CENTRE FOR NURSING AND MIDWIFERY EDUCATION TEAM DUBLIN NORTH EAST

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It is with great pleasure that the HSE Dublin North East Centre for Nursing & Midwifery Education (CNME) team present their 2019 Education Prospectus. The CNME has two educational rooms, one based in the Mellifont Unit on the grounds of St. Brigid’s Complex, Ardee, Co. Louth and one in St. Davnet’s Complex, Monaghan. However due to the volume of training provided, we access other venues across the counties of Louth, Meath, Cavan and Meath. Our activity levels increased significantly throughout 2018 with over 2400 attendees accessing programmes across all specialties. Whilst many of our programmes are listed within this prospectus, additional programmes are organized throughout the year as educational needs are highlighted by different services. These additional educational days are advertised via the intranet and by directly contacting services. The CNME also have a twitter account which we encourage you to follow and we circulate a newsletter twice annually outlining the education which has occurred in the previous six months.

Our CNME aims to offer a broad variety of professional learning and development opportunities for you to maintain your professional competence. However if there is a specific need for a bespoke programme in your service, please discuss this matter with your practice development coordinator or your director of nursing or midwifery who can liaise with the CNME team and we will source the relevant expertise and create the programme that your service requires.

In the planning, delivery and evaluating of our educational programmes, the CNME works collaboratively with the following services and organisations:

- Office of the Nursing & Midwifery Services Director (ONMSD)
- Nursing / Midwifery Planning and Development, HSE DNE (NMPD)
- National Learning and Innovation Centre HSE
- Directors of Nursing and Midwifery / Service Managers
- Regional Nurse Practice Development coordinators
- National Association of Directors of Centres for Nursing & Midwifery Education
- Nursing & Midwifery Board of Ireland (NMBI)
- Office of the Chief Nurse, Department of Health
- St. John of God North East Services
- Dundalk Institute of Technology

Many coordinators and facilitators from clinical practice across all specialties also participate in the planning and delivery of our programmes and the CNME team wishes to acknowledge the invaluable contribution of all those involved.

The prospectus is only available electronically this year and it will be circulated to all services via directors of nursing/midwifery and practice development coordinators. It will also be available on the HSE.ie website.

We look forward to welcoming you to our educational programmes throughout 2019.

Mairead McGahon
Interim Director
On behalf of Centre for Nursing and Midwifery Education Team Dublin North East, Louth, Meath, Cavan & Monaghan
MISSION STATEMENT

The Education team of the Centre for Nursing & Midwifery Education, HSE Dublin North East is committed to the development and delivery of education programmes for Registered Nurses and Midwives across all specialties to support service delivery. Our programmes assist in the ongoing maintenance of clinical competence and promote the delivery of evidence based person-centred care. We are also committed to supporting and advancing the learning needs of all other service personnel within the context of contemporary health care.

Objectives of the Centre
1. Develop Nurses, Midwives and Healthcare professional’s capacity for independent critical thinking and lifelong learning in response to service needs.

2. Provide educational programmes in line with the National Framework of Qualifications that leads to personal and professional growth, development and competence in practical and technical skills in the nursing management and care of patients.

3. Make a contribution to the knowledge and skills of healthcare professionals which in turn has a positive influence in the economic and social health of society in general and of the HSE region served by the Centre.

4. Collaborate and co-operate with other professional bodies in achieving the objectives of the Centre.

5. Provide the highest quality of standards in education and training that is evidence based and which supports best practice.

ACCESSING PROGRAMMES

When you identify a programme appropriate to your service and your professional development needs that you would like to attend, please:

- Discuss with your line manager with regard to support and attendance.
- On agreement of choice with your line manager, follow the guidelines of ‘how to apply’ for each programme. Photocopy and complete the application form attached. Please note different application procedures apply to some programmes.
- Include your full employee number (see your payslip) as this will be your unique identifier. This is needed in order to ensure your Continuing Professional Development is captured on the HSE internal computer system.
- Please provide an email address for ease of communication. If a personal email is provided, this will only be used to communicate with you in relation to the applied programme. The email address is then be deleted.
- Please also provide a mobile number so that it is possible to contact you in the unlikely event of a programme been cancelled at short notice. This will be stored on the CNME hard drive and only be used to communicate with you in relation to the applied programme. Your mobile number is deleted once the educational day/s are completed.
- Insert your NMBI Pin if you are a registered nurse or midwife

Incomplete application forms will be returned, and only on receipt of the completed form will the applicants name be forwarded for the applied programme.

Please do not turn up to attend our programmes if you are not registered as it may be necessary to refuse admittance on your arrival if the maximum number of attendees has been reached and your name is not on the list.
The Library Services

The HSE North East Regional Library & Information Service is available to all HSE employees in the region. As well as our website www.hselibrary.ie, there are a number of physical libraries located in the three main acute hospitals. These libraries offer a variety of additional resources including journals, books, reports and reference material. Subject areas include Medical, Nursing, Mental Health, Allied Health and management/financial information.

A full range of online resources is available including our online journals database (Ebsco A-Z full text finder)

*Cinahl  *Uptodate
*Medline    *Clinical Key
*Psychology and  *Royal Marsden Manual of
*Behavioural database *Clinical Nursing Procedures
*BMJ learning

Library Resources:
Internet/wifi Access       Photocopying and Printing
Inter Library Loan Service Literature searches training and assistance
Online and print Journals
Book catalogue available via http://hsenelibrary.heritage4.com/

Library staff can both advise and carry out searches for relevant literature or assist with literature Searches. Our library email is: library.olol@hse.ie

Customised Training
The HSE Regional Library Service provides individual and departmental training sessions in information retrieval. We can also design and deliver a training programme to meet your information needs.

www.hseland.ie
HSELanD.ie is an online learning portal created and contains over 130 online educational programmes. It is available to all Healthcare Professionals working in the HSE but can also be accessed if you work within the Voluntary Hospital Sector. HSELanD.ie provides courses and learning resources for Healthcare workers in both hospital and community health settings and can be accessed via the Internet at work or at home. HSELand.ie also provides access to information hubs, various resources and assessment and planning tools to support you in your personal and professional development.

ACCESS TO COMPUTERS:
To assist you to access programmes on www.hseland.ie please note that there is a computer suite situated in the CNME in both Ardee and Monaghan.

To book a time slot in the CNME in Monaghan please contact:
Eileen Mullan  
Centre for Nursing & Midwifery Education,  
St. Davnet’s Complex, Monaghan  
Phone: 047-95383 Fax: 047-77028, Email: eileen.mullan@hse.ie

To book a time slot in the CNME in Ardee please contact:  
Ms. Marian Crosby,  
Centre for Nursing & Midwifery Education,  
St. Brigid’s Complex, Ardee, Co. Louth.  
Phone: 041-6850679 Fax: 041-6850669 : marian.crosby@hse.ie
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PLEASE NOTE: THERE ARE A SIGNIFICANT NUMBER OF OTHER PROGRAMMES WHICH WILL BE DELIVERED IN 2019 WHEN DATES ARE FINALISED. THESE INCLUDE:

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- OROPHYNGEAL SUCTIONING
- PREPARING FOR HIQA – COMMUNITY SETTINGS
- PRECEPTORSHIP FOR STUDENTS IN COMMUNITY SETTINGS
- AN INTRODUCTION TO COGNITIVE BEHAVIOUR THERAPY
- FAMILY THERAPY

THESE PROGRAMMES WILL BE ADVERTISED VIA THE INTRANET AND CIRCULATED BY EMAIL TO ALL DIRECTORS OF NURSING.
BASIC LIFE SUPPORT PROGRAMME (A) HEALTHCARE PROVIDERS PROGRAMME
EVENT NO 72200148

On successful completion participants are issued with a registration card / certificate from the Irish Heart Foundation.

