
Adult Arterial Blood Gas Sampling & Analysis Programme						
Adult Tracheostomy Care & Management Programme						
Adult Urethral Catheterisation & Suprapubic Re-Catheterisation Programme						
An Introduction to Postural Care						
Best Practice in Nursing & Midwifery Documentation, Writing Effectively and Legal Aspects						
Biomechanics for Birth						
Care of the Critically Ill Pregnant or Postpartum Woman (PROMPT)						
Changing Health Behaviours using Motivational Interviewing						
Child and Family Health Needs Assessment for Public Health Nurses – National Education Programme						
Child and Young Person Respiratory Management Programme						
Cognitive Behavioural Skills for Practice Refresher Programme						
Colorectal Disorders Programme						
CPI Safety Intervention™ Blended Learning Programme						
CPI Verbal Intervention™ Training						
Designated ECT Nurse Education and Training Programme						
Diabetes Education Programme: An Update for Registered Nurses						
Diabetes in Pregnancy: Care of Mother & Baby						
Ear Examination & Ear Irrigation Programme						
Early Pregnancy Loss Care Programme						
ECG Interpretation Programme						
Enhancing & Enabling Quality of Care for the Person Living with Dementia – Acute Care Programme						
Enhancing & Enabling Well Being for the Person Living with Dementia – National 2-Day Programme						
Fetal Monitoring Workshop						
Final Journeys Workshop						
Final Journeys – Paediatric Settings Workshop						

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Programme Listing

Click on Programme Title for more information

	Acute	Maternity & Neonates	Care of the Older Person	Mental Health	Intellectual Disability	Community Care
Fine-bore Naso-Gastric Tube Insertion and Nasal Bridle Clip in the Adult Patient Programme						
Fundamentals of Adult Palliative Care: A Programme for Nurses and Midwives						
Gastrostomy Re-Insertion Workshop						
Graduate Nurse Professional Development Programme						
Gynaecology and Women's Health Programme						
Healthcare Assistant Education Refresher Programme						
Health Service Skills QQI Level 5 Programme Components						
Regional Sharps Awareness Online Programme						
Infection Prevention & Control Link Practitioner Programme						
Introduction to Cognitive Behaviour Therapy – Skills for Practice						
Introduction to Compassion Focused Therapy						
Infant Mental Health						
Introduction to Positive Behaviour Support						
Introduction to Supporting People with an Eating Disorder						
Introduction to Supporting People with an Intellectual Disability with their Mental Health						
Introduction to Theory & Practice of Clinical Supervision						
Introduction to Trauma Informed Care						
LÁMH Module 1						
Management of Anaphylaxis Programme						
Management of Epidural Analgesia in the Adult Patient Programme						
Management of the Adult Patient Requiring Non Invasive Ventilation						
Management of the Adult Respiratory Patient Programme						
Maternity Bereavement & Loss Care Programme						
National Education Programme for Antenatal Educators						
National Facilitators Education Programme						
National Frailty Education Programme: Fundamentals of Frailty						

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Programme Listing

Click on Programme Title for more information

	Acute	Maternity & Neonates	Care of the Older Person	Mental Health	Intellectual Disability	Community Care
National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care						
NCCP Cancer Education Programme for Non Specialist Nurses						
NCLC Clinical Leadership Programme for Clinical Nurse Managers and Clinical Midwife Managers 1&2s						
NCLC Clinical Leadership Programme for Staff Nurses & Staff Midwives						
Neonatal Developmental Care for the Moderate to Late Preterm Infant						
Neonatal Neurology Outreach Programme						
Nursing Management of the Adult Cardiology Patient Programme						
Paediatric Advanced Life Support (PALS)						
Paediatric Emergency Assessment Recognition Stabilisation (PEARS)						
Perinatal Mental Health Programme for Nurses & Midwives						
Perineal Care and Repair for Midwives						
Peripheral Venepuncture in Adults Blended Learning Programme						
Phase 3 Breastfeeding Skills Training as part of the National Infant Feeding Education Programme						
Preceptorship Blended Learning Programme						
Preceptorship Update Online Programme						
Return to Midwifery Practice (RTMP) Programme						
Return to Nursing Practice (RTNP) Programme						
Rhythm Recognition & Interpretation Workshop						
STABLE® Programme						
Stroke Care Foundation Programme						
Substance Misuse in Pregnancy: Care of Mother, Developing Baby & Neonate						
Supporting a Person with an Intellectual Disability through Grief and Loss						
Uterine Involution Assessment – A Revision for Public Health Nurses and Midwives						
University Hospital Waterford Clinical Safety Updates Programme						
Venepuncture and PIVC in Children, Infants and Neonates						
Water Immersion and Labour and Birth						

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Programme Signposting

The following programmes were not developed/delivered by the RCNME Dublin and South East, but included in the prospectus has a signpost for Nurses and Midwives

Click on Programme Title for more information

	Acute	Maternity & Neonates	Care of the Older Person	Mental Health	Intellectual Disability	Community Care
Irish National Early Warning Score (iNEWS) V2: Nursing/HSCP Focus						
National Sepsis Programme: Introduction to Sepsis Management for Adults including Maternity						
National Sepsis Programme: Recognition and Management of Sepsis in Children						
Situation Awareness for Everyone (SAFE) Collaborative						
Medication without Harm						
Fundamentals of Care: Pressure Ulcers						
Fundamentals of Clinical Audit						
Advanced Clinical Audit						
Clinical Audit Action Hour						
Introduction to Human Factors						
Simulation in Healthcare						
Safeguarding Adults at Risk of Abuse						
Common Errors in the Search Process for Systematic Reviews						
Getting Started with your Literature Review						

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A Human Rights-Based Approach to Restrictive Practices



Aim

The aim of this webinar is to support participants to consider how a Human Rights Based Approach could be used to support the reduction of restrictive practices in healthcare settings.

The Webinar will be framed in a 'Human Rights Based' context linking in current best practice and referencing the national guidance provided by the Safeguarding Office Ireland, Health Information Quality Authority, The National Disability Services Quality Improvement Office and the provisions of the Health Act (2007).

Learning Outcomes

At the end of this programme, participants should be able to:

- identify proactive/reactive components of quality care provision and risk management intrinsic to restriction reduction;
- discuss the concept of capable environments;
- examine the importance of Practice Leadership in environments where restrictive practices may be used;
- demonstrate an understanding of what entails a restriction;
- identify the steps and decision-making process required with regard to the implementation of a restriction;
- explain the importance of risk assessment in relation to restricted practices;
- outline the process involved in reviewing restricted practices to reduce/negate the need for a restriction;
- relate the importance of positive behaviour support as a means of reducing/negating the need for Restricted Practice.

Who Should Attend

- Registered Nurses, Registered Midwives, Health Care Assistants and Health and Social Care Professionals

Next Available Programme(s)

- Tuesday 13th May 2025 – Webinar

Enrolment for the Webinar is now closed

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Adult Arterial Blood Gas Sampling & Analysis Programme



Aim

This programme is intended to provide the Registered Nurse with the theoretical knowledge necessary to understand and perform adult arterial sampling, analysis and interpretation. Clinical competence to perform these skills will be determined by a suitably qualified clinical assessor.

Participants are required to complete all elements of this programme:

- Part 1 – Attend theoretical study day in full
- Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

- At the end of this programme, participants should be able to:
- demonstrate knowledge of the anatomy and physiology of the radial artery and surrounding tissues, veins and nerves;
 - demonstrate safe practice when undertaking adult arterial blood gas sampling;
 - demonstrate knowledge of the indications and contra-indications to performing adult arterial blood gas sampling and analysis;
 - analyse and interpret ABG results.

Who Should Attend

- This programme is for Registered Nurses involved in the care and management of a patient who requires adult arterial blood gas sampling and analysis
- This is an advanced skill and participants must have the approval of their line manager prior to applying for a place on the programme

Next Available Programme(s)

- Monday 7th April 2025 – Waterford
- Monday 6th October 2025 - Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-11-PROG

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Adult Tracheostomy Care & Management Programme



Aim

This programme is intended to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult patient with a tracheostomy and to expand existing nursing care skills and expertise, in line with National policy and local guidelines.

Learning Outcomes

At the end of this programme, participants should be able to:

- define tracheostomy, outline indications and explain procedure for tracheostomy insertion;
- describe types of tracheostomy and tubes available;
- demonstrate understanding of the knowledge and skills required for postoperative care and management of the patient with a tracheostomy, incl. tube changes;
- describe the emergency management of the adult patient with a tracheostomy;
- understand patient need for additional support in areas such as communication, humidification and swallowing.

Who Should Attend

- Registered Nurses involved in the care and management of a patient with a tracheostomy tube

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-09

Adult Urethral Catheterisation & Suprapubic Re-Catheterisation Programme



Aim

The aim of this programme is to provide Registered Nurses with the knowledge and skills required to provide appropriate care for those who require or already have, a urinary catheter (both male & female) and those requiring a suprapubic re-catheterisation.

Who Should Attend

- Registered Nurses employed in an area where adult male urethral catheterisation and suprapubic re-catheterisation is required frequently enough to enhance service provision and maintain competence.

Prior to enrolling, please note the following pre-requisites:

- Participants must be approved by his/her clinical nurse manager as an appropriate person to expand his/her practice, to include adult male urethral catheterisation and suprapubic re-catheterisation.
- There must be an “Adult Urinary Catheterisation” and “Adult Suprapubic Re-Catheterisation” up-to-date guideline for the practice of these skills in your specific service area.
- Participants must have access to an assessor to assess post-programme competency attainment. The assessor must be a Nurse or Senior Doctor who has completed education in the specific area and deemed competent in adult male catheterisation and adult suprapubic-re-catheterisation. The assessor must be identified prior to programme commencement date.
- Participants must have read the HSE local policy/guidelines, Guidelines for Insertion, Removal, Care and Maintenance of Urethral Catheters in Adult Male & Female Patients.
- Participants must complete the HSELand ANTT training programme.

Next Available Programme(s)

- Friday 24th January and Monday 27th January 2025 – Virtual Classroom & Waterford
- Friday 29th August and Monday 1st September 2025 – Virtual Classroom & Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-109-AC

An Introduction to Postural Care

Aim

The aim of this webinar is to provide nurses, allied health and social care professionals with an introduction to Postural Care. Learners will enhance understanding of the importance of preserving and/or re-establishing body shape among people who may find it difficult to move and change position independently. This webinar will empower healthcare professionals with the knowledge and skills to adopt evidence based principles of posture care management in their everyday practice.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe what is meant by Postural care;
- discuss indications for and the importance of Postural Care Management among people with movement difficulties;
- recognise the need for onward referral and engagement for support with specialist services and teams;
- identify elements of a 24 hour Posture Care Plan.

Who Should Attend

- Registered Nurses, Registered Midwives, Health Care Assistants and Health and Social Care Professionals

Next Available Programme(s)

- Tuesday 11th March 2025 – Webinar

Enrolment for this Webinar is now closed

Best Practice in Nursing & Midwifery Documentation

Writing Effectively and Legal Aspects

Aim

The aim of this webinar is to empower registered nurses and midwives with the confidence to maintain nursing records in accordance with legal and professional Standards. This webinar will provide participants with the opportunity to explore nursing documentation, employ tips to write effectively and ensure their report writing will stand up to legal and medical review.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the legal and professional aspects of nursing documentation;
- identify common pitfalls in nursing documentation;
- employ strategies to write concise, accurate and legally defensible nursing notes.

Who Should Attend

- Registered Midwives and Registered Nurses

Next Available Programme(s)

- Thursday 22nd May 2025 - Webinar

Enrolment for this Webinar is now closed

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Biomechanics for Birth

Aim

This programme is facilitated by Midwife Molly O'Brien and aims to teach Midwives about techniques and optimal positioning that may help a woman have a more comfortable birth or assist where her labour is obstructed.

Learning Outcomes

At the end of this programme, participants should be able to:

- explain the anatomy and physiology of the pelvis;
- define a malposition and identify women at greater risk;
- describe how to recognise and diagnose a malposition in labour;
- outline practical techniques and positions that can be promoted for optimal labour and birth;
- discuss communication, consent and documentation in promoting optimal positioning for birth.

