EMPOWERING SELF AND OTHERS: CLINICAL LEADERSHIP PROGRAMME FOR STAFF NURSES AND STAFF MIDWIVES

Participant Information for Potential Applicants

Unlocking Leadership Potential.....
Empowering Self and Others: Foundation Programme for Staff Nurses and Staff Midwives

Is this programme relevant to me as a staff nurse or staff midwife?

Every nurse and midwife is a clinical leader regardless of their role, grade or position. As a staff nurse or staff midwife, you demonstrate leadership knowledge and skills as you care and advocate for patients and their families. You provide leadership as you role model high standards in clinical practice and guide students and junior colleagues to become highly skilled professionals. Therefore this clinical leadership foundation programme is extremely relevant to you and it will support you to further develop your clinical leadership skills and knowledge. This is a wonderful opportunity for you to invest time in yourself so that you embark on a lifelong personal and professional leadership journey.

What will I learn?

During the programme you will be supported to develop your clinical leadership competencies by actively engaging with an online Clinical Leadership Competency ePortfolio (CLCeP). You will engage with a Work Based Group Activity to facilitate you to apply your learning to practice and further develop your leadership capacity. You will also have the opportunity to collaborate with other participants to create a peer support network that can be sustained thereby creating a potential shared learning forum into the future. The programme has been designed and developed to help you reflect and explore:

- What is clinical leadership and its relevance to your role
- How to develop self and others
- Building and maintaining relationships
- Roles, Responsibility, Authority and Accountability
- Decision making processes
- Understanding teams and optimizing their effectiveness
- Your role in Quality and Safety
- How to apply your learning to your practice
**How is the Programme Structured?**

The programme is delivered over 2.5 days. The first 2 days are delivered together and the final half day is delivered after 4 to 6 weeks to provide time for you to apply your learning to practice by completing a small work based group activity.

**Day 1**
- Introduction to Clinical leadership
- Self Awareness: *Let it begin with me*
- Advocacy: *Clinical Leaders – Advocacy for all*
- Empowerment: *Empowering oneself and others in Healthcare*

**Day 2**
- Quality and Safety: *Leading Better, Safer Care*
- Effective Decision Making
- Communication: *Effective engagement with others*
- Team Work: *Working together for optimal performance*

**Day 3 (Half Day)**
- Shared learning from work based group activity feedback

**Is the programme approved by NMBI?**

Yes, the programme has NMBI Category 1 approval (13 Continuing Professional Units)

**What do I need to do before attending the programme?**

- You need to register on HSELaND and familiar yourself with the Clinical Leadership Competency ePortfolio (CLCeP). You can do this by observing the CLCeP Video Clip and reviewing the navigation video and user guide on the CLCeP site (on HSELaND)
- You are also required to have completed the ‘assess’ and ‘plan’ stage of the self awareness competency. This will provide a foundation for you to build on as you commence your leadership programme.