Aim
To provide staff with the skills to save lives of victims in cardiac arrest through high quality cardiopulmonary resuscitation (CPR).

Following completion of this programme it is anticipated that the participant will have achieved the following learning outcomes:

- Activate the chain of survival
- Perform prompt, high quality CPR with C-A-B sequence (adult/child/infant)
- Initiate early use of an Automated External Defibrillator (AED)
- Provide appropriate breaths
- Practice the minor basic life support (BLS) differences for children and adults
- Practice team CPR (adult/infant)
- Relieve foreign body airway obstruction in the responsive and unresponsive victim (adult/child/infant)

Note: As it is necessary to ensure that all aspects of this programme is provided to all participant’s, latecomers may not be admitted to join the class if it has already commenced. Participants are advised to wear loose comfortable clothing.

Targeted Groups
Registered Nurses, Midwives, Doctors and Healthcare Providers working in a hospital or community setting.

Irish heart foundation instructors who provide programmes on behalf of the CNME.

Ms. Cathy Tobin, Regional Centre for Nursing & Midwifery Education.
Ms. Mary Reilly, Regional Centre for Nursing & Midwifery Education.
Ms. Mairead McGahon, Regional Centre for Nursing & Midwifery Education.
Mr. Gavan Sweeney, Louth/Meath Disabilities Service
Ms. Noreen Culhane, Louth/ Meath Disability Services.
Ms. Imelda Beagan, Monaghan Disability Services.
Mr. Gareth McKenna, Cavan/Monaghan Disability Services.
Mr. Liam Wallace, Cavan/Monaghan Disability Services.
Ms. Pauline Carolan, St. John of Gods North East
Ms. Ruth Higgins, St. John of Gods North East
Ms. Olive Taggart, St. John of Gods North East
Mr. John Curran, St. John of Gods North East
Mr. Graham Malone, Cavan/Monaghan Mental Health Services.
Ms. Angela Deery, Cavan/Monaghan Mental Health Services.
Mr. Paul McLoughlin, Cavan/Monaghan Mental Health Services.
Ms. Teresita Cumiskey, Cavan/Monaghan Mental Health Services.
Ms. Irene Kerr, Cavan/Monaghan Mental Health Services.
Ms. Ann Courtney, Cavan/Monaghan Elderly Services.
Ms. Annmarie Campbell, Cavan/Monaghan Elderly Services.
Ms. Helena O’Reilly, Cavan/Monaghan Elderly Services.
Ms. Jenny Smyth, Cavan/Monaghan Elderly Services
Ms. Johanna O’Connor, Meath Community Services.
Ms. Michelle Corley, Monaghan Primary Care Services.
**How to Apply**

*Photocopy and complete the application form and submit to:*

Eileen Mullan  
Centre for Nursing & Midwifery Education,  
St. Davnet’s Complex, Monaghan  
Phone: 047-95383 Fax: 047-77028, Email: eileen.mullan@hse.ie

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<th>Venue</th>
<th>Time</th>
<th>Closing Date</th>
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<td>5 Feb</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9am – 1.30pm</td>
<td>29 Jan</td>
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<td>26 Mar</td>
<td>½ Day</td>
<td>CNME, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9am – 1.30pm</td>
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<td>CNME, St. Davnet’s Complex, Monaghan.</td>
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<td>9am – 1.30pm</td>
<td>7 May</td>
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<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9am – 1.30pm</td>
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<td>11 June</td>
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<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9am – 1.30pm</td>
<td>4 June</td>
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<td>12 June</td>
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<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9am – 1.30pm</td>
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<tr>
<td>18 June</td>
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<td>Conference Room, CGH, Cavan.</td>
<td>9am – 1.30pm</td>
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<td>28 June</td>
<td>½ Day</td>
<td>CNME, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9am – 1.30pm</td>
<td>21 June</td>
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<tr>
<td>8 Aug</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9am – 1.30pm</td>
<td>1 Aug</td>
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<td>28 Aug</td>
<td>½ Day</td>
<td>CNME, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth.</td>
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<tr>
<td>12 Nov</td>
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<tr>
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<td>26 Nov</td>
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BASIC LIFE SUPPORT (BLS) PROGRAMME – (B) HEARTSAVER ADULT AED

EVENT No: 72502048

On successful completion participants are issued with a registration card/certificate from the Irish Heart Foundation.

**Aim**

To provide staff with the skills to save lives of victims in cardiac arrest through high quality cardiopulmonary resuscitation (CPR).

**Following completion of this programme it is anticipated that the participants will have achieved the following learning outcomes:**

- Activate the chain of survival
- Perform prompt, high quality CPR with C-A-B sequence (adult/child)
- Initiate early use of an Automated External Defibrillator (AED)
- Provide appropriate breaths using barrier devices
- Relieve foreign body airway obstruction in the responsive and unresponsive victim (adult/child)
- Perform the recovery position

**Note:** As it is necessary to ensure that all aspects of this programme are provided to all participant’s, latecomers may not be admitted to join the class if it has already commenced. Participants are also required to wear loose comfortable clothing.

**Targeted Groups**

All Support & Admin Staff

**Irish heart foundation instructors who provide programmes on behalf of the CNME.**

Ms. Cathy Tobin, Regional Centre for Nursing & Midwifery Education.
Ms. Mary Reilly, Regional Centre for Nursing & Midwifery Education.
Ms. Mairead McGahon, Regional Centre for Nursing & Midwifery Education.
Mr. Gavan Sweeney, Louth/Meath Disabilities Service
Ms. Noreen Culhane, Louth/Meath Disability Services.
Ms. Imelda Beagan, Monaghan Disability Services.
Mr. Gareth McKenna, Cavan/Monaghan Disability Services.
Mr. Liam Wallace, Cavan/Monaghan Disability Services.
Ms. Pauline Carolan, St. John of Gods North East
Ms. Ruth Higgins, St. John of Gods North East
Ms. Olive Taggart, St. John of Gods North East
Mr. John Curran, St. John of Gods North East
Mr. Graham Malone, Cavan/Monaghan Mental Health Services.
Ms. Angela Deery, Cavan/Monaghan Mental Health Services.
Mr. Paul McLoughlin, Cavan/Monaghan Mental Health Services.
Ms. Teresita Cumiskey, Cavan/Monaghan Mental Health Services.
Ms. Irene Kerr, Cavan/Monaghan Mental Health Services.
Ms. Ann Courtney, Cavan/Monaghan Elderly Services.
Ms. Annmarie Campbell, Cavan/Monaghan Elderly Services.
Ms. Helena O’Reilly, Cavan/Monaghan Elderly Services.
Ms. Jenny Smyth, Cavan/Monaghan Elderly Services
Ms. Johanna O’Connor, Meath Community Services.
Ms. Michelle Corley, Monaghan Primary Care Services.
How to Apply