Who Should Attend

- Registered Midwives

Next Available Programme(s)

- Tuesday 9th September 2025 – Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-82

Care of the Critically Ill Pregnant or Postpartum Woman (PROMPT CiPP)

Click to Enrol



Aim

The aim of this regional PROMPT Care of the Critically Ill Pregnant or Postnatal Woman (CiPP) programme is to cover the key areas of focus for maternal critical care. This is a structured, stand alone, one-day programme facilitated by regional clinical experts from the wider multidisciplinary team.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify the fundamentals of recognising the critically ill pregnant or postpartum woman;
- describe the diagnosis and management of maternal sepsis;
- identify immediate care provision in the event of a cardiorespiratory emergency;
- recognise the management of non-obstetric neurological emergencies;
- discuss the care considerations for the pregnant or postpartum woman who is unwell with Covid-19.

Who Should Attend

- Registered Midwives and Registered Nurses who may be involved in the care of the critically ill pregnant and postpartum women in maternity and postnatal units, ICU, HDU, CCU and Anaesthetics & Recovery

Next Available Programme(s)

- Tuesday 21st October 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-86

Message Us



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Changing Health Behaviours using Motivational Interviewing

Click to Enrol



Aim

This 2-day programme is intended to introduce participants to the basic concepts of Motivational Interviewing.

Learning Outcomes

At the end of this programme, participants should be able to:

- understand Motivational Interviewing;
- demonstrate awareness of the four key process of Motivational Interviewing;
- use the early strategies of motivational Interviewing;
- understand the underlying spirit of Motivational Interviewing.

Who Should Attend

- Registered Nurses, Registered Midwives and Health & Social Care Professionals working in acute and non-acute services who have the opportunity to use this technique in their clinical practice.

Next Available Programme(s)

- Monday 13th & Tuesday 14th October 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-38

Message Us



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Child & Family Health Needs Assessment for Public Health Nurses National Education Programme



Aim

This programme aims to provide clear guidance to Public Health Nurses on a standardised approach to undertaking a Child and Family Health Needs Assessment in the Public Health Nursing Service, which is evidence-based and complies with best practice.

Learning Outcomes

- At the end of this programme, participants should be able to:
- understand the context of Child and Family Health in Ireland;
 - outline the National Guidelines on the use of the Child and Family Health Needs Assessment Framework (CFHNA) for the Public Health Nursing Service;
 - explore mother’s health and wellbeing and early childhood development;
 - understand the impact of adversity on children and families;
 - understand the importance of early intervention, providing the right support at the right time;
 - critically examine the domains and dimensions of the Assessment Framework and implementation of the Assessment Framework into practice;
 - critically analyse the process for management of cases in Public Health Nursing practice through the lens of current legislation and policy;
 - discuss Best Practice in documentation and sharing of Information with relevant services i.e TUSLA-PPFS/Child Protection;
 - critically evaluate TUSLA Response Pathways.

Who Should Attend

- Registered Public Health Nurses and Registered Midwives

Next Available Programme

- Wednesday 14th May 2025 – Waterford

How to Enrol

- Log into HSELand and search ONMSD-NAT-31_5

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Child and Young Person Respiratory Management Programme



Aim

Learning Outcomes

This programme aims to offer learners with the opportunity to enhance their knowledge, skills and approach required to provide safe, effective and quality care for the child and young person with a respiratory illness.

Who Should Attend

At the end of this programme, participants should be able to:

- facilitate the learner to apply evidence based theoretical knowledge in the delivery of person centred care to the child with a respiratory illness;
- facilitate the learner to use a problem solving approach to the delivery of care in a safe and effective manner;
- define and discuss respiratory illnesses in children which will allow the nurse to apply the most suitable care interventions;
- allow the learner to use a family centred approach in the care of the child with a respiratory illness.

Next Available Programme

- Registered nurses working with children and young people across the service, including acute and community care.

How to Enrol

- TBC
- Log into HSELand and search RCNME-SE-137

Cognitive Behavioural Skills for Practice Refresher Programme



Aim

This workshop will provide participants with an opportunity to revise Cognitive Behavioural Therapy principles and methods. The workshop will support participants to modify and enhance Cognitive Behavioural Skills used with their sphere of practice.

Learning Outcomes

At the end of this programme, participants should be able to:

- revise Cognitive Behavioural Therapy principles and methods covered on the “Introduction to Cognitive Behavioural Skills for Practice Programme (3 Day programme)”.
- refine understanding of patient/client problems using the 5 areas assessment model and discuss the vicious cycles that influence and maintain client problems.
- reflect upon their practice experience examining what worked well and what were the ‘stuck’ points.
- discuss the challenges experienced implementing Cognitive Behavioural skills in practice and develop some skills to help overcome these challenges.
- modify and build on existing Cognitive Behavioural skills to apply within their sphere of practice.

Who Should Attend

- Registered Nurses working in Intellectual Disability and Mental Health Services who have previously completed the “Introduction to Cognitive Behavioural Skills for Practice” 3-day programme

Next Available Programme(s)

- Thursday 13th March 2025 – Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-139

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Colorectal Disorders Programme

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Enrol



Aim

The overall aim of this programme is to provide the participants with the opportunity to enhance the specific knowledge, skills and attitudes required to safely and effectively care for a patient with a colorectal disorder.

Learning Outcomes

At the end of this programme, participants should be able to:

- define I.B.D and have a broad understanding of medical and surgical treatments utilised in treating this cohort of patients, including the role of the IBD clinical nurse specialist;
- discuss and define colorectal cancer diagnosis and role of the Colorectal Cancer Nurse Coordinator in relation to the patient pathway;
- discuss the different types of surgery used to treat colorectal disease, incorporating post operative care and pain management;
- provide stoma care based on current evidence based practice and be familiar with the products available;
- understand the nutritional and dietary requirements for colorectal patients;
- be familiar with and understand the role of the multidisciplinary team in coordinating and implementing care in the patient with a colorectal disorder.

Who Should Attend

- Registered Nurses and other allied health professionals providing care for and work with patients diagnosed with a colorectal disorder.

Next Available Programme(s)

- Thursday 23rd October 2025 - Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-125

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CPI Safety Intervention™ Blended Learning Programme



Aim

The aim of this course is to build knowledge and skills needed to recognise and de-escalate crisis behaviours you may encounter in your workplace and learn about trauma-responsive practices.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify and know how to respond to various levels of crisis behaviours.
- recognise how to manage your own consistent, calm behaviour in order to influence a positive outcome in a crisis situation.
- learn strategies to strengthen non-verbal communication.
- develop limit-setting strategies when verbally intervening to de-escalate defensive behaviours.
- learn safety intervention strategies to maximise safety and minimise harm.
- explore the Physical Skills Review Framework and key legal and professional considerations when using restrictive interventions.
- explore the *Decision-Making Matrix*SM when assessing Risk Behaviour.
- demonstrate and practise non-restrictive and restrictive interventions that are consistent with a set of physiological principles.
- explore a framework to help guide staff and the individuals in distress through a process of re-establishing the relationship.

Who Should Attend

- Registered Nurses, Registered Midwives and Health Care Assistants

Please note that participants must complete online pre-course work prior to attending the face-to-face workshop

Next Available Programme(s)

- Thursday 27th February 2025 – Waterford
- Thursday 16th October 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-59

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CPI Verbal Intervention™ Training



Aim

The aim of this course is to train staff to respond to crisis situations with a focus on prevention using verbal de-escalation skills and strategies where restraint is inappropriate.

Learning Outcomes

- At the end of this programme, participants should be able to:
- recognise signs of distress;
 - utilise a broad range of tools to help them intervene early to prevent conflict and escalation;
 - have a clear understanding of using the right skills at the right time to effectively de-escalate when conflict arises so that a behavioural crisis doesn't occur.

Who Should Attend

- Registered Nurses, Registered Midwives and Health Care Assistants

Next Available Programme(s)

- Thursday 1st May 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-123

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Designated ECT Nurse Education & Training Programme



Aim
The aim of this programme is to equip the Designated ECT Nurse with evidence-based theory, clinical standards and guidelines to enhance their theoretical knowledge, technical skills, confidence and competence to perform pre-ECT treatment assessments, monitor the ECT procedure, observe and interpret post ECT treatment responses in the management of the adult requiring prescribed ECT.


- Learning Outcomes**
At the end of this programme, participants should be able to:
- safely and competently undertake a holistic nursing assessment of the individual patient undergoing ECT and develop an appropriate plan of care for the peri-anaesthesia period;
 - explain the pre-ECT assessments (capacity to consent, consent, pre-anaesthetic assessment, anaesthetic risk, mental health state) must be completed and filed in the patient’s clinical file. Prepare the service user for the ECT procedure;
 - demonstrate the knowledge required to assist the anaesthetist in the management and monitoring of the patient undergoing ECT and prepare and maintain the ECT Suite and relevant equipment;
 - demonstrate the appropriate action to take to manage patient deterioration that may occur during the peri-anaesthetic period and assist in the management of emergency respiratory or cardiac events if they arise during this period;
 - critically appraise the appropriate management of the patient as part of the multi-disciplinary team in the post-anaesthetic phase of the ECT procedure and document all events in the patient’s notes.


Who Should Attend
• Registered Nurses who will operate as the ‘designated ECT Nurse’ in an approved HSE centre where ECT is administered to voluntary patients


Next Available Programme(s)
• TBC

How to Enrol
• Log into HSELand and search RCNME-SE-127

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Diabetes Education Programme

An Update for Registered Nurses



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Diabetes in Pregnancy: Care of Mother and Baby



Aim

The aim of this programme is to provide an overview of the care for a mother and her baby whereby she has pre-existing or develops diabetes during pregnancy.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the importance of pre-conceptual care for a woman who has diabetes;
- discuss the recommendations for gestational diabetes screening;
- outline Midwifery care for a woman with diabetes in pregnancy;
- discuss diet and nutritional considerations;
- recognise the role of blood glucose monitoring and hypoglycaemic medication;
- explain the impact of diabetes in pregnancy on the baby in utero and following birth;
- outline the subsequent care of the baby in the neonatal period;
- discuss the opportunity to promote breastfeeding in the antenatal period.

Who Should Attend

- Registered Midwives and Registered Nurses who are involved in maternity or neonatal care provision.

Next Available Programme(s)

- Tuesday 28th January 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-122

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Ear Examination & Ear Irrigation Programme

Click to Enrol



Aim

The aim of this professional development education programme is to enhance registered nurses knowledge of ear conditions and to support their skill and competency development to safely access, examine and when necessary, perform ear irrigation for the removal of impacted ear wax.

Learning Outcomes

At the end of this programme, participants should be able to:

- confidently advise patients about ear hygiene and preventable measures in management of ear wax;
- critically evaluate the current methods used for ear wax removal and reflect on the most appropriate method for individual patient centred care;
- appreciate the nurses' accountability in undertaking patient ear examination and irrigation in their clinical setting;
- demonstrate competence in completing ear assessment and irrigation documentation;
- have better understanding of the issues faced by individuals whose hearing is affected and the resources and agencies that are available to them;
- demonstrate safe and proficient technique for ear examination with otoscopy and the removal of impacted ear wax while appraising their own practice.

Who Should Attend

- Registered nurses who are working in General Practice, Older person's services or in a setting where clinical caseloads present with ear wax complications.
- Prior to engaging in this programme, learners must have discussed with their employer/line manager the need to introduce this service into their clinical setting

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-07

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Early Pregnancy Loss Care Programme



Aim

The aim of this programme is to enhance Nurses and Midwives knowledge to enable them to deliver high quality, compassionate care to families who experience early pregnancy loss.

Learning Outcomes

At the end of this programme, participants should be able to:

- identify the various ways in which women experience early pregnancy loss;
- recognise the importance of compassionate bereavement care for families who experience a pregnancy loss;
- identify the importance of using appropriate language and communication skills for compassionate bereavement care provision;
- discuss care and management in line with specific pregnancy loss diagnosis’;
- identify resources available for continuous bereavement care and support for families;
- acknowledge the impact that grief and loss may have on staff and identify useful measures to address self- care needs.

Who Should Attend

- Registered Midwives and Registered Nurses

Next Available Programme(s)

- Wednesday 15th October 2025 - Webinar

How to Enrol

- Log into HSEland and search RCNME-SE-96

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ECG Interpretation Programme

Click to Enrol



Aim

This programme is intended to enable participants to expand current knowledge to support evidence based holistic care of the adult cardiology patient and develop additional care skills and expertise in line with National and International policy and local guidelines.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge and skills required to record a 12 lead ECG;
- recognise a normal and abnormal ECG;
- identify ECG rhythms for ventricular arrhythmias, atrial arrhythmias, heart block ischaemia and acute myocardial infarction, SVTs and Bundle Branch Block;
- interpret ECG rhythms and recognise impact on patient condition and nursing/medical care/intervention required.

