



'My happy place is my bedroom .. I love it...'
(Anon)

A new approach to bed prescription

Anne Spencer CNM1

Lorraine Ledger ADON

Grainne Bourke DON

My Role

- Extends to Residential Houses, Day Services and Respite Units
- Review of Day Services – focus on adequate bed provision
- Undertake Individual Bed Reviews on Request
- Offer Bed Reviews in all Residential Houses
 - All service users beds are assessed in conjunction with staff members
- Co-ordinate the Bed Prescription Team within SMH
- Work with PHN's and other members of the community team to prescribe profiling beds for service users, post install follow up and education
- Liaise with medical equipment suppliers and local bed suppliers/manufacturers
- Provide information resources e.g. for purchasing standard beds

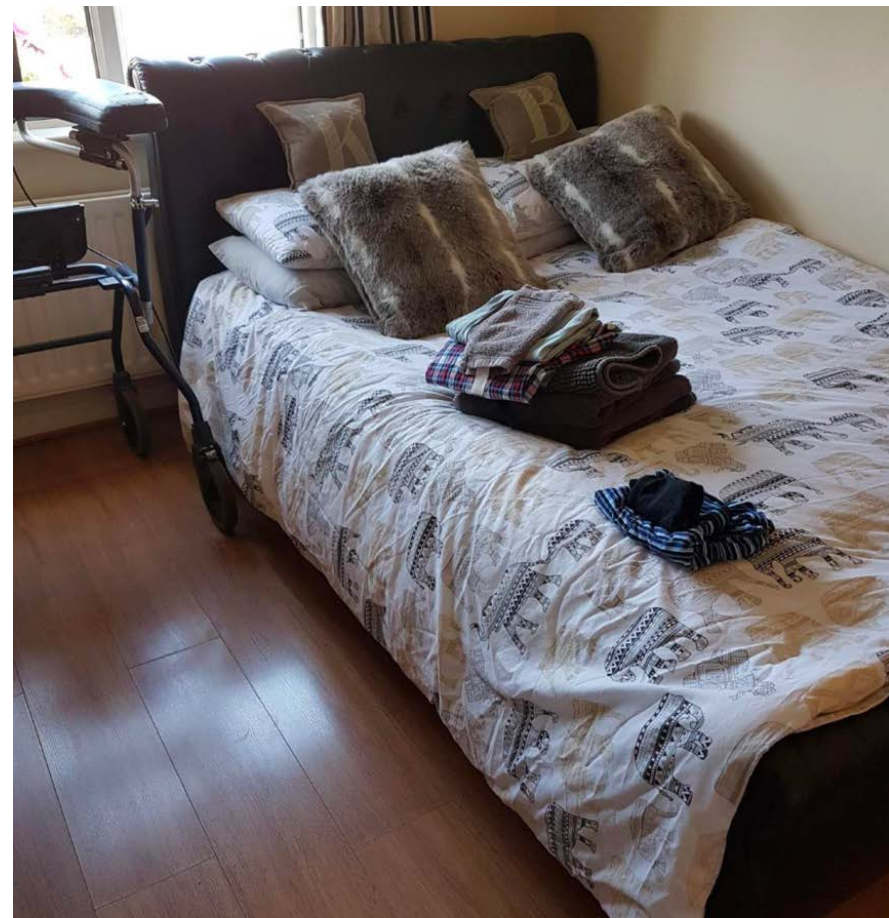




About Me – Ensuring A Person Centred Approach

- Understand my healthcare needs both physical and psychological
- Appreciate the problems/challenges I face each day for example issues associated with **incontinence**, **ageing**, **frailty**, **falls (including bone health – osteoporosis osteopenia)**, **reduced skin integrity**, **seizures** – these represent my changing health care needs
- What type of bed / mattress should I have that suits my holistic needs?
- Where should my bed be situated in my room?
- Bed linen/special pillows etc.

Most Importantly It Is About Me!



A Case Study:



Changing Care Needs = Changing Room



A new bed design

Service Improvements & Innovations



'About Me'

I am unique, I am special,

I am me



....sleep is the golden chain that ties wellbeing and our bodies together....

I would like to acknowledge the help and support of:

- Colleagues within the occupational therapy and physiotherapy departments within St Michael's House
- The NMPDU for sharing and supporting our vision
- Colleagues in the community
- And most importantly the service users

Contact: anne.spencer@smh.ie www.smh.ie