Photocopy and complete the application form and submit to:

Eileen Mullan
Centre for Nursing & Midwifery Education, St. Davnet’s Complex
Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

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<td>CNME, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth.</td>
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<td>27 Aug</td>
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<tr>
<td>17 Oct</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan</td>
<td>9am – 1pm</td>
<td>10 Oct</td>
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<tr>
<td>7 Nov</td>
<td>½ Day</td>
<td>CNME, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9am – 1pm</td>
<td>31 Oct</td>
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<tr>
<td>12 Dec</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan</td>
<td>9am – 1pm</td>
<td>5 Dec</td>
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INFECTION CONTROL UPDATE IN COMMUNITY SETTINGS
EVENT NO: 72203928
Category 1 approved by Nursing and Midwifery Board of Ireland /An Bord Altranais agus
Cnáimhseachais na hÉireann 5 CEUs

Aim
To build on and develop knowledge so that participants will be up to date with best
practice on Infection Prevention & Control.

Following completion of this programme, it is anticipated that the participant will have
achieved the following learning outcomes:

● Revise basic microbiology
● Review their current knowledge in relation to the prevention of Healthcare associated
  infections in the clinical area. This would include reviewing the guidelines on, hand
  hygiene, standard precautions and transmission based precautions
● Examine best practice guidelines in relation to decontamination of reusable patient
equipment
● Discuss the 2009 SARI guidelines in respect of MRSA
● Improve awareness of common organisms that may be responsible for healthcare
  associated infections e.g. C. Difficle & Norovirus
● Review current guidelines

Targeted Groups
All health care workers in Community Settings

Co-ordinator
Mairead McGahon, Interim Director, RCNME

Facilitator
Noeleen Hallahan, CNM2, Infection Prevention & Control, Louth Primary & Social Care
Services.

How to Apply
Photocopy and complete the application form and submit to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee,
Co. Louth. Phone: 041-6850679 Fax: 041-6850669 : marian.crosby@hse.ie

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<td>2 Apr</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am-4.30pm</td>
<td>23 Feb</td>
</tr>
<tr>
<td>8 May</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am-4.30pm</td>
<td>1 May</td>
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<tr>
<td>18 Sept</td>
<td>1 Day</td>
<td>Ferdia Room, Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am-4.30pm</td>
<td>11 Sept</td>
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SCHOOL IMMUNISATION PROGRAMME
EVENT NO: 72203774
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 4 CEUs

Aim
To provide HSE nurse/midwife vaccinators with the knowledge and skills required to administer immunisations under medication protocols through the schools vaccination programme.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Describe what is a Medication Protocol
- Manage the administration of vaccinations and potential complications should they occur
- Identify policies and procedures for the administration of vaccinations under medication protocols
- Explain the importance of standard precautions in relation to vaccination
- Critically discuss the legal aspects relating to vaccinations and medication protocols

Targeted Groups
Registered Nurses and Midwives who are currently in practice in the School Vaccination Programme as nominated by Director of Nursing/Midwifery/Public Health Nursing

Co-ordinator/Facilitator
Mairead McGahon, Interim Director, RCNME

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669 : marian.crosby@hse.ie

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<tr>
<td>27 Aug</td>
<td>3 hrs</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>10.00am – 1.00pm</td>
<td>20 Aug</td>
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<tr>
<td>28 Aug</td>
<td>3 hrs</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>10.00am – 1.00p.m</td>
<td>21 Aug</td>
</tr>
<tr>
<td>TBC</td>
<td>3 hrs</td>
<td>Kells, Co. Meath</td>
<td>10.00am - 1.00p.m</td>
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</table>
DEMENTIA – ENHANCING PERSON CENTRED CARE IN THE ACUTE CARE SETTING

EVENT NO: 72205976

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 4 CEUs

Aim
To raise awareness of the needs of the person with dementia who present at the acute hospital setting and to enhance the participants knowledge and skills necessary to care for the person living with dementia in a person centred way.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Understand the experience of the person with dementia in the acute hospital environment
- Describe dementia and its impact on each individual, relating to dementia as a disease, a behaviour, a disability or a human experience and the implications that has upon practice
- Analyse their own role in bringing about change that promotes a sense of personhood in people with dementia and a culture of person centred care.
- Recognise Delirium
- Enhance skills in the assessment of people with dementia
- Demonstrate the effective use of communication skills that will promote personhood in people with dementia and allow their views and opinions to be heard
- Describe approaches to supporting the person with dementia in the acute hospital setting

Targeted Groups
All staff in the acute hospital setting

Co-ordinator:
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Regional Facilitators:
Ms. Michelle Carville, Our Lady of Lourdes Hospital, Drogheda.
Ms. Indu Thomas, Cavan/Monaghan Elderly Services.
Ms. Ciara English, Louth County Hospital, Dundalk.

How to Apply
Photocopy and complete the application form and submit to:
Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex, Monaghan
Phone: 047-95383 Fax: 047-77028, Email: eileen.mullan@hse.ie

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<th>Date</th>
<th>Duration</th>
<th>Venue</th>
<th>Time</th>
<th>Closing Date</th>
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<tbody>
<tr>
<td>14 Feb</td>
<td>½ Day</td>
<td>St. Teresa’s Building, OLOLH, Drogheda.</td>
<td>9am – 1pm</td>
<td>7 Feb</td>
</tr>
<tr>
<td>21 Feb</td>
<td>½ Day</td>
<td>Conference Room, CGH, Cavan.</td>
<td>9am – 1pm</td>
<td>14 Feb</td>
</tr>
<tr>
<td>16 Oct</td>
<td>½ Day</td>
<td>Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9am – 1pm</td>
<td>9 Oct</td>
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</table>
DEMENTIA - ENHANCING PERSON-CENTRED CARE IN THE PRIMARY CARE SETTING - NATIONAL PROGRAMME
EVENT NO: 72207104
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann CEUs pending

Aim
To provide Participants with an overview of the issues in caring for the person living with Dementia in the community and promote an interdisciplinary approach

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Identify the different kinds of Dementia
- Discuss issues faced in primary care when supporting the person living with dementia
- Demonstrate an understanding of Responsive Behaviours
- Identify person Centered approaches that may assist the person and their families to live well with Dementia

Targeted Groups
All staff in the Primary care setting

Co-ordinator:
Ms. Cathy Tobin, Postgraduate Education Co-ordinator RCNME

Regional Facilitators:
Ms. Michelle Carville, Our Lady of Lourdes Hospital, Drogheda.
Ms. Indu Thomas, Cavan/Monaghan Elderly Services.
Ms. Ciara English, Louth County Hospital, Dundalk.