Who Should Attend

- Registered Nurses and Registered Midwives caring for cardiology patients in non-specialist wards/units.
- Registered Nurses commencing work in critical care areas including CCU, ICU, HDU, PACU and ED.

Next Available Programme(s)

- Wednesday 9th April 2025 – Waterford
- Wednesday 8th October 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-64

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Enhancing & Enabling Quality of Care for the Person Living with Dementia

Acute Care Programme

Aim

This 4-Hour programme aims to raise awareness of the needs of people with dementia in the acute care setting and to ensure staff are confident in delivering appropriate care and support.

Learning Outcomes

At the end of this programme, participants should be able to:

- understand the experience of the person with dementia in the hospital environment;
- describe dementia and its impact on each individual;
- recognise delirium;
- describe approaches to supporting the person with dementia in the hospital setting/

Who Should Attend

- Staff working in the acute care setting who may come into contact with a person with a diagnosis of dementia.

Next Available Programme(s)

- Wednesday 12th February 2025 – Waterford
- Wednesday 10th September 2025 – Waterford

Enrolment for this programme is via your Line Manager

Enhancing & Enabling Well Being for the Person Living with Dementia

National 2-Day Programme



Aim

The aim of this 2-Day programme is to enable staff to support people to live well with dementia by adopting a person centred approach to care.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe dementia and its impact on the person and their family;
- discuss the impact the environment, social and built, has on the person with dementia;
- enhance quality of life for the person with dementia by adopting a person centred approach to supporting the person, including approaches that support the person presenting with responsive behaviour;
- explore and support partnerships between the person with dementia, family and care givers;
- discuss the need for palliative care for people with dementia.

Who Should Attend

- All staff working in residential and community care settings that may come into contact with a person living with dementia and their family.

Next Available Programme(s)

- Tuesday 11th & Tuesday 25th February 2025 – Waterford
- Tuesday 29th April and Tuesday 13th May 2025 – Kilkenny
- Tuesday 9th September and Tuesday 23rd September 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-53

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Fetal Monitoring Workshop

Click to
Enrol



Aim

The aim of this programme is to provide participants with up to date evidence on fetal monitoring to assist them to provide safe and effective care during pregnancy and labour.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the current evidence around fetal heart rate monitoring;
- explain the pathophysiology underpinning normal fetal heart rate pattern and the factors that influence the features on a cardiotocograph (CTG);
- analyse and interpret CTG patterns in line with current evidence and determine appropriate care;
- discuss the rationale and principles of intermittent auscultation;
- recognise the importance of communication and escalation in Maternity care.

Who Should Attend

- Registered Midwives, NCHDs and Consultants working in Obstetrics

Next Available Programme

- Tuesday 8th April 2025 – Wexford
- Thursday 25th September 2025 – Waterford
- TBC – South Tipperary

How to Enrol

- Log into HSELand and search RCNME-SE-15

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Final Journeys Workshop

Irish Hospice Foundation

Click to
Enrol



Aim

The Final Journeys Workshop aims to improve end-of-life care by promoting a culture of awareness and personal empowerment among all hospital staff. It has been designed to support the development of communication skills in hospital staff who have direct contact with patients and their families at the end of life. This workshop is designed to help participants become more competent, confident and comfortable delivering end-of-life care

Learning Outcomes

At the end of this programme, participants should be able to:

- contribute to safer, better end-of-life care;
- deliver a person-centred approach to end-of-life care;
- provide supportive care after death;
- use effective communication skills during end-of-life care;
- look after themselves by developing self-care practices.

Who Should Attend

- Hospital staff who have direct contact with patients and their families at the end of life

Next Available Programme(s)

- Wednesday 29th January 2025 – Waterford
- Thursday 6th February 2025 – Kilkenny
- Thursday 27th February 2025 – South Tipperary
- Tuesday 25th March 2025 – Wexford
- Thursday 11th September 2025 – Waterford
- Thursday 18th September 2025 – Kilkenny
- Thursday 9th October 2025 – South Tipperary
- Wednesday 22nd October 2025 - Wexford

How to Enrol

- Log into HSELand and search RCNME-SE-04

Final Journeys Paediatric Setting Workshop

Click to
Enrol



Aim

This workshop aims to improve end-of-life care through promoting a culture of awareness and personal empowerment among all hospital staff.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe some elements which support a culture of good end-of-life care in your paediatric setting;
- deliver a child, young person & family-centred approach to end-of-life care;
- use effective communication skills during end-of-life care;
- provide supportive care to families after death;
- look after yourself by exploring self-care practices

Who Should Attend

- Staff who have direct contact with patients and their families at the end of life

Next Available Programme(s)

- Wednesday 30th April 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-138

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Fine-bore Naso-Gastric Tube Insertion & Nasal Bridle Clip in the Adult Patient Programme

Click to Enrol



Aim

This programme aims to enable participants to expand their current knowledge, to support evidence based holistic nursing care, of the adult patient that has or requires a fine-bore naso-gastric tube and/or nasal bridle clip.

Participants are required to complete all elements of this programme:

Part 1 – Attend theoretical study day in full

Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate familiarity with local enteral feeding guideline, NPSA guideline and oral hygiene policy by applying the policies to practice during programme workshops;
- identify the clinical risks associated with fine-bore NGT and how these risks can be managed;
- describe the different types of fine-bore NGT and nasal bridle clips and their placement with specific reference to those used locally;
- demonstrate the NEX plus 10cm measurement of tube insertion using a manikin.
- describe the risks and benefits associated with medication administration via fine-bore NGT.
- demonstrate understanding of the role of Speech and Language Therapy in the holistic and safe care of this patient cohort.

Who Should Attend

- Registered Nurses and Registered Dietitians
- Each participant must be familiar with their local hospital policy prior to attending this programme.

Next Available Programme(s)

- Wednesday 2nd April 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-49

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Fundamentals of Adult Palliative Care: A Programme for Nurses & Midwives



Aim

This 2-day programme aims to support Nurses and Midwives working in Non-specialist areas to support palliative care patients. The programme content and learning outcomes are aligned to the HSE Palliative Care Competence Framework (2014).

Learning Outcomes

On completion of the 2-day programme, participants should be able to:

- Demonstrate knowledge of the principles of palliative care and palliative care nursing practice;
- Integrate a holistic assessment of the person when developing a plan for their care;
- Assess and manage the patient's physical symptoms in palliative care, including pain assessment;
- Set up and manage continuous subcutaneous infusion (McKinley), including troubleshooting;
- Develop knowledge required to recognise and manage palliative care emergencies;
- Identify supports and services available to palliative care staff, the patient and their families;
- Integrate the psychological and spiritual aspects of individual care;
- Communicate effectively and use a team approach to address the needs of individuals and their families;
- Anticipate and recognise the dying patient;
- Provide care to the deceased and their family;
- Incorporate self-care strategies to support nursing practice.

Who Should Attend

- Non-Specialist Nurses who provide Palliative Care to adult patients in a variety of settings and Health Care Assistants

Next Available Programme(s)

- Wednesday 21st & Wednesday 28th May 2025 – Waterford
- Wednesday 12th & Wednesday 19th November 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-126

Gastrostomy Re-Insertion Programme



Aim

The course aims to train registered nurses in the technique of gastrostomy tube replacement.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate practical competency in gastrostomy tube re-insertion;
- apply up to date, evidence-informed guidelines to the care of gastrostomy tube re-insertion.

Who Should Attend

- Registered Nurses working in a clinical area where this skill is required as part of their clinical practice.
- The clinical area must have a policy and resources in place to support this clinical skill

Next Available Programme(s)

- Friday 28th March 2025 – Waterford
- Friday 10th October 2025 - Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-99

Graduate Nurse Professional Development Programme



Aim
To provide newly qualified nurses access to practical, current and grade appropriate theoretical instruction, clinical placement and expert support, enabling them to identify continuing professional development opportunities and career pathways.

Duration of this programme is 12 months **or** 16 months - If choosing 1 speciality then 12 months, if choosing 2 specialities then 16 months

- Specialist Areas: Cardiology/ Oncology/ Orthopaedics/ Theatre/ Anaesthetics & Recovery/ Emergency Department/ Intensive Care & High Dependency Units

This programme will include

- Mandatory Training,
- a 5-day Graduate Nurse Professional Development Theoretical Programme (Supported by RCNME SE),
- Priority Access to CPD programmes provided by the RCNME SE that are deemed relevant by the ward/unit nurse manager,
- Career Pathway and Guidance,
- Professional Development Planning,
- clinical support
- mentorship

Who Should Attend

- Newly Qualified Nurses / Qualified less than 2 years

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-144

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Gynaecology & Women's Health Programme

Click to Enrol



Aim

The aim of this programme is to support nurses and midwives and, where appropriate, the wider multi-disciplinary team with evidence based knowledge and skills required to provide optimal, safe, and individualised care for women receiving gynaecology and women's health care.

Learning Outcomes

At the end of this programme, participants should be able to understand the principles of the following key areas, to support and refer women appropriately:

- Nurse led ambulatory gynaecology services available to women;
- Care of and for the woman seeking termination of pregnancy services;
- Psychological support for women following a gynae-oncology diagnosis;
- Cervical Screening and its role in disease detection;
- Pelvic floor care and exercises;
- Urodynamics and care of the woman;
- Contraceptive options available to women;
- Breast self-examination;
- Nutrition & Bone Health throughout the woman's lifecycle;
- Menopause and care considerations;

Who Should Attend

- Registered Nurses, Registered Midwives, Health Care Assistants and members of the multidisciplinary team

Next Available Programme(s)

- Wednesday 19th March 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-141

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Healthcare Assistant Education Refresher Workshop

Click to Enrol



Aim

This programme aims to build on the knowledge and experience of the Healthcare Assistants (HCAs) currently working in the HSE and HSE funded facilities. The information provided will allow HCAs to practice safely and competently knowing they are using current and evidence-based approaches to practice.

Learning Outcomes

At the end of this programme, participants should be able to:

- apply evidence based theoretical knowledge in the delivery of person centred care to relevant groups of patients/clients;
- use a problem solving approach to the delivery of care in a safe and effective manner;
- identify and enhance their own role within the multidisciplinary healthcare team.

Who Should Attend

- Health Care Assistants who currently hold a QQI Level 5 award

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-124

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Health Service Skills QQI Level 5 Programme Components

Aim

The aim of the major award is to equip the Learner with relevant evidence-based knowledge, skills and attitudes that will ensure the provision of competent, safe, effective person-centered care. The programme supports the ethos of quality & patient safety and empowers the Health Care Assistant (HCA) to work confidently under the direction and supervision of a Registered Nurse/Registered Midwife and as part of the multidisciplinary healthcare team.

The RCNME-SE recognises the need of HCAs to carry out elective components relevant to their chosen field of work and to enhance job prospects. HCAs who have already completed the major award are eligible to complete elective components, these include but are not limited to Palliative Care and Activities of Patient Living Care.

The RCNME-SE will strive to provide components based on needs of the services and HCAs across the south east.

Learning Outcomes

TBC

Who Should Attend

- Health Care Assistants who currently hold a QQI Level 5 award

Next Available Programme(s)

- Activities of Living Patient Care Blended Learning Module
 - Tuesday 6th May 2025 (Webinar), Wednesday 7th May 2025 (Webinar) and Thursday 8th May 2025 (Classroom)

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Infant Mental Health: A Foundation



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Infection Prevention & Control Link Practitioners Programme



Aim
The principle aim of this 5-day programme is to provide the IPC Link Practitioner with an opportunity to advance and practice their knowledge and skill safely in infection prevention and control in contemporary healthcare practice. Existing National Infection Prevention & Control Guidelines and National IPC E-learning modules will facilitate further learning and support.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- discuss the principles and practices of infection prevention & control recognising and promoting evidence based practices that reduce transmission risks;
 - understand the principles of Standard and Transmission Based Precautions;
 - discuss the principles of antimicrobial stewardship;
 - discuss the national, international and local policies as applied to IPC;
 - develop capability to assess and manage IPC risk within their own health / social care environment;
 - understand the importance of audits in clinical practice and their impact on quality improvement;
 - conduct nationally standardised and local level IPC audits;
 - develop confidence and skills to educate/train colleagues in IPC practice.