No of Places: 15

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<tr>
<td>05 Mar</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9.30am - 1pm</td>
<td>26 Feb</td>
</tr>
<tr>
<td>10 Apr</td>
<td>½ Day</td>
<td>Setanta Room, Regional Education Centre, St. Brigid’s Complex, Ardee.</td>
<td>9.30am - 1pm</td>
<td>3 Apr</td>
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<tr>
<td>14 May</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9.30am - 1pm</td>
<td>7 May</td>
</tr>
<tr>
<td>10 Sept</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9.30am - 1pm</td>
<td>3 Sept</td>
</tr>
<tr>
<td>13 Nov</td>
<td>½ Day</td>
<td>Conference Room, CGH, Cavan.</td>
<td>9.30am - 1pm</td>
<td>6 Nov</td>
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</table>
NATIONAL DEMENTIA PROGRAMME  
EVENT NO: 72204100

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 16 CEUs

Aim
To provide participants with the knowledge, skills and attitudes required to deliver high quality person centred care to the person with dementia, their families and their carer’s.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Explain the impact of the progression of dementia has on a person, their families and social network
- Recognise the impact the environment has on a person with a dementia and their carers’
- Identify the main principles, concepts and methods of communication with the person with dementia
- Identify and respond creatively to changes in behaviour
- Explore and support partnerships between the person with dementia, family and care givers
- Recognise and understand the need for palliative care for people with dementia
- Identify ways of approaching effective and collaborative teamwork to improve dementia care

Targeted Groups
All staff caring for people with dementia

Co-ordinator
Ms. Cathy Tobin, Postgraduate Education Co-ordinator RCNME

Regional Facilitators
Ms. Michelle Carville, Our Lady of Lourdes Hospital, Drogheda.
Ms. Indu Thomas, Cavan/Monaghan Elderly Services.
Ms. Ciara English, Louth County Hospital, Dundalk.

No of Places: 25
Participants must attend both Days

How to Apply:
Photocopy and complete the application form and submit to:
Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex, Monaghan
Phone: 047-95383 Fax: 047-77028  Email: eileen.mullan@hse.ie

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<tr>
<td>18 Apr/02 May</td>
<td>2 Days</td>
<td>Conference Room, Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9am – 4.30pm</td>
<td>11 Apr</td>
</tr>
<tr>
<td>10 Oct/24 Oct</td>
<td>2 Days</td>
<td>Cavan Innovation Centre, Cavan</td>
<td>9am – 4.30pm</td>
<td>3 Oct</td>
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</table>
PALLIATIVE CARE NEEDS ASSESSMENT GUIDANCE MODULE

EVENT NO: 72205777

Category 1 Approved by Nursing and Midwifery Board of Ireland / An Bord Altanais agus Cnáimhseachais na hEireann 11 CEU’s & Royal College of Physicians of Ireland 15 CREDITS.

This CPD Recognition is accepted by all Irish Postgraduate Training Bodies.

Aim

To enable Health and Social Care Professionals undertake a holistic assessment and build a picture of patient and family needs and strengths to ensure people with life limiting conditions experience the best quality of life.

Using a practice development (PD) approach participants will learn to facilitate work based learning to support cultures of person-centered palliative care (PC) within their organisations.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Application of the PC philosophy and principles when caring for PC patients and their families.
- Understand the purpose of a holistic palliative care needs assessment.
- Development of facilitation skills for workplace learning.
- Understand the process of developing a common vision for PC using PD.
- Reflect on how the levels of PC apply to clinical/care areas.
- Develop person-centered cultures to build/sustain consistency of care approach.
- Identify the key principles of sensitive conversations.
- To develop action plan to support colleagues in the workplace when undertaking a needs assessment for PC.

Targeted Groups:

All Health and Social Care Professionals and Health Care Assistants from all disciplines with an interest in PC to promote PC principles and assessment of need within their workplace. This programme uses a blended learning approach with attendance at two full day face to face workshops and two compulsory online learning modules.

Participants must attend both Days

Co-ordinator:

Mairead McGahon, Interim Director, RCNME

Facilitators: Palliative Care Needs Assessment Facilitators

How to apply - Photocopy and complete the application form and return to:

Ms. Marian Crosby,
Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

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<tr>
<td>26 Mar/ 9 Apr</td>
<td>2 Days</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.00am – 4.00p.m.</td>
<td>5 Mar</td>
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<tr>
<td>16/30 Jul</td>
<td>2 Days</td>
<td>Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00am – 4.00p.m.</td>
<td>28 Jun</td>
</tr>
<tr>
<td>5/19 Nov</td>
<td>2 days</td>
<td>Cavan Innovation Centre, Cavan</td>
<td>9.00am – 4.00p.m.</td>
<td>22 Oct</td>
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</table>
PALLIATIVE CARE EDUCATION FOR ALL HEALTH CARE ASSISTANTS
EVENT NO: 72502036

Aim
To provide Health Care Assistants with the knowledge and skills to carry out the care of a patient with advanced disease.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
- Knowledge of the care of a person with advanced disease
- Understand the emotional issues a person with advanced disease experiences
- Knowledge on the care for a person who is dying
- Understand the needs of relatives when a person is dying

Targeted Groups
Health Care Assistants in all care settings

Co-ordinator
Ms. Mairead McGahon, Interim Director, RCNME

Facilitator
HSE Specialist Palliative Care Team

No of Places
Minimum number of 12 participants for this programme to be delivered.

How to apply
Photocopy and complete the application form and return to:

Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

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<tr>
<td>11 Jun</td>
<td>1 Day</td>
<td>Cavan General Hospital</td>
<td>9.00am-4.00p.m.</td>
<td>4 Jun</td>
</tr>
<tr>
<td>22 Oct</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00am-4.00p.m.</td>
<td>15 Oct</td>
</tr>
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</table>
**HACCP LEVEL 2 – HAZARD ANALYSIS AND CRITICAL CONTROL POINTS TRAINING**

**EVENT NO**

**Aim**

To provide healthcare staff with the principles of food hygiene, the hazard and critical control points and allergy awareness.

*Following the programme it is anticipated that the participants will have achieved the following learning outcomes:*  
- To increase awareness of food safety  
- To understand implications of food contamination  
- To analysis hazards and critical control point concerning food  
- Recognise importance of personal hygiene, cleaning and disinfection  
- To increase awareness of food safety laws

**Targeted Groups**

All staff working who are involved in the purchasing, handling, cooking and service of food.