Who Should Attend
The target audience for this programme will initially be registered nurses or health and social care professionals who are involved with direct patient care and invasive procedures within the health and social care community setting. Ideally, participants will be at CNM1 / CNM2 / senior HSCP level or above, with the authority to influence infection prevention and control within their facility.

Next Available Programme(s)
• Week Commencing 22nd September 2025 – Virtual Classroom and Waterford

How to Enrol
• Log into HSEland and search MOD-6530_15

Introduction to Cognitive Behaviour Therapy – Skills for Practice



Aim

The aim of this programme is to introduce participants to the basic concepts and principles of cognitive behavioural therapy (CBT) skills for clinical practice and to facilitate participants in utilising CBT skills to inform practice in everyday assessment and intervention within a recovery orientated approach.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the central tenets and rationale of CBT and discern the strengths of its approach within recovery orientated care;
- discover the vicious cycles that influence and maintain client problems;
- relate how to use some basic concepts and principles of CBT in your everyday clinical practice including:
 - reaching a clearer understanding of patient/client problems;
 - establishing clear and specific goals for interventions;
 - building on face-to-face work with patients/clients through judicious use of ‘homework’;
- identify and change negative thoughts and behaviours that maintain problems;
- examine how to transfer the use of three CBT methods; ‘structure’, ‘collaboration’ and ‘Socratic dialogue’ into your clinical practice.

Who Should Attend

- Registered Nurses, Registered Midwives, Health and Social Care Professionals who provide psychosocial interventions clients as part of their day to day work

Next Available Programme(s)

- Tuesday 23rd September, Tuesday 21st October and Tuesday 18th November 2025

How to Enrol

- Log into HSELand and search RCNME-SE-79

Introduction to Compassion Focused Therapy

Click to Enrol



Aim

The overall aim of this programme is to provide an introduction to the key principles, concepts and practices of Compassion Focused Therapy (CFT, Gilbert 2009), and to explore how these might apply to your role as a nurse within mental health services.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the role of self-criticism and shame in mental health difficulties, and relate the importance of compassion and common humanity in addressing these difficulties;
- outline the main evolutionary, psychological, developmental, social and spiritual theories underpinning the CFT approach;
- relate key research evidence for a CFT approach within mental health;
- identify the various elements involved in a CFT intervention with service users;
- associate some of the key psychoeducational elements of CFT, including the Tricky Brain and the Three Systems Model of emotion regulation;
- examine a selection of body-focused, imagery-based and other Compassionate Mind Training practices and exercises;
- identify those service users that might particularly benefit from a CFT approach;
- explain how the concepts and practices from CFT might support and benefit you as a nurse within mental health, as well as your team.

Who Should Attend

- Registered Nurses

Next Available Programme(s)

- Thursday 18th September 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-135

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Introduction to Positive Behaviour Support

Click to
Enrol



Aim

Positive Behaviour Support is a person-centred framework for providing long-term support to people who display behaviours that challenge. Positive Behaviour Support is a statutory requirement under the Health Act (2007) in Intellectual Disability and Older Person's services.

The aim of this programme is to introduce participants to the benefits and strategies of the Positive Behaviour Support Model and to provide foundation level skills in Positive Behaviour Support.

Learning Outcomes

At the end of this programme, participants should be able to:

- critically appraise the validity and effectiveness of Positive Behaviour Support as an internationally evidenced based approach to supporting individuals with behaviours that challenge;
- demonstrate an understanding of the causes of Behaviours that Challenge;
- critically discuss the ethical considerations associated with Restrictive Practices and service provision;
- discuss Positive Behaviour Support in the context of current legislation;
- apply ethical and person-centred behaviour management strategies to practice settings.

Who Should Attend

- Registered Nurses, Registered Midwives and Health & Social Care Professional

Next Available Programme(s)

- Tuesday 11th February 2025 – Kilkenny
- Tuesday 11th November 2025 – Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-39-C

Introduction to Supporting People with an Eating Disorder



Aim

The aim of this programme is to enable participants to support people with an eating disorder. This programme will equip participants with the knowledge, skills, competence and confidence to engage with people with eating disorders. The programme will incorporate active and participatory learning activities such as role play to simulate scenarios where participants will be facilitated to explore issues related to supporting people with an eating disorder.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss Eating Disorders, their progression and the impact on psychological health and quality of life;
- recognise the signs of disordered eating and describe the associated health risks;
- demonstrate awareness of personal attitudes, values and beliefs to manage the potential impact of collusion with a person with an eating disorder;
- identify the limits of personal expertise and relate when to seek advice or refer on to other colleagues in the multi-disciplinary team;
- relate how the role of the Personal Recovery Model can support the holistic treatment of individuals experiencing an eating disorder;
- engage confidently with people with eating disorders in a non-judgemental manner demonstrating empathetic understanding of high levels of ambivalence and fear of change in people with eating disorders;
- facilitate the person with eating disorders to personal recovery by adopting some key skills from evidence based interventions such as CBT-E and MANTRA.

Who Should Attend

- Registered Nurses, Registered Midwives, health and social care professionals to support people with an eating disorder

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-88

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Introduction to Supporting People with an Intellectual Disability with their Mental Health



Aim

The aim of this programme is to support nurses working with people with intellectual disability who experience mental illness. This programme will provide participants with the opportunity to explore the realm of mental health and intellectual disability enhancing their understanding and enabling participants to plan and co-ordinate care for people with intellectual disability who experience mental illness effectively.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the relationship between intellectual disability and mental health;
- determine risk and protective factors that impact the prevalence of mental illness among people with intellectual disability;
- examine typical and atypical indicators of common mental health disorders among people with intellectual disability;
- recognise the complexity of diagnosis and relate diagnostic criteria and specific ID tools used in assessment;
- appraise the evidence of various interventions and supports (both medicinal and non-medicinal) that can be utilised to support recovery.

Who Should Attend

- Registered Nurses working with people who have an Intellectual Disability
- There may be an opportunity for health and social care professionals to attend this programme, informal inquiries can be directed to the programme co-ordinator.

Next Available Programme(s)

- Tuesday 25th February 2025 – Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-140

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Introduction to Theory & Practice of Clinical Supervision



Aim
The aim of this programme is to provide participants with key theoretical knowledge and practical skills in clinical supervision.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- outline the key roles, responsibilities, functions and implementation strategies for clinical supervision,
 - critically appraise the importance of professional, legal and ethical issues in clinical supervision in line with HSE best practice guidance and statutory requirements;
 - utilise basic supervision skills within supervisory practice settings.

- Who Should Attend**
- Registered Nurses and Registered Midwives

- Next Available Programme(s)**
- This programme runs over 6 weeks with one 3.5 hours live virtual classroom on the following dates:
 - Wednesday 5th February 2025
 - Wednesday 12th February 2025
 - Wednesday 19th February 2025
 - Wednesday 26th February 2025
 - Wednesday 5th March 2025
 - Wednesday 12th March 2025
 - Participants must attend all 6 sessions to successfully complete the programme

- How to Enrol**
- Log into HSELand and search RCNME-SE-75

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Introduction to Trauma Informed Care

Aim

The aim of this programme is to provide learners with an opportunity to become more Trauma – Aware.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss Trauma and recognise indicators of Trauma;
- explain the impact of Trauma including Adverse Childhood Experiences (ACE's) on the mind and body, future health, risk taking behaviours, and mental health difficulties;
- develop an awareness of potential risks that may advertently cause harm, re-traumatise or traumatise service users, and consider ways to mitigate;
- reflect on the impact of vicarious Trauma on staff and adapt some helpful strategies to buffer against adversity experienced when working in mental health services;
- discuss the importance of the 4R's in deploying a Trauma Informed Care approach and relate how the 6 principles of Trauma Informed Care act as a framework to practice approaches.

Who Should Attend

- Registered Nurses and Health and Social Care Professionals

Next Available Programme(s)

- TBC

How to Enrol

- TBC

LÁMH - Module 1

Click to
Enrol



Aim

The aim of this programme is to provide participants with theoretical content that supports their understanding of total communication, the role of Lámh and the rights of the individual to be supported to communicate effectively. It also aims to provide participants with the opportunity to observe, practice and demonstrate using Lámh signs.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the importance of communication and the right to be heard for persons with intellectual disability;
- examine the role of Lámh as part of a total communication approach;
- understand the importance of assessment and decision making around the use of Lámh as an augmented and alternative system of communication for people with intellectual disabilities;
- illustrate how to effectively structure a situation to encourage an individual with intellectual disability to use Lámh;
- support the use of 100+ Lámh signs in an established/establishing Lámh environment.

Who Should Attend

- Registered Nurses, Registered Midwives, Health Care Assistants and Health & Social Care Professionals working with Children and Adults who use Lámh to enhance their communication.

Next Available Programme(s)

- Monday 10th February 2025 – Waterford
- Monday 24th November 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-69

Management of Anaphylaxis Programme

Click to Enrol



Aim

This blended learning programme will provide theoretical knowledge and clinical skills training to participants on the recognition and management of anaphylaxis.

Learning Outcomes

At the end of this programme, participants should be able to:

- define Anaphylaxis;
- discuss the epidemiology of Anaphylaxis;
- describe the presenting signs and symptoms that support recognition of Anaphylaxis;
- discuss in detail the management and treatment of Anaphylaxis;
- provide an overview of the required patient investigation and follow-up procedures.

Who Should Attend

- Registered Nurses and Registered Midwives

This **two-part** programme includes:

1. HSELand National Management of Anaphylaxis session (**online**)
2. Face-to-face Management of Anaphylaxis session (**classroom**)

Participants must complete Part 1 **within 3 weeks in advance of attending the face-to-face programme**. If the online programme is completed **MORE THAN 3 weeks** before the face-to-face programme, the applicant must retake the online programme.

Next Available Programme(s)

- Wednesday 3rd September 2025 – Waterford
- Thursday 4th September 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-78

Message Us



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Management of Epidural Analgesia in the Adult Patient

Click to Enrol



Aim

The aim of this programme is to provide evidence based education to Registered Nurses and Registered Midwives in the management and care of patients receiving epidural analgesia and to provide the skills necessary to care safely for this patient group.

Participants are required to complete all elements of this programme:

Part 1 – Attend theoretical study day in full

Part 2 – Complete required clinical competency assessments at clinical site

Learning Outcomes

At the end of this programme, participants should be able to:

- understand the principles of pain assessment, using recognised and evidence based methods and tools;
- demonstrate knowledge and understanding of patient monitoring & assessment; effectiveness of therapy and how to make changes if required;
- identification and management of side-effects and potential complications; discontinuing therapy and catheter removal;
- demonstrate the skills required to care for the epidural insertion site and how to prevent potential complications.

Who Should Attend

- Registered Nurses and Registered Midwives

Next Available Programme(s)

- Thursday 29th May 2025 – Waterford
- Thursday 2nd October 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-48

Message Us



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Management of the Adult Patient Requiring Non-Invasive Ventilation

Click to Enrol



Aim

This programme aims to provide participants with the theoretical and clinical knowledge fundamental to safe, informed and competent nursing care for patients requiring non-invasive ventilation therapy. Participants will be provided with skills training and the opportunity to practice new and existing skills using NIV devices, masks and associated equipment.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge of the pathophysiology of COPD/Type 2 respiratory failure and the impact of NIV therapy;
- describe the importance of on-going arterial blood gas monitoring and its impact on therapy settings;
- clearly articulate an understanding of the inclusion and exclusion criteria for NIV therapy including the terminology associated with NIV therapy;
- demonstrate an awareness of the cultural, social, professional responsibility associated with NIV therapy and the nursing role in patient assessment and management;
- demonstrate an understanding of NIV device modalities, features of correct mask fit, selection of appropriate tubing, need for and level of humidification and most beneficial mode for delivery of oxygen therapy.