**No. of Places:** Maximum of 16 Participants

**Co-ordinator**

Ms. Mairead McGahon, Interim Director, RCNME

**Facilitator**

Independent service provider

**How to apply**

*Photocopy and complete the application form and return to:*

Eileen Mullan  
Centre for Nursing & Midwifery Education,  
St. Davnet’s Complex, Monaghan  
Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<td>30 May</td>
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<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am – 4.00pm</td>
<td>23 May</td>
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<tr>
<td>6 June</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30am – 4.00pm</td>
<td>30 May</td>
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<tr>
<td>3 Sept</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30am - 4.00pm</td>
<td>27 Aug</td>
</tr>
<tr>
<td>15 Oct</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am – 4.00p.m.</td>
<td>8 Oct</td>
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</table>
NUTRITION WORKSHOP
EVENT NO

Aim
To promote an understanding of the importance of nutrition for healthcare staff working in intellectual disability services.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- To gain an understanding of good nutrition and the effects of poor nutrition.
- To have an awareness of how to read food labels.
- Discuss meal ideas and explore the significance of portion size
- Discuss how manage problems such as constipation with food solutions

Targeted Groups
All healthcare staff working in intellectual disability services

No. of Places: Maximum of 20 Participants

Co-ordinator
Ms. Mairead McGahon, Interim Director, RCNME

Facilitators
Edel Russell Senior Dietitian - Monaghan
Independent service provider Louth programmes

How to apply
Photocopy and complete the application form and return to:
Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex, Monaghan
Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<tr>
<td>20th March</td>
<td>5 hours</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>10 am – 3.30</td>
<td>13th March</td>
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<tr>
<td>16th April</td>
<td>3 ½ hours</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30 – 1pm</td>
<td>9 April</td>
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<tr>
<td>25th Sept</td>
<td>5 hours</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>10 am – 3.30</td>
<td>18th Sept</td>
</tr>
<tr>
<td>TBC- Autumn</td>
<td>3 ½ hours</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
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</table>
EMPOWERING SELF AND OTHERS: A CLINICAL LEADERSHIP FOUNDATION PROGRAMME (2.5 days) FOR STAFF NURSES AND STAFF MIDWIVES (programme developed by the HSE National Leadership and Innovation Centre)

Aim
The aim of the programme is to support participants to recognize and build on their clinical leadership knowledge, skills and competencies using a process of interactive facilitative learning, leading to personal and professional leadership development.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
- How to develop self and others
- Leading team achievement
- Building and maintaining relationships
- Resolving conflict
- Learning to delegate
- Innovative problem solving
- Embracing change
- Adapting to cultural difference

Targeted Groups
Staff nurses and staff midwives in all healthcare services

Participants are requested to register on HSELand and familiarise themselves with the Clinical Leadership competency ePortfolio (CLCeP) and complete the assess and plan stage of the self-awareness competency. This will provide a foundation which will be built upon during the programme.

Facilitators
This is a joint initiative between members of the HSE National Leadership and Innovation Centre, Nursing & Midwifery Planning & Development DNE and Centre of Nurse and Midwifery Education team DNE.

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

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<tr>
<td>Spring – dates to be confirmed</td>
<td>2 Full days ½ day</td>
<td>To be confirmed</td>
<td>9.00 – 4.30 09.00 – 12.30</td>
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<tr>
<td>Autumn – dates to be confirmed</td>
<td>2 Full day ½ day</td>
<td>To be confirmed</td>
<td>9.00 – 4.30 09.00 – 12.30</td>
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</table>
MANUAL & PEOPLE HANDLING OPERATIVE TRAINING (MOVING & HANDLING OF PATIENTS/CLIENTS)

Learning Outcomes
At the end of the training, participants will have received the necessary knowledge and skills of safer moving and handling to comply with the provisions of the Safety, Health and Welfare Act, 2005, the Safety Health and Welfare at Work (General Application) Regulations 2007 and best practice.

Content
- Policy Review
- Risk Assessment
- Review & Practice Principles of Safer Moving & Handling
- Practical Skills Demonstration (to include Animate & Inanimate)

Targeted Groups
This half day programme is for all HSE employees who as part of their work activities are involved in the moving and handling of patients/clients. Participants must have successfully completed the E-learning theoretical component on HSELandD prior to undertaking this practical session.

Co-ordinator
Ms. Cathy Tobin, Postgraduate Education Co-ordinator RCNME

Facilitator:
Regional facilitators

Maximum no of places 15

How to Apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669 : marian.crosby@hse.ie

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<tr>
<td>9 Apr</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-1.00p.m.</td>
<td>2 Apr</td>
</tr>
<tr>
<td>22 May</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-1.00p.m.</td>
<td>8 Mar</td>
</tr>
<tr>
<td>11 Sept</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-1.00p.m.</td>
<td>28 Aug</td>
</tr>
<tr>
<td>02 Oct</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-1.00p.m.</td>
<td>18 Sept</td>
</tr>
<tr>
<td>20 Nov</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-1.00p.m.</td>
<td>6 Nov</td>
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ANAPHYLAXIS IN PRIMARY CARE
EVENT No: 72203937

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 4 CEUs

Aim
To enable participants to develop and update their theoretical knowledge and practical skills in responding to adults, children and infants who may suffer an anaphylactic reaction.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
● Recognise the physiological response of the body in an anaphylactic reaction
● Recognise the signs and symptoms of an anaphylactic reaction in adult, child and infant
● Demonstrate preparing and drawing up the appropriate drugs
● Discuss Royal College of Physicians in Ireland National Immunisation Guidelines

Targeted Group
Registered Nurses, Midwives and Doctors and Healthcare Providers working in a hospital or community setting.

Please note if you have previously attended the 3hr Anaphylaxis programme, you do not need to attend a classroom based programme again - a refresher programme is available for you on www.hseland.ie

Co-ordinator
Ms. Mairead McGahon, Interim Director, RCNME

Facilitators
Ms. Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Number of Places: 12

How to Apply
Photocopy and complete the application form and submit to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669 : marian.crosby@hse.ie

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<tr>
<td>3 Sept</td>
<td>3 Hours</td>
<td>Unit 7 Business Park, Kells</td>
<td>9.30 am – 1.30 pm</td>
<td>27 Aug</td>
</tr>
<tr>
<td>4 Sept</td>
<td>3 Hours</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30 am – 1.30 pm</td>
<td>28 Aug</td>
</tr>
<tr>
<td>5 Sept</td>
<td>3 Hours</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30 am – 1.30 pm</td>
<td>29 Aug</td>
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</table>
Aim
To enhance the skills of nurses and midwives in critical thinking, and problem solving, which will then equip them to applying the principles of “Guidance for Nurses and Midwives on Medication Management” (ABA 2007) into practice and putting strategies in place to prevent medication errors.

Following completion of this blended learning programme it is anticipated that the participant will have achieved the following learning outcomes:

- Understanding of the nurses & midwives role in relation to medication management
- Discuss and explore polypharmacy
- Identify sources of information on medication
- Discuss and explore legislation in relation to medication safety
- Discuss HIQA standards and how they apply in practice
- Identify challenges and discuss in groups new management methods.

Targeted Groups
Registered nurses and midwives

Co-ordinator/Facilitator
Mairead McGahon, Interim Director, RCNME

Maximum no of places 15

How to Apply
Photocopy and complete the application form and return to:
Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex, Monaghan,
Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<tbody>
<tr>
<td>9 May</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-4.00p.m.</td>
<td>2 May</td>
</tr>
<tr>
<td>13 June</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30a.m.-4.00p.m.</td>
<td>6 June</td>
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SYRINGE PUMP EDUCATION MODULE ON CME MCKINLEY T34

Category 1 approved by Nursing and Midwifery Board of Ireland An Bord Altranais agus Cnámhseachais na hÉireann 4CEU’s

Aim

This programme will enable participants consider their knowledge, declare their competency and accept accountability for safe/skilled practice in the care/management of medications via subcutaneous infusion in the CME McKinley T34 Syringe Pump (T34 Syringe Pump) for patients who are in receipt of palliative care.

Following this programme it is anticipated the participants will have achieved the following learning outcomes:

- Understand patient autonomy in relation to receiving medications via the T34 Syringe Pump & discuss legal/professional responsibilities and issues relating to administration of medication.
- List common medication and medication combinations suitable for use in the T34 Syringe Pump and explain practical pharmaceutical information relating to dilution, compatibility and stability.
- Calculate drug doses and opioid conversions for medications used in the T34 Syringe Pump.
- Critically evaluate and document care given to the patient with a T34 Syringe Pump.
- Effectively communicate and provide information for patients/family in relation to the syringe pump.
- Plan the safe transfer/discharge between care settings of patients with the syringe pump in situ.

Programme emphasis will be on experiential learning including active engagement with the T34 Syringe Pump, enabling participants, assimilate new knowledge into existing practice.

Targeted Groups

This programme is suitable for healthcare professionals involved with the care/management of patients in receipt of PC who are receiving medications via the T34 Syringe Pump. Must have read and understood the HSE North East Guideline for the Administration of Medication by the Continuous Subcutaneous Route using the CME Mc Kinley T34 Syringe Pump in Duration Mode Lock -on 24 hour.

Co-ordinator: Mary Reilly, Midwifery Specialist Co-ordinator, RCNME

Facilitators: Palliative Care Team and Facilitators

How to Apply:
Photocopy and complete the application form and submit to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669
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<tr>
<td>26 Feb</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30am-1.00p.m</td>
<td>21 Feb</td>
</tr>
<tr>
<td>30 May</td>
<td>½ Day</td>
<td>Claremont Stadium, Navan, Co. Meath</td>
<td>9.30am- 1.00pm</td>
<td>23 May</td>
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<tr>
<td>20 June</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, Ardee, Co. Louth</td>
<td>9.30am-1.00p.m</td>
<td>13 June</td>
</tr>
<tr>
<td>19 Sept</td>
<td>½ Day</td>
<td>Conference room, Cavan General Hospital</td>
<td>9.30am- 1.00pm</td>
<td>12 Sept</td>
</tr>
<tr>
<td>21 Nov</td>
<td>½ Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda, Co. Louth</td>
<td>9.30am-1.00p.m</td>
<td>14 Nov</td>
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</table>
EATING DISORDERS WORKSHOP
EVENT NO: 72203926

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 7 CEUs

Aim
To offer professionals guidance on how to recognise and seek appropriate help for people of all ages who present with an eating disorder

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

● Recognise signs and symptoms of eating disorders
● Discuss appropriate risk and medical assessments
● Describe early intervention strategies
● Examine strategies to enhance the clients motivation to seek help
● Discuss how to take a history for an eating disorder presentation
● Explore appropriate referral pathways

Targeted Group
Health Professionals in primary care and mental health services

Co-ordinator
Mairead McGahon, Interim Director, RCNME

Facilitator
Ms. Caroline Larmer, C.N.S. Child & Adolescence Service DNE

Number of Places: 15

How to Apply
Photocopy and complete the application form and submit to:

Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex.
Monaghan
Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<td>Centre For Nursing &amp; Midwifery Education, St.Davnets Complex, Monaghan</td>
<td>9.30am – 4pm</td>
<td>27 Feb</td>
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<tr>
<td>09th Oct</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am – 4pm</td>
<td>2 Oct</td>
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THE IMPACT OF PARENTAL MENTAL ILLNESS – INFORMING FAMILY BASED PRACTICE
EVENT NO: 72204352

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 5 CEUs

Aim
To provide participants with the knowledge skills and attitudes required to make appropriate interventions and promote wellbeing in families where there is parental mental illness

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Understand the challenges where 30-35% of adult mental health service users are parents
- Recognise the impact of parental mental illness on the whole family
- Develop knowledge and skills to effectively support families
- Understand current research in the area of parental mental illness
- Identify local resources available for families with parental mental Illness

Targeted Group
Community based professionals providing a service to families where a parent has a mental illness. This programme would be of use to Nurses, Doctors, Psychologists, Social Workers, Occupational Therapists, Speech and Language Therapists

Co-ordinator
Mairead McGahon, Interim Director, RCNME

Facilitator
Fiona Coyle, Senior Social Worker

How to apply
Photocopy and complete the application form and return to:

Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex,
Monaghan
Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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WELLNESS RECOVERY ACTION PLAN (WRAP) LEVEL 1
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 13 CEU’s

WRAP is a structured programme which helps people to create a personalised recovery plan using wellness tools and action plans to achieve a self directed wellness vision despite life’s challenges.

Aim
This programme introduces Participants to the basic concepts of WRAP and provides them with opportunities to gain an understanding into the practise and principles of WRAP. It also is an opportunity to develop your own WRAP.

Learning Outcomes:
At the end of the training Participants will have:
- Learnt about the history of WRAP
- The ethics and values of WRAP
- The structure of WRAP
- Become familiar with the materials/workbook
- Begun the process of developing their own WRAP

Target Group:
Nursing Staff and all Health Professionals working in all areas of health and in particular mental health services

Number of Places: Maximum 12 participants

Co-Ordinator/Facilitator:
Helen McCrarren, Senior Social Worker, Cavan/Monaghan Mental Health Services
Rose Marie Murphy Assistant Director of Nursing Louth/Meath Mental Health Services

How to apply:
Photocopy and complete the application form and return to:
Monaghan Programmes
Centre for Nursing & Midwifery Education, St. Davnet’s Complex, Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

Louth Programmes
Rose Marie Murphy
ADON
St. Brigid’s Complex
Ardee
Co. Louth
Email: rosemarie.murphy@hse.ie

Date | Duration | Venue | Time | Closing Date
---|---|---|---|---
30 Sept/7 Oct | 2 Days | Centre for Nursing & Midwifery Education, St. Davnet’s Complex, Monaghan | 9.00 a.m.-5.00p.m. | 23 Sept
5 Apr/12 Apr | 2 Days | Regional Educational Centre, St. Brigid’s Complex, Ardee, Co. Louth. | 9.00 a.m.-5.00p.m. | 29 Mar
3 Oct/11 Oct | 2 Days | Regional Educational Centre, St. Brigid’s Complex, Ardee, Co. Louth. | 9.00 a.m.-5.00p.m. | 26 Sept
DIABETES IN PREGNANCY- NATIONAL DIABETES PROGRAMME FOR MIDWIVES
EVENT NO: 72202740
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 7.5 CEU’s