Who Should Attend

- Registered Nurses caring for patients who require NIV therapy

Next Available Programme(s)

- Thursday 3rd April 2025 – Kilkenny

How to Enrol

- Log into HSEland and search RCNME-SE-21

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Management of the Adult Respiratory Patient Programme

Click to Enrol



Aim

The aim of this programme is to provide Registered General Nurses and Health Care Professionals with the knowledge and skills required to care for an acutely ill respiratory patient. It will combine evidence based theory and its practical application to support competent nursing assessment and care for the patient.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate knowledge of the anatomy and physiology of the adult respiratory system and apply this knowledge in the nursing assessment of the adult respiratory patient;
- describe the role of arterial blood gas monitoring (ABG) and the implications of ABG results in the management and interventions selected when caring for the adult respiratory patient;
- discuss the principles of oxygen therapy as a therapeutic intervention, including the criteria for prescribing oxygen and delivery methods;
- demonstrate knowledge of the pathophysiology and management of common respiratory conditions e.g. COPD, COVID-19, Asthma;
- name common respiratory medications and describe their role and function, including inhalers, nebulisers;
- review and discuss the role of the nurse in providing fundamental aspects of nursing assessment, planning, and implementing nursing care to the adult respiratory patient.

Who Should Attend

- Registered Nurses working in the acute health care setting

Next Available Programme(s)

- Tuesday 27th May 2025 – Wexford
- Thursday 16th October 2025 - Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-19

Message Us



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Maternity Bereavement & Loss Care Programme



Aim

The aim of this programme is to enhance participants knowledge and skills to enable them to deliver high quality, compassionate bereavement care to families who experience pregnancy loss or the death of a baby in the perinatal period.

Learning Outcomes

At the end of this programme, participants should be able to:

- recognise the importance of compassionate bereavement care for families who experience grief and loss in the perinatal period;
- identify the importance of using appropriate language and communication skills for compassionate bereavement care provision;
- acknowledge the impact that grief and loss may have on staff and identify useful measures to address self- care needs;
- discuss specific practical and bereavement care considerations for families who experience a pregnancy loss or perinatal death;
- identify resources available for continuous bereavement care and support for families;
- gain insight into practical skills for bereavement care provision including Memory Making and the use of the Cuddle Cot.

Who Should Attend

- This programme is for Registered Midwives, Registered Nurses and the multidisciplinary team who are involved in the care of families during the perinatal period.

Next Available Programme(s)

- Tuesday 4th February 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-10

National Education Programme for Antenatal Educators

Click to Enrol



Aim

This three-day **in person** programme is delivered in collaboration by the Kerry CNME, Galway CNME, RCNME Dublin & South East and Limerick CNME. It aims to educate and guide antenatal educators to develop and facilitate effective antenatal education for parents in accordance with the key principles of adult learning and in keeping with the National Standards for Antenatal Education in Ireland (HSE, 2020).

Learning Outcomes

At the end of this programme, participants should be able to:

- Design an evidence-based antenatal education programme underpinned by the six themes specific to antenatal education (Nolan, 2020);
- Use effective facilitation skills including interactive teaching and learning strategies to deliver antenatal education;
- Reflect on their own learning and teaching style and appreciate the importance of using a variety of teaching methods to appeal to different learning styles;
- Undertake a critical evaluation of an antenatal education programme and modify as required.

Who Should Attend

- HSE and HSE funded Health Care Professionals who provide antenatal education
- You must have completed the NCLC & CNME National Facilitators Education Programme (NFEP) or similar, prior to attending this course.

Next Available Programme(s)

- Monday 13th October, Tuesday 14th October and Monday 3rd November 2025 – Centre for Nursing & Midwifery Education, Limerick

How to Enrol

- For enrolment details please contact EdelM.Ryan@hse.ie

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National Facilitators Education Programme



Aim
The aim of this programme is to equip participants with the knowledge, skills, competence, confidence and attitude to facilitate other individuals attending an education session/ programme.

- Learning Outcomes**
At the end of this programme, participants should be able to:
- define facilitation and describe the key skills necessary to be an effective facilitator;
 - learn how to utilise multiple available educational resources;
 - critically discuss complementary learning activities;
 - understand how to use IT to support facilitation;
 - critically appraise group dynamics and manage diverse participant behavior ;
 - reflect upon, give and receive feedback effectively;
 - identify the strengths and challenges associated with co- facilitation;
 - evaluate adult learning including how people learn, factors that enable and inhibit learning, learning styles and multiple intelligence.

- Who Should Attend**
- Registered Nurses and Registered Midwives who facilitate education at individual or group level

- Next Available Programme(s)**
- Wednesday 5th February and Wednesday 12th February 2025 – Online
 - Tuesday 2nd September and Tuesday 9th September 2025 – Online

- How to Enrol**
- Log into HSELand and search RCNME-SE-102

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National Frailty Education Programme: Fundamentals of Frailty



Aim

The aim of the programme is to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management, and better health outcomes for older adults living with frailty.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the spectrum of frailty as a long-term condition;
- identify validated screening tools as they relate to frailty (e.g. frailty assessment, falls assessment, delirium assessment tools);
- explain the benefit of Comprehensive Geriatric Assessment in planning appropriate health promotion and care pathways to enhance outcomes for older persons living with frailty;
- discuss the significance of frailty and the impact of a gerontological approach to care;
- recognise the importance of a frailty pathway and the implication of long Patient Experience Times (PET) for the frail older adult.

Who Should Attend

- Registered Nurses, Health Care Assistants and Health & Social Care Professionals working with Older Adults

Next Available Programme(s)

- Tuesday 11th February 2024 – Wexford
- Monday 24th February 2025 – Waterford
- Tuesday 20th May 2025 – Kilkenny
- Monday 8th September 2025 – Waterford
- Tuesday 18th November 2025 – Kilkenny

How to Enrol

- Log into HSEland and search ONMSD-NAT-53_13

Message Us



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National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care



Aim

The aim of the ‘National Systemic Anti-Cancer Therapy (SACT) Competency Programme for Nurses Working in Cancer Care’ is to standardise the education and assessment of SACT administration and patient care, ensuring consistently safe and high-quality SACT practice. Upon completion of the programme, registered SACT administrators are then free to move between employers within Ireland and the UK without the need for retraining.

Learning Outcomes

- On completion of this programme, participants should be able to
- Identify the legal and professional issues related to cancer nursing;
 - Classify cancer and describe cell biology;
 - Summarise the pharmacological mechanism and action of SACT drugs;
 - Execute safe handling and administration of SACT;
 - Demonstrate skills and knowledge in the management of extravasation;
 - Describe national chemotherapy regimens and dose banding;
 - Employ prophylactic, supportive and rescue interventions in clinical practice;
 - Perform accurate patient assessment and referral where appropriate;
 - Conduct patient education and demonstrate communication skills for pre-treatment consultations;
 - Conduct telephone triage and manage findings appropriately;
 - Recognise and manage oncological emergencies;
 - Demonstrate nursing management of SACT side effects.

Who Should Attend

- Registered Nurses working in cancer care for a minimum of 3 months (attendance must be discussed with and agreed by line manager). Participants must be registered with NMBI and be on the live register for 12 months or more.
- See HSEland for all programme pre-requisites.

Next Available Programme(s)

- Wednesday 15th October and Wednesday 22nd October 2025 - Waterford/Webinar

How to Enrol

- Log into HSEland and search ONMSD-NAT-NACT-P

NCCP Cancer Education Programme for Non Specialist Nurses

Click to
Enrol



Aim

The aim of this 3-day CPD programme is to enhance the knowledge, skills and confidence of registered nurses in relation to cancer care. This will enable nurses to carry out their role in caring for patients throughout their cancer journey by:

- Promoting cancer prevention
- Providing support through their diagnosis and treatment pathway
- Promoting survivorship
- Providing psychological care
- Providing palliative and end of life care.

Learning Outcomes

On completion of this programme, participants should be able to:

- Define tumour biology and the staging of cancer;
- Describe the cancer pathway from diagnosis to treatment;
- Identify cancer treatments and the principles underpinning them;
- Recognise and manage oncological emergencies;
- Explain what Acute Oncology is and recognise its importance;
- Describe the survivorship pathway and cancer support services;
- Identify the principles of palliative care and referral process;
- Recognise the importance of effective communication;
- Illustrate the psychological needs of people with cancer;
- Collaborate as part of a group and present a case study based on a site specific cancer

Who Should Attend

- Registered Nurses

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSEland and search RCNME-SE-28

Message Us



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NCLC Clinical Leadership Programme for Clinical Nurse Managers & Clinical Midwife Managers 1 & 2



Aim

This three day programme aims to support clinical nurse managers and clinical midwife managers 1 and 2, and equivalent grades, to develop their leadership skills and knowledge through programme content and their own application of learning to practice.

Participants must attend both all three days in order to complete the programme.

Learning Outcomes

On completion of this programme, participants will have been given the opportunity to:

- learn self-care strategies for themselves and others;
- further develop their self-awareness and emotional intelligence;
- explore the concept of clinical leadership in practice;
- use clear direct communication as a leader;
- explore the management of conflict using respectful challenge;
- develop skills in leading a cohesive and effective team;
- develop their negotiation, influencing and political awareness skills.

Who Should Attend

- Clinical Nurse Managers and Clinical Midwife Managers 1 & 2, and equivalent grades

Next Available Programme(s)

- Monday 12th, Monday 19th & Monday 26th May 2025 – Waterford
- Thursday 6th, Thursday 13th and Thursday 20th November 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-132

Message Us



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NCLC Clinical Leadership Programme for Staff Nurses and Staff Midwives



Aim

This two day programme supports staff nurses and staff midwives to engage in clinical leadership development using an interactive facilitated mode of delivery. The programme aims to provide participants with the opportunity to enhance their clinical leadership confidence by recognizing their influence as clinical leaders through the development of clinical leadership competencies.

Participants must attend both day 1 and day 2 in order to complete the programme.

Learning Outcomes

On completion of this programme, participants should be able to

- understand the importance of self-awareness in clinical leadership;
- explore core values and recognise their impact on core clinical leadership;
- demonstrate personal effectiveness through communication;
- build confidence by cultivating empowerment and advocacy;
- understand the importance of decision-making to promote quality improvement;
- explore the impact of teamwork on patient/client care;
- Recognise the importance of self-care as a clinical leader.

Who Should Attend

- Registered Staff Nurses and Registered Staff Midwives

Next Available Programme(s)

- Monday 3rd March & Monday 10th March 2025 – Waterford
- Monday 29th September & Monday 6th October 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-111

Neonatal Developmental Care for Infants ≥ 28 Weeks Gestation

Click to
Enrol



Aim

The aim of this programme is to provide all staff working in neonatal units with an introduction to developmental care of the neonate ≥ 28 weeks gestation.

This programme is provided in conjunction with the Centre of Midwifery Education, Cork University Maternity Hospital and facilitated by specialists from the Neonatal Services, Cork University Maternity Hospital.

Learning Outcomes

At the end of this programme, participants should be able to:

- outline the impact of neuroprotection strategies on brain development in the infant born at ≥ 28 weeks gestation;
- discuss the importance of sensory development for the neonate;
- examine the impact of positioning and handling on the neurological development of the neonate;
- explore the aspect of family integrated care and preparing the parents/families of a preterm infant for discharge;
- implement the supportive developmental care practices when caring for a newborn in the NNU.

Who Should Attend

- Registered Nurses, Registered Midwives, NCDHs and Consultants working in Neonatal Units who provide care to Neonates.

Next Available Programme(s)

- Tuesday 11th March 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-145

Message Us



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Neonatal Neurology Outreach Programme (ISWID)



Aim

To enhance the knowledge of nurses and doctors working in the Neonatal Units within the Ireland South Women & Infants Directorate of neonatal neurological conditions and neuroprotective strategies.

This programme is provided in conjunction with the Centre of Midwifery Education, Cork University Maternity Hospital and facilitated by specialists from the Neonatal Services, Cork University Maternity Hospital.

Learning Outcomes

At the end of this programme, participants should be able to:

- based on the principles of NIDCAP, discuss the neuroprotective measures that can be utilised to maximise optimal neurodevelopmental outcomes.
- examine the criteria for Therapeutic hypothermia.
- consider the initial management and stabilization of an infant requiring Therapeutic Hypothermia.
- based on the national clinical guideline, explore the assessment and management of seizures.

Who Should Attend

- Registered Nurses, Registered Midwives, NCDHs and Consultants working in Neonatal Units who provide care to Neonates.

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSELand and search RCNME-SE-148

Message Us



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Nursing Management of the Adult Cardiology Patient



Aim

This programme aims to enable participants to expand current knowledge to support evidence based holistic nursing care of the adult cardiology patient; augment students' knowledge and appreciation of specific cardiac conditions and their manifestation in patient presentation at admission/ on the ward and particularly in the deteriorating patient and expand existing nursing skills and develop additional nursing care skills and expertise, in line with National policy and local guidelines.