Aim
To provide registered midwives with the knowledge and skills to provide optimal care for women with diabetes mellitus and their babies during pregnancy, labour and the postpartum period.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Recognise the role of the midwife as a member of the wider multi-disciplinary team
- Describe the anatomy and physiology of the endocrine system and the pathophysiology of pre-existing and gestational diabetes mellitus
- Describe the epidemiology of diabetes including incidence, morbidity and mortality
- Discuss the preconception counseling needs for women with Type 1 and Type 2 diabetes mellitus
- Outline the principles of nutritional advice for women with diabetes
- Describe the endocrine and obstetric management of diabetes mellitus
- Discuss the role of the midwife in providing midwifery care to women with pre-gestational and gestational diabetes mellitus and their babies
- Demonstrate equipment and calculate insulin regimes

Targeted Group: Registered midwives
Recommended pre-course reading: Guidelines for the Management of Pre-gestational and Gestational Diabetes Mellitus from Pre-conception to the Postnatal period. HSE (2010), Dublin. Diabetes in pregnancy: management from pre-conception to the postnatal period (NICE, 2015)

Number of places – Minimum of 10 required for this programme

Co-ordinator
Mary Reilly, Midwifery Specialist Co-ordinator, RCNME

Facilitators:
Dr. Thomas B. Ahern - Consultant Endocrinologist, Ms Siobhan Hackett – ANP
Dr. Vineta Ciprike, Obstetric Consultant, Ms Joan Early – Senior Dietician
Ms Anne James, Specialist Midwife
Ms Linda Matthews- CNS Diabetes

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth Phone: 041-6850679 Fax: 041-6850669

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<td>1 Day</td>
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<td>8.00a.m.-4.30p.m.</td>
<td>23 Apr</td>
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<td>25 Jun</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes, Drogheda</td>
<td>8.00a.m.-4.30p.m.</td>
<td>18 Jun</td>
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Aim
The aim of this programme is to explore and develop the common skills required to maintain a professional midwifery standard. Participants will be guided to develop the skills that are associated with researching, problem solving, critical thinking and clinical reasoning using a problem based approach to learning.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Identify and summarise the key skills that are required for midwifery practice
- Identify areas in your practice that you need to further research
- Enhance skills in relation to finding the evidence
- Be able to debate the evidence in relation to current professional practice
- Develop a personal action plan for future practice

Targeted Groups
Registered Midwives

Co-ordinator
Ms. Mary Reilly, Midwifery Specialist Co-ordinator, RCNME

Facilitators
Ms. Mary Reilly, Midwifery Specialist Co-ordinator, CNME
Ms. Jean Harrison, Regional Librarian
Ms Dympna Lynch, Librarian

How to Apply:
Photocopy and complete the application form and submit to:

Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669

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<td>11 Mar</td>
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<td>RCSI Room, Cavan General Hospital, Cavan</td>
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<td>4 Mar</td>
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<tr>
<td>21 Mar</td>
<td>1 Day</td>
<td>Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00a.m.-4.30p.m</td>
<td>14 Mar</td>
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INTRAPARTUM FETAL HEART MONITORING WORKSHOP
EVENT NO: 72206183

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altanais agus
Cnáimhseachais na hEireann 6.5 CEU’s

Aim
To provide attendees with up to date evidence on fetal heart rate monitoring

Following completion of this programme, it is anticipated that the participant will have
achieved the following learning outcomes:

- Have the ability to critically discuss continuous versus intermittent fetal heart rate
  monitoring
- Have the ability to correctly identify the features of a cardiotocograph (CTG)
- Use the correct terminology to classify cardiotocograph
- Demonstrate an understanding of acid base balance
- Adhere to best practice when documenting CTG’s

Targeted Groups
Registered Midwives, Obstetric Doctors working in a hospital

Co-ordinator
Ms. Mary Reilly, Midwifery Specialist Co-Ordinator, RCNME

Facilitators
Ms. Mary Reilly, Midwifery Specialist Co-ordinator, RCNME
Ms. Grainne O Connor, Risk Advisor
Ms. Siobhan Hackett, ANP, Neonatology
Dr. Olufemi Akinlabi Paediatric Registrar
Ms Laura Muckian, CMM2

How to Apply:
Photocopy and complete the application form and submit to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee,
Co. Louth. Phone: 041-6850679 Fax: 041-6850669

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<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.00a.m.-4.30p.m</td>
<td>28 Mar</td>
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<tr>
<td>9 May</td>
<td>1 Day</td>
<td>Conference Room, Cavan General Hospital</td>
<td>9.00a.m.-4.30p.m</td>
<td>2 May</td>
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<tr>
<td>3 Oct</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.00a.m.-4.30p.m</td>
<td>26 Sept</td>
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<td>17 Oct</td>
<td>1 Day</td>
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<td>9.00a.m.-4.30p.m</td>
<td>10 Oct</td>
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<tr>
<td>28 Nov</td>
<td>1 Day</td>
<td>Conference Room, Cavan General Hospital, Cavan</td>
<td>9.00a.m.-4.30p.m</td>
<td>21 Nov</td>
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COMMUNICATION AND DOCUMENTATION FOR MIDWIVES

EVENT NO

Category 1 approval by An Bord Altanais agus Cnáimhseachais na hEireann 6.5 CEU’s

Aim

To provide health care professionals with the opportunity to explore knowledge, skills and attitudes within the area of communication and consider the changes in documentation practice that are coming in relation to the introduction of the national MN CMS project.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Develop a greater understanding of what effective communication is
- Identify how personality type affects communication using Myers-Briggs Typeset Indicator (MBTI)
- Critically monitor, analyse and adjust communication behaviour to enhance engagement
- Communicate effectively in a professional environment using relevant tools
- Understand the requirements of good documentation skills in relation to NMBI requirements and the emergence of the MN CMS.

Targeted Groups
Staff and student midwives

Minimum of 10 required for this programme

Co-ordinator
Ms. Mary Reilly, Midwifery Specialist Co-Ordinator, RCNME

Facilitators
Ms. Mary Reilly, Midwifery Specialist Co-Ordinator, RCNME
Ms. Thelma Pentony, Training Specialist, HSE HR

Photocopy and complete the application form and submit to:
Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669

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<td>11 Apr</td>
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<td>21 May</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.00a.m.-4.30p.m</td>
<td>14 May</td>
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WOMEN’S SEXUAL HEALTH FOR MIDWIVES

Category 1
Approval by An Bord Altanais agus Cnáimhseachais na hEireann 3.5 CEU’s

Aim

To provide health care professionals with the opportunity to update knowledge, skills and attitudes within the area of sexual health

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Distinguish between the different types of sexually transmitted infections (STI’s) with an understanding of the epidemiology
- Recognise the screening and surveillance in relation to STI’s
- Critique the multidisciplinary approach to patient care within the area of sexual health with consideration for the communication and interpersonal skills required
- Plan the management of care pathways around the area of sexual health using the “Rainbow Guidelines”

Targeted Groups

Registered and student midwives Public health nurses and community nurses

Co-ordinator

Ms. Mary Reilly, Midwifery Specialist Co-ordinator, RCNME

Facilitator

Ms. Clio Milne, CNM2 Sexual Health
Ms. Mary Reilly, Midwifery Specialist Co-ordinator, RCNME

Photocopy and complete the application form and submit to:

Ms. Marian Crosby, Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth. Phone: 041-6850679 Fax: 041-6850669