Learning Outcomes

- On completion of this programme, participants should be able to
- demonstrate an awareness of the responsibility associated with caring for a patient with a cardiology condition on ward/unit/rehabilitation setting;
 - demonstrate knowledge of anatomy and physiology of the cardiac system and associated ECG rhythms;
 - complete appropriate patient assessment and identify the reasons and treatments for acute coronary syndrome, atrial fibrillation and heart failure;
 - critically review the nurses role in caring for patients and preventing complications pre and post angiogram/TR Banding;
 - describe the principles and practice of cardiac rehabilitation.

Who Should Attend

- Registered Nurses and Registered Midwives working with cardiology patients in non-specialist wards/units

Next Available Programme(s)

- Wednesday 14th May 2025 – Wexford
- Tuesday 4th November 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-18

Paediatric Advanced Life Support (PALS)



Aim

Paediatric Advanced Life Support (PALS) training provides a structured learning environment for multi-disciplinary groups to develop the skills, teamwork, and organisation necessary to effectively manage paediatric emergencies. The International accreditation awarded to successful participants is recognised widely in the healthcare service.

The PALS provider course is designed to prepare participants to identify and treat common conditions that may lead to cardiac arrest in infants and children, such as respiratory failure and shock

Who Should Attend

- The primary target audience is nurses involved in the provision of care to acutely ill infants and children.
- Participants must be registered with NMBI, have current BLS certification and complete both pre-reading and pre-programme MCQ.

Next Available Programme(s)

- Tuesday 27th May and Wednesday 28th May 2025 – Kilkenny

How to Enrol

- Log into HSELand and search RCNME-SE-41

Message Us 

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Paediatric Emergency Assessment Recognition Stabilisation (PEARS)



Aim
The PEARs provider course is designed for front-line healthcare providers who must recognise life-threatening paediatric conditions and enlist the help of advanced paediatric providers. The course focuses more on assessment and recognition than on management.

- Who Should Attend**
- For healthcare professionals who provide critical care to patients in a wide variety of settings, including in-hospital and pre-hospital locations.
 - Participants must be registered with NMBI, have current BLS certification and complete pre-course reading.

Next Available Programme(s)

- Monday 26th May 2025 – Kilkenny

How to Enrol

- Log into HSEland and search RCNME-SE-42

Perinatal Mental Health Programme for Nurses & Midwives



Aim

The aim of this programme is to enhance nurses and midwives knowledge and skills to enable them to deliver high quality, evidence based, sensitive care to women who may experience a mental health disorder during the perinatal period.

Learning Outcomes

At the end of this programme, participants should be able to:

- explain the key aspects of the Perinatal Mental Health Model of care including specific roles within the specialist Perinatal Mental Health Team;
- identify the spectrum of mental health disorders that may occur during the perinatal period;
- illustrate an understanding about the use of screening tools for perinatal mental health assessment and appropriate referral when required;
- recognise the importance of optimal communication and observation skills in practice;
- interpret the impact of fear of birth and traumatic birth experiences for women;
- describe various psychological interventions that may be useful for perinatal mental health disorders;
- recognise instances where referral for child protection concerns is required;
- identify the significance of infant mental health and how its promotion can be integrated into clinical practice.

Who Should Attend

- Registered Nurses and Registered Midwives involved in the care of women during the perinatal period.

Next Available Programme(s)

- Tuesday 27th May 2025 – Webinar

How to Enrol

- Log into HSELand and search RCNME-SE-108

Message Us



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Return to Programme Listing



Perineal Care and Repair for Midwives



Aim

This blended learning programme aims to develop Midwives’ theoretical knowledge and practical suturing skills to enable them to perform the repair of first and second-degree perineal tears following birth.

Participants will be required to complete a competency assessment document in clinical practice as part of this programme.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the anatomy and physiology of the pelvic floor;
- discuss the steps involved in performing an episiotomy;
- outline the principles involved in the assessment of and performing perineal repair;
- demonstrate evidence-based technique when performing perineal repair;
- discuss evidence-based perineal care and management in the postnatal period.

Who Should Attend

- Registered Midwives

Next Available Programme(s)

- Friday 9th May 2025 – Wexford
- Tuesday 16th September 2025 – Kilkenny
- Wednesday 1st October 2025 – Waterford
- TBC – South Tipperary

How to Enrol

- Log into HSEland and search RCNME-SE-110

Message Us



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Peripheral Venepuncture in Adults Blended Learning Programme

Click to Enrol



Aim

The aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills, attitude and competence that will enable them to safely and confidently perform the clinical skill of venepuncture for patients in their care.

Learning Outcomes

At the end of this programme, participants should be able to:

- provide a standardised approach towards the education, training and competence validation of nurses and midwives, undertaking the clinical skill of venepuncture;
- facilitate the transferability and recognition of a standardised approach to venepuncture skills acquired by nurses and midwives across the HSE/HSE funded agencies.

Who Should Attend

- Registered Nurses and Registered Midwives working in non acute services

Next Available Programme(s)

- Friday 14th March 2025 – Waterford
- Thursday 2nd October 2025 – Waterford

How to Enrol

- Log into HSELand and search ONMSD-NAT-11.3_11

Message Us



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Phase 3 Breastfeeding Skills Training

as part of the National Infant Feeding Education Programme



Aim

This programme aims to provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills

Learning Outcomes

At the end of this programme, participants should be able to:

- describe newborn behaviours that underpin establishment of breastfeeding;
- demonstrate safe skin to skin practice for vaginal and caesarean section deliveries utilising the 9 instinctive stages of the newborn;
- observe and describe instinctive baby behaviours and feeding cues and help mother to recognise them;
- identify signs of adequate milk transfer;
- help mothers to develop their skills and confidence necessary to use different breastfeeding positions utilizing both hands off/hand-on-hand approaches applying principles of positioning;
- apply effective communication skills to engage and empower mothers to effectively hand express breast milk;
- describe and demonstrate effective hand expressing techniques.

Who Should Attend

- Registered Midwives and Public Health Nurses
- Participants must complete Phase 1 and Phase 2 online modules before attending Phase 3 Breastfeeding Skills Training on the dates below

Next Available Programme(s)

- Thursday 15th May 2025 – South Tipperary
- Wednesday 8th October 2025 – Kilkenny
- Wednesday 5th November 2025 – Waterford
- Tuesday 25th November 2025 - Wexford

Search the below Module ID on HSELand

- ONMSD-NAT-52-C_12

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Preceptorship Blended Learning Programme

Click to Enrol



Aim

To facilitate participants to understand the theories of teaching, learning and assessing, and to advance their understanding of the preceptor's role in creating a quality clinical learning environment and a supportive relationship for the learner.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate in-depth knowledge of undergraduate nurse/midwife education programmes.
- understand theories of teaching, learning, assessing and their application practically.
- define the role of Preceptor and Preceptee.
- understand the domains of competence, assessment of competence and how to complete documentation to reflect level of competence achieved by individual students.
- demonstrate an excellent understanding of the key preceptor competencies, central to the role.

Who Should Attend

- Registered Nurses and Registered Midwives within clinical areas to which undergraduate nursing students are assigned.

Next Available Programme(s)

- Log into you HSELand Account and search **PIP-PROG**. Click on “Preceptorship in Practice” and enrol to complete this online module.
- Still in your HSELand Account, search one of the following:
 - **RCNME-SE-91** for General Nursing Preceptorship Workshop
 - **RCNME-SE-92** for Intellectual Disability Preceptorship Nursing
 - **RCNME-SE-93** for Mental Health Nursing Preceptorship Workshop
 - **RCNME-SE-121** for Primary Care/Community Services Preceptorship Workshop
- Click Enrol, fill in all your details and submit your request.
- You will then be contacted to attend a 3-hour face-to-face workshop
- Once you have attended the workshop, you will receive a certificate via HSELand

Message Us



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Preceptorship Update Online Programme



Aim

This 15 minute online programme will provide a **short update** for Preceptors on key areas of their role as a Preceptor.

Learning Outcomes

At the end of this programme, participants should be able to:

- demonstrate in-depth knowledge of undergraduate and postgraduate nurse/midwife education programmes;
- discuss theories of teaching, learning, assessing and argue their application practically;
- define the role of Preceptor and Preceptee and ascertain key attributes of both;
- describe the 6 domains of competence and discuss their importance in determining competence;
- demonstrate an excellent understanding of the key preceptor competencies required in this role.

Who Should Attend

- Registered Nurses and Registered Midwives within clinical areas to which undergraduate nursing students are assigned.
- Completion of the RCNME South East (or equivalent) Preceptorship Blended Learning Programme within the last 2 years.

Next Available Programme(s)

- This programme is currently available on HSELand.

How to Enrol

- Log into HSELand and search RCNME-SE-66A

Message Us



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Regional Sharps Awareness Online Programme



Aim

This presentation was developed in collaboration with the Regional Occupation Health Department and is available to all staff that currently access sharps training from Occupational Health and Infection Prevention & Control Departments in the acute hospitals UHW, WGH, SLGK and TUH.

Learning Outcomes

At the end of this programme, participants should be able to:

- define what a ‘sharp’ is;
- identify the risks associated with blood and body fluid exposure;
- articulate evidence-based preventative measures;
- identify the role of managers in preventing injury;
- describe the measures required in the case of injury.

Who Should Attend

- All staff working in acute and non-acute healthcare settings in the South East Region

Next Available Programme(s)

- This programme is currently available online via HSELand.

How to Enrol

- Log into HSELand and search RCNME-SE-35

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Return to Midwifery Practice (RTMP) Programme

Aim

The aim of the National RTMP course is to provide the participants with the opportunity to update their theoretical knowledge and clinical skills to become competent and confident registered midwives.

Learning Outcomes (please note this is not the full list)

At the end of this programme, participants should be able to:

- protect and promote the safety and autonomy of the woman and respect her experiences, choices, priorities, beliefs and values;
- protect and promote the normal physiological process of childbirth;
- practice in line with legislation and professional guidance and be responsible and accountable within their scope of midwifery practice – this encompasses the midwife's full range of activities as set out in EC Directive 2005/36/EC and the adapted definition of the midwife (ICM, 2017) as adopted by NMBI;
- apply comprehensive knowledge, skills and professional behaviours to provide safe, competent, kind, compassionate and respectful care to the woman before pregnancy, during pregnancy, labour and childbirth and in the postnatal period, and to her baby, as identified in the Scope of Nursing and Midwifery Practice Framework (NMBI, 2015);
- Work in equal partnership with the woman and her family to establish a relationship of trust and confidentiality;
- communicate and collaborate effectively with the woman and her family and with the multidisciplinary health care team;
- identify, promote, and support healthy lifestyle choices that enhance the health and wellbeing of the woman, foetus and baby;

Who Should Attend

- This course is for registered midwives returning to practice after an absence of five years or more. It has been designed to enable and support midwives to update their knowledge and clinical skills to be competent providers of midwifery care and is aligned with the Return to Midwifery Practice Courses Standards and Requirements (NMBI 2020).
- **For more information, [please visit the NMBI website by clicking here](#)**

Message Us



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Return to Programme Listing



Return to Nursing Practice (RTNP) Programme

Aim

The aim of the National RTNP programme is to facilitate participants to meet the NMBI standards and requirements of competence to return to being an active practicing member recorded on the NMBI nursing register and regain confident knowledge and update skills to provide safe, effective person-centered nursing care (NMBI, 2022).

Learning Outcomes (please note this is not the full list)

At the end of this programme, participants should be able to:

- apply knowledge, clinical skills and professional behaviours that are underpinned by the Code of Professional Conduct and Ethics (NMBI, 2021) and the Scope of Nursing and Midwifery Practice Framework (NMBI, 2015);
- gain understanding of contemporary health and social policy relevant to nursing practice;
- assess person-centered nursing needs, plan and implement interventions and evaluate outcomes;
- demonstrate appropriate safe practice in emergency situations;
- demonstrate the delivery of person-centred, high quality and safe nursing care based on a collaborative relationship with the person receiving such care;
- apply skills of effective communication, delegation, inter-disciplinary working, and team working to promote quality and safety in the health care environment;
- establish learning opportunities in practice for students and staff;
- demonstrate an appreciation for the maintenance of professional competence, and requirement to develop and enhance the capacity for self-awareness, reflection, leadership, and professional scholarship;

Who Should Attend

- Applicants must be registered or previously been registered as a nurse with NMBI.
- The education body coordinating the programme (CNMEs) determines, in consultation with AHCP's, occupational health assessments, Garda Vetting procedures and reference checks that are applicable to prospective participants prior to confirming a place (NMBI, 2022). Applicants must be returning to nursing practice following an absence of 5 years or more.
- **For more information, [visit the NMBI website by clicking here](#)**

Rhythm Recognition & Interpretation Workshop



Aim

This programme aims to support nurses to integrate empirical evidence and the knowledge and skills of ECG interpretation and rhythm recognition to provide best practices in nursing care and management of patients/ service users.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe cardiac anatomy and physiology as it relates to the electrical conduction in the heart;
- demonstrate accurate lead placement;
- identify normal components of the ECG and their measurements;
- recognize abnormal components of the ECG and their measurements;
- interpret basic cardiac rhythms, including normal sinus rhythm, sinus tachycardia, and sinus bradycardia;
- interpret rhythms related to Supraventricular tachycardia (SVT), Ectopics, Atrial fibrillation and flutter (and emboli. Stroke prevention) Heart blocks and Cardiac arrest rhythms.

Who Should Attend

- Registered Nurses and Registered Midwives

Next Available Programme(s)

- Tuesday 8th April 2025 – Waterford
- Tuesday 7th October 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-106

Message Us



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S.T.A.B.L.E® Programme



Aim
The STABLE® Programme is a tool that has been developed in the USA for the education of all levels of hospital staff in the post resuscitation care of sick infants prior to the arrival of the transport team. The course is designed for any health professional involved in the post-resuscitation and/or pre-transport care of sick newborns.

- Learning Outcomes**
- **S Stands for Sugar and Safe care** - This section covers IV therapy including fluid rates, glucose monitoring, and emergency treatment of hypoglycaemia
 - **T Stands for Temperature** - This section covers special temperature needs of infants and the detrimental effects of cold stress on infants
 - **A Stands for Airway** - This section covers evaluating respiratory distress, indications for intubation, assisting with intubation and interpreting blood gases.
 - **B Stands for Blood Pressure** - This sections covers evaluation, recognition and treatment of shock
 - **L Stands for Lab Work** - This section covers pre-transport lab evaluation, including CBC interpretation and treatment of suspected shock
 - **E Stands for Emotional Support** - This section covers the family’s emotional needs and reactions during the crisis surrounding the birth

Who Should Attend

- Any health professional involved in the post-resuscitation and/or pre-transport care of sick newborns.

Next Available Programme(s)

- Wednesday 26th March 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-60

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Stroke Care Foundation Programme

Click to
Enrol



Aim

This Stroke Care programme will provide nursing staff with knowledge to support them to care for the critically ill adult that has or is experiencing stroke. The programme focuses on the specific role of the nurse in caring for the patient in line with national stroke care policy and guidelines. It will expand nursing knowledge in relevant areas such as appropriate patient positioning and rehabilitation (physiotherapy), occupational therapy, dietetics and speech and language interventions, including swallow screening.

Learning Outcomes

At the end of this programme, participants should be able to:

- define stroke including risk factors, causes and types of stroke;
- describe the effects of stroke on patient and family, both physical and psychological;
- identify the most appropriate immediate and long-term treatment for the patient with stroke;
- understand risks and benefits associated with moving and handling, OT interventions and feeding and swallowing for this patient cohort, preventing further injury;
- demonstrate understanding of the nursing care required in providing for the ADL's of a patient with stroke.

Who Should Attend

- Registered Nurses and Health Care Assistants working in acute and non-acute care settings.

Next Available Programme(s)

- Thursday 18th September 2025 – South Tipperary

How to Enrol

- Log into HSELand and search RCNME-SE-12

Message Us



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Substance Misuse in Pregnancy Care of Mother, Developing Baby & Neonate

Click to
Enrol



Aim

The aim of this programme is intended to support midwives and nurses to effectively care for mothers and their babies where substance and alcohol use has been identified in pregnancy.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the psychosocial factors contributing to and impacted by substance and alcohol use in pregnancy;
- explain the process of screening and communicating with women in relation to substance and alcohol use and onward referral where required;
- discuss the impact of drugs and alcohol use on the pregnancy and developing baby;
- identify the availability of community services and supports and their role in caring for women who take alcohol and or substances in pregnancy;
- describe specific Midwifery care and management;
- discuss specific neonatal care and management;
- recognise mandated persons responsibilities in child protection.

Who Should Attend

- Registered Nurses and Registered Midwives who are involved in the care of women and their babies during the perinatal period

Next Available Programme(s)

- TBC

How to Enrol

- Log into HSEland and search RCNME-SE-67

Message Us



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Supporting a Person with an Intellectual Disability through Grief & Loss

Click to Enrol



Aim

People with intellectual disabilities are just as likely to experience grief and loss (both death-related and non-death) as people without intellectual disabilities. Loss can present in many forms and may include; loss of ability; loss of home; relocation; changes in routine; loss of fellow residents, friends, caregivers; or deaths of parents, siblings, and friends. Grief affects people on many different levels and can be expressed not only through language but also through moods and behaviours. Unfortunately, grief can often be unrecognised and unsupported among people with intellectual disability (Read 2014). Acknowledging grief and having adequate support is known to be a strong protective factor in the grieving process.

This programme will support nurses, social care and healthcare staff to explore the journey of grief and loss for adults with intellectual disability.

Learning Outcomes

At the end of this programme, participants should be able to:

- relate how grief theories underpin healthy grieving;
- discuss how grief can present in adults with a range of intellectual disability;
- integrate practical resources to explain death and dying;
- identify factors that may hinder the grief process;
- employ strategies to support healthy grieving;
- recognise the importance of self-care when supporting others through grief and loss.

Who Should Attend

- Registered Nurses, health and social care professionals

Next Available Programme(s)

- Thursday 23rd October 2025 – Waterford

How to Enrol

- Log into HSEland and search RCNME-SE-103

Message Us



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Uterine Involution Assessment – A Revision for Public Health Nurses and Midwives

Click to Enrol



Aim

This programme aims to provide participants with knowledge and skills to assess uterine involution in the postpartum period.

Learning Outcomes

At the end of this programme, participants should be able to:

- describe the structure and function of the uterus;
- define the normal physiological changes of the uterus in the postpartum period;
- outline the classification of postpartum blood loss;
- identify the rationale for performing uterine involution assessment;
- list the steps involved in performing uterine palpation;
- demonstrate the correct procedure for assessing uterine involution and documentation of findings;
- discuss the management and referral pathways to be followed in the event of complications, as per the guideline.

Who Should Attend

- Registered Public Health Nurses and Midwives

Participants must have completed the following before attending the classroom

- Maternal Postnatal Care in the Public Health Nursing Service Educational Programme
- Uterine Involution Theory (Online) - A Revision for Public Health Nurses and Midwives

Next Available Programme(s)

- Tuesday 13th May 2025 – Waterford

How to Enrol

- Log into HSELand and search MOD-14887-Classroom_1

Message Us



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University Hospital Waterford

Clinical Safety Updates Programme

Aim
Hospital staff require regular updates to their knowledge to promote and help embed safer working practices.

The overall aim of the clinical safety update programme is to increase awareness, and understanding of patient safety and the role of HSE employees to ensure they operate a consistent clinical safety management approach. This develops and nurtures a safety culture within the organisation inline with national and local policy, procedures, protocol and standard guidelines.

- Who Should Attend**
- Morning Session – All Staff
 - Mid Morning Session – All Clinical and Support Staff
 - Afternoon Session – Nurses and Midwives Only

- Next Available Programme(s)**
- Tuesday 21st January 2025 – Waterford
 - Tuesday 25th February 2025 – Waterford
 - Tuesday 18th March 2025 – Waterford
 - Tuesday 15th April 2025 – Waterford
 - Tuesday 20th May 2025 – Waterford
 - Tuesday 17th June 2025 – Waterford
 - Tuesday 16th September 2025 – Waterford
 - Tuesday 21st October 2025 – Waterford
 - Tuesday 18th November 2025 – Waterford
 - Tuesday 16th December 2025 – Waterford

To self-register, or to register staff from your department to attend, [please click here](#)

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Venepuncture and PIVC in Children, Infants and Neonates



Aim

The aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills, attitude and competence that will enable them to safely and confidently perform the clinical skill of venepuncture for children/infants and neonates in their care.

Learning Outcomes

At the end of this programme, participants should be able to:

- provide a standardised approach towards the education, training and competence validation of nurses and midwives, undertaking the clinical skill of venepuncture;
- facilitate the transferability and recognition of a standardised approach to venepuncture skills acquired by nurses and midwives across the HSE/HSE funded agencies.

Who Should Attend

- Registered Nurses and Registered Midwives working with children, infants and/or neonates in the acute setting.

Next Available Programme(s)

- Tuesday 11th March 2025 – South Tipperary
- Thursday 20th March 2025 – Waterford

How to Enrol

- Log into HSELand and search RCNME-SE-74

Water Immersion for Labour and Birth



Aim

The aim of this programme is to support Midwives to provide safe, evidence based care to women who choose water immersion for labour and or birth.

Learning Outcomes

At the end of this programme, participants should be able to:

- discuss the evidence in relation to the use of water immersion for labour and birth;
- recognise the importance of assessing women's suitability to use water immersion for labour and or birth;
- describe evidence based, care and management when facilitating water immersion for first, second and third stage of labour;
- identify the key steps required to care for a woman if unexpected outcomes arise while immersed in water.

Who Should Attend

- Registered Midwives

Next Available Programme(s)

- Thursday 1st May 2025 – Wexford

How to Enrol

- Log into HSELand and search RCNME-SE-74

Message Us



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Irish National Early Warning System (INEWS) V2: Nursing / NSCP Focus

The **INEWS V2** eLearning programme was developed to support the implementation of the revised NCEC NCG No. 1 INEWS V2 (2020).

Aim:

The programme aims to familiarise all nurses and HSCPs with the key elements of INEWS in clinical practice and to prepare them to be able to anticipate, recognize, escalate, respond and evaluate the management of a deteriorating non-pregnant adult

Objective:

The objective of the programme is to familiarise doctors, nurses and HSCPs with the key elements of INEWS in clinical practice while also addressing the key changes in INEWS V2.

Target Audience:

Completion of INEWS V2 education is mandatory for nurses, doctors and relevant HSCPs in the acute hospital setting

This is a 1-hour online Programme hosted in HSELand.

*Log into HSELand and search **Irish National Early Warning System (INEWS) V2: Nursing / NSCP Focus***

Introduction to Sepsis Management for Adults including Maternity

Aim:

The aim of the programme is to help the learner to effectively recognise and manage sepsis in non-pregnant and pregnant adult patients in an acute care setting.

Objective:

The objective of the programme is for the learner to understand that sepsis is a time-dependant medical emergency that requires early recognition and treatment to give the patient the best chance of survival.

Target Audience:

The programme is aimed at nurses, midwives, doctors, health and social care professionals (HSCPs) and undergraduate healthcare students working in acute care settings.

This is a 1-hour online Programme hosted in HSELand.

*Log into HSELand and search **Introduction to Sepsis Management for Adults including Maternity***

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Recognition and Management of Sepsis in Children

Aim:

The aim of this programme is to help you to effectively recognise and manage sepsis in a child in an acute care setting.

Objective:

The objective of the programme is for the learner to understand that sepsis is a time-dependant medical emergency which requires early recognition, treatment and referral to give the child the best chance of survival.

Target Audience:

All staff involved in the recognition, management and escalation of treatment for sepsis in children.

This is a 45 minute online Programme hosted in HSELand.

*Log into HSELand and search **Recognition and Management of Sepsis in Children***

Situation Awareness for Everyone (SAFE) Collaborative

Aim:

Situation Awareness for Everyone (SAFE) is a collaborative learning programme facilitated by expert RCPI faculty and clinical leads to improve interdisciplinary communication, build a safety culture and enhance outcomes for patients in Irish hospitals.

Objective:

SAFE is about facilitating teams to place safety at the forefront of every day; empowering and engaging staff to improve patient safety, anticipating and responding to risks to patient safety and reducing common causes of harm through implementation of a tailored Safety Huddle in their settings.