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<td>½ day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00 – 12.30</td>
<td>8 May</td>
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MIDWIVES SUPPORTING NORMALITY

EVENT NO:
Category 1 approval by An Bord Altanais agus Cnáimhseachais na hEireann 12 CEU’s

Aim
To provide attendees with up to date evidence around supporting normality in pregnancy and birth and to facilitate practical skills used by midwives to support normality.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:
- Describe the philosophy of Midwifery
- Identify the evidence around normality
- Discuss the relationship hormones play in the physiology of pregnancy and birth
- Determine the barriers to practice
- Develop techniques to practice normality

Targeted Groups:
Registered midwives

Co-ordinator
Ms. Mary Reilly, Midwifery Specialist Co-Ordinator, RCNME

Facilitators
Ms. Mary Reilly, Midwifery Specialist Co-Ordinator, RCNME
Ms. Kate Vallely, Midwifery Practice Development Facilitator
Ms Patricia B Hughes, Nurse and Midwife Expert

Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

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<td>9.00a.m 4.30p.m</td>
<td>20 Mar</td>
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<tr>
<td>26/27 Sept</td>
<td>2 Days</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, co. Louth</td>
<td>9.00a.m 4.30p.m</td>
<td>19 Sept</td>
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NEONATAL UPDATE FOR MIDWIVES

Category 1 approval by An Bord Altanais agus Cnáimhseachais na hEireann 6.5 CEU's

Aim
To provide up-to-date evidence that enables the midwife to initiate appropriate care of neonates who become unwell/require certain treatments in the early neonatal period, and involve the appropriate members of the multidisciplinary team in a timely fashion. This up-to-date guidance will be based on national and international evidence, while encouraging midwives to be cognisant of local guidelines in their respective areas of clinical practice.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Recognise any deviations from adaption to extrauterine life and initiate appropriate timely care for neonates who become unwell/require certain treatments in the early neonatal period by involving the appropriate members of the multidisciplinary team

Indicative Content:

- Differentiating seizure activity versus jitteriness in the neonate
- Management of jaundice on the postnatal ward
- Neonatal abstinence syndrome: Understanding the Finnegan score
- Thermal management: Practice issues
- Hypoglycaemia: Physiology and practical issues
- Feeding issues: Weight gain, fluid requirements

Targeted Groups
Registered midwives, student midwives
Co-ordinator
Ms. Mary Reilly, Midwifery Specialist Coordinator, RCNME
Facilitators
Ms. Siobhan Hackett, ANNP
Ms Mary Tobin, CMM2
Ms Maura Day, CMM1
Dr Emma Gordon, Consultant Neonatologist
Dr Ireti Farombi, Consultant Neonatologist
Claire Toher, Dietician
Lactation Midwives

Photocopy and complete the application form and submit to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669

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<td>1 May</td>
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<tr>
<td>13 November</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.00a.m.-4.30p.m</td>
<td>6 November</td>
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PALLIATIVE CARE NEEDS ASSESSMENT GUIDANCE MODULE
EVENT NO: 72205777
Category 1 Approved by Nursing and Midwifery Board of Ireland / An Bord Altanais agus Cnáimhseachais na hEireann 11 CEU’s & Royal College of Physicians of Ireland 15 CREDITS.
This CPD Recognition is accepted by all Irish Postgraduate Training Bodies.

Aim
To enable Health and Social Care Professionals undertake a holistic assessment and build a picture of patient and family needs and strengths to ensure people with life limiting conditions experience the best quality of life.
Using a practice development (PD) approach participants will learn to facilitate work based learning to support cultures of person-centered palliative care (PC) within their organisations.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Application of the PC philosophy and principles when caring for PC patients and their families.
- Understand the purpose of a holistic palliative care needs assessment.
- Development of facilitation skills for workplace learning.
- Understand the process of developing a common vision for PC using PD.
- Reflect on how the levels of PC apply to clinical/care areas.
- Develop person-centered cultures to build/sustain consistency of care approach.
- Identify the key principles of sensitive conversations.
- To develop action plan to support colleagues in the workplace when undertaking a needs assessment for PC.

Targeted Groups:
All Health and Social Care Professionals and Health Care Assistants from all disciplines with an interest in PC to promote PC principles and assessment of need within their workplace. This programme uses a blended learning approach with attendance at two full day face to face workshops and two compulsory online learning modules.

Participants must attend both Days

Co-ordinator:
Mairead McGahon, Interim Director, RCNME

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

Facilitators: Palliative Care Needs Assessment Facilitators

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<tbody>
<tr>
<td>26Mar/9Apr</td>
<td>2 days</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.00a.m 4.00p.m</td>
<td>5 Mar</td>
</tr>
<tr>
<td>16/30 July</td>
<td>2 Days</td>
<td>Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00a.m 4.00p.m</td>
<td>28 Jun</td>
</tr>
<tr>
<td>5/19 Nov</td>
<td>2 days</td>
<td>Cavan General Hospital, Cavan</td>
<td>9.00a.m 4.00p.m</td>
<td>15 Oct</td>
</tr>
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</table>
PALLIATIVE CARE EDUCATION FOR ALL HEALTH CARE ASSISTANTS
EVENT NO: 72502036

Aim
To provide Health Care Assistants with the knowledge and skills to carry out the care of a patient with advanced disease.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
● Knowledge of the care of a person with advanced disease
● Understand the emotional issues a person with advanced disease experiences
● Knowledge on the care for a person who is dying
● Understand the needs of relatives when a person is dying

Targeted Groups
Health Care Assistants in all care settings

Co-ordinator
Mairead McGahon, Interim Director, RCNME

Facilitator
HSE Specialist Palliative Care Team

No of Places
Minimum number of 12 participants for this programme to be delivered.

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669 Email: marian.crosby@hse.ie

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<tbody>
<tr>
<td>11 June</td>
<td>1 Day</td>
<td>Conference Room, Cavan General Hospital, Cavan</td>
<td>9.30a.m.-4.00p.m.</td>
<td>4 Jun</td>
</tr>
<tr>
<td>22 Oct</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30a.m.-4.00p.m.</td>
<td>15 Oct</td>
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</table>
SYMPTOMATIC MANAGEMENT-FOR PALLIATIVE CARE PATIENTS WITH ADVANCED DISEASE
EVENT NO: 72502104

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 5.5 CEU’s

Aim
To enhance the knowledge and skills of Health Care Professionals in symptomatic management for Palliative Care patients with advanced disease and promote a palliative care approach as a normal part of practice.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
● Explore the role in caring for a patient with palliative care needs.
● Identify symptoms associated with advanced disease
● Provide an overview of symptom management using pharmacological and other approaches
● Examine issues around communication
● Provide an overview on spiritual care
● Provide an overview on psycho-social care for the patient and their family
● Increase awareness of the issues of bereavement / loss

Targeted Groups
All health professionals with an interest in Palliative Care

No of Places
Minimum number of 12 participants for this programme to be delivered.

Co-ordinator: Mairead McGahon, Interim director CNME mairead.mcgahon@hse.ie

Facilitator
HSE