Target Audience:

SAFE is open to multidisciplinary teams working with any early warning system from adult, maternity, neonatal, paediatric or emergency care settings and from new or previously participating hospitals.

For further information please see the RCPI Website or contact qualityimprovement@rcpi.ie or QPS.Improvement@hse.ie



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Medication Without Harm

This programme was developed by the Irish Institute of Pharmacy in collaboration with the HSE Medication Safety Programme.

Aim:

The aim of this online training is to help you reduce severe, avoidable medication related harm by applying the concepts of Know, Check, Ask and person-centred care.

Target Audience:

The programme would be of particular interest to pharmacy, nursing, medical and other health and social care professionals.

This is a 1 hour 40 minute online Programme hosted on HSELand.

*Log into HSELand and search **Medication without Harm***

Fundamentals of Care: Pressure Ulcers

Aim:

This programme provides an overview of assessing, preventing and managing people at risk of or with existing pressure ulcers.

Target Audience:

Nurses working in acute care general hospital environments and Nursing staff in multiple clinical/community settings who may participate in caring for people at risk of/with pressure ulcers.

This is a 15 – 20 minute online Programme hosted on HSELand.

*Log into HSELand and search **Fundamentals of care: Pressure Ulcers***

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Fundamentals of Clinical Audit

This programme was developed by the National Centre of Clinical Audit

Aim:

The aim of training is to assist staff in gaining a basic understanding of the clinical audit process and how to conduct a clinical audit and/or effectively support others conducting clinical audits

Objective:

The course is designed to assist all staff to gain a good understanding of the fundamentals in clinical audit with the aim of enabling them to undertake their own successful clinical audit project.

Target Audience:

This programme is designed for anyone who wants to gain a better understanding of clinical audit and will suit those with no, minimal or some experience/familiarity of the subject matter.

For more information on this programme, please visit the [National Centre for Clinical Audit](#) webpage



Advanced Clinical Audit

This programme was developed by the National Centre of Clinical Audit

Aim:

The aim of this programme is to further develop learners clinical audit skills in healthcare.

Objective:

The course will build additional skills and knowledge that relate to delivering high quality and patient focused clinical audit. Learners should have previous experience of conducting at least one clinical audit.

Target Audience:

Those staff who lead and facilitate clinical audit programmes will benefit from the additional skills that this course offers.

This is a 1 day programme held virtually over Zoom.

For more information on this programme, please visit the [National Centre for Clinical Audit](#) webpage



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Clinical Audit Action Hour

This programme was developed by the National Centre of Clinical Audit

Aim:

The aim of 'Clinical Audit Action Hour' webinars, is to provide attendees with the knowledge and skills necessary to effectively conduct clinical audits.

Objective:

The goal is to enhance the participants' understanding of clinical audit methodology and equip them with the tools to improve the quality and safety of patient care in their respective healthcare settings.

Target Audience:

These webinars are ideal for healthcare professionals, clinical auditors and anyone participating in or supporting clinical audit.

These webinars are 1 hour in duration and held virtually over Zoom.

For more information on these webinars, please visit the [National Centre for Clinical Audit](#) webpage



Introduction to Human Factors

Aim:

The aim of this resource is to introduce you to what we mean by 'Human Factors' and give you an appreciation of how it can help us to improve well-being and make our practices and healthcare systems safer.

Objective:

The course will help the participant understand what is meant by Human Factors and the relevance of human factors in healthcare.

Target Audience:

This programme is suitable for everyone, staff, patient partners and students.

This is a 20 minute online Programme hosted on HSELand.

*Log into HSELand and search **Introduction to Human Factors***

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Simulation in Healthcare

Healthcare simulation is a modern method to train healthcare professionals. Simulation can be used to improve performance to lead to better patient outcomes and safer care. Simulation provides opportunities for standardised clinical experiences and offers a safe environment to learn and practice safely. Simulation is useful for learning as an individual or within a team and can be used for mastering practical or technical procedures and non-technical skills, such as communication and leadership. Simulation supports human factors approaches to improving the quality of care.

The National Simulation Office (NSO) facilitates, supports and provides leadership to a collaborative group who will inform the shared strategic priorities for the office. The NSO's mission is to embed valued and sustainable high-quality simulation activities in healthcare organisations that support the development of competence in the individual, high performance in the inter-professional team and an organisational culture of patient safety and quality improvement.

For more information please contact

Professor Dara Byrne, National Clinical Lead for Simulation, National Simulation Office.

Email: sim.office@hse.ie

Website: <https://www.hse.ie/eng/about/who/national-simulation-office/>



Safeguarding Adults at Risk of Abuse

This programme was developed by the National Safeguarding Office

Aim:

This programme will aim to support the learner to recognise, respond and report safeguarding concerns regarding adults at risk of abuse.

Objective:

The programme will help participants understand the different types of abuse, recognise when abuse may be happening and know how to respond to safeguard the person at risk of abuse.

Target Audience:

This module is required for staff working in all HSE and HSE funded services for Older Persons and services for Persons with Disability, with refresher training required every 3 years.

This is a 1 hours online Programme hosted on HSELand.

*Log into HSELand and search **Safeguarding Adults at Risk of Abuse***

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Getting Started with you Literature Review

This programme was developed by the HSE National Library Services

Aim:

The aim of this workshop is to explore the steps needed in undertaking a literature search

Objective:

Topics covered will include developing a focused question, identifying appropriate sources to search and planning a search strategy. It will also cover options for managing the results you find and recording the search process.

Target Audience:

HSE staff and authorised users of the HSE Library Service who are undertaking a literature review as part of an academic course, developing a PPPG or who just want to search for literature in a more systematic way.

This is a 2 hour programme held virtually.

For more information on this programme, please visit the [HSE Library](#) website



Common Errors in the Search Process for Systematic Reviews

This programme was developed by the HSE National Library Services

Aim:

The aim of this presentation is to highlight some of the common errors made in the conducting and reporting of the search process by those undertaking systematic reviews and how these can be avoided.

Objective:

The goal of this programme is to help the participant understand the role of the search in a systematic review and to learn some of the common errors made and how these errors may be avoided.

Target Audience:

HSE staff and authorised users of the HSE Library Service who are conducting systematic searches for an academic course or publication.

This is a 1 hour programme held virtually.

For more information on this programme, please visit the [HSE Library](#) website



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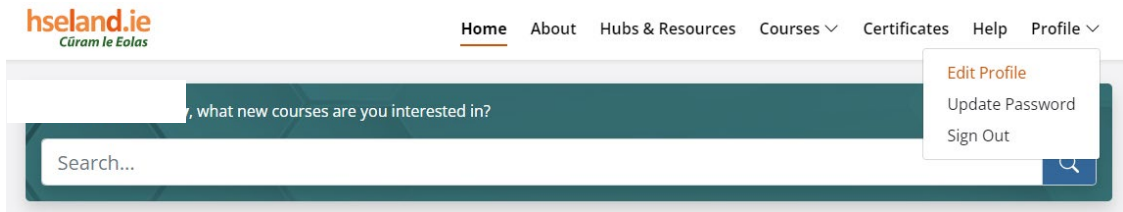
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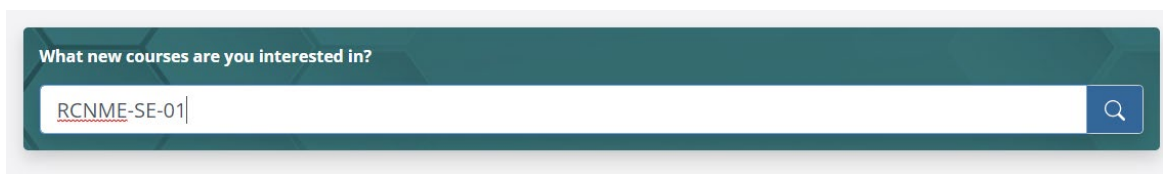


How to Enrol for Programmes

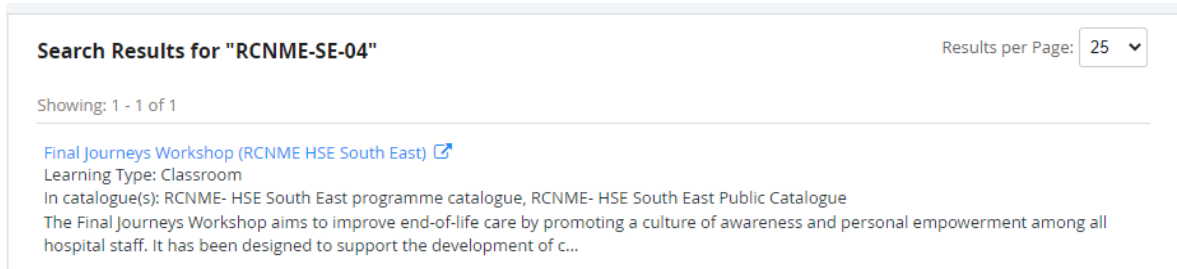
- 1 Navigate to www.hseland.ie, login and ensure that your profile is up to date



- 2 Each Programme is designated a Module ID – you will see the Module ID on each programme descriptor. Use this Module ID to search for the programme in HSELand



- 3 In the search results, click on the programme title to see all the programme details and available sessions



If you are unable to see the programme in the search results, it means that your work location is not up to date in your profile. Your work location must reflect where you are now employed within the HSE South East

- 4 Review the details of the programme and click **Enrol** for the relevant session

- 5 Fill in your details as requested and click **Submit Request**

Each individual must enrol using their unique HSELand Username and Password.

Please note that places cannot be reserved or held via email to the RCNME Team

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Indicate Your Interest

If the programme you wish to attend has no active session scheduled, you may indicate your interest to attend by following the steps below. Once a session is scheduled, you will then be notified.

- 1 Follow the steps on “How to Enrol for a Programme”. If there is no active session scheduled, there will be an option to indicate your interest

Support Contact:

[Click here to indicate your interest in taking this course...](#) ?



Session(s): Sorry, but this course does not have an active scheduled session!

- 2 In the space provided, please enter your details (job title, service/hospital) and click **Save**

Indicate Interest in

Programme

You can indicate your interest in this course here, including a set of preferred dates for taking this, if appropriate.

Comment (max. 255 characters)

Save

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Please note that indicating your interest is not the same as enrolling for a programme and does not guarantee you a place on a programme.

Indicating your interest in attending a programme ensures that you will receive information on the next scheduled session only.

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Location

Our team is based in Confederation House, Waterford Business Park, Cork Road, Waterford with satellite offices in Kilkenny and Cashel.

We are responsible for the education needs of all nurses and midwives, across all disciplines, in Carlow, Kilkenny, South Tipperary, Waterford and Wexford.

While our remit is large, we always aim to meet identified needs and work with services to produce the most effective education programmes possible.

See our location below - click the map for directions or scan the QR code with your mobile device.



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Disclaimer for the Provision of Education and Training by the Centre of Nursing & Midwifery Education

Attendance and/or participation in the above programme which is provided by, or on behalf of, the Health Service Executive (HSE) are subject to the following terms and conditions.

- This programme is developed solely for the purposes of the HSE's requirements in the interests of protecting the health of the public in respect of the knowledge and training of nurses, midwives and other healthcare staff who are engaged in a clinical environment (whether public and/or private).
- In light of these purposes, this programme is intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/or the practical application of certain skills and competencies.
- It is the individual responsibility of each practitioner to assess and maintain his/her own competence in respect of any situation and to assess the limitations of his/her competence. This programme is not intended to affect, interfere with or limit a person's individual responsibility to practice safely and effectively within his/her scope of practice and in accordance with any local policies, guidelines and/or protocols which may exist.
- The HSE shall have no liability, whether in contract, tort or otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person's attendance and/or participation in this programme including, but not limited to, the subject matter thereof and/or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/demonstrations, web based learning tools or any other instruction or materials provided as part of this programme (the "Materials"), howsoever arising.
- Any materials provided by the HSE as part of this programme are provided for information and guidance purposes only. The HSE makes no representation assurance, warranty or guarantee of any kind whatsoever in relation to the materials. The provision of the materials is without prejudice to the obligation of persons attending and/or participating in this programme to continually develop themselves as professionals, where applicable.
- These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/or participating in this programme.



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HSE Dublin and South East

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Ionad Réigiúnach um Oideachas Altraí &
Cnáimhseachais FnaSS An Deisceart (Thoir Theas)

Regional Centre for Nurse & Midwifery
Education HSE South (South East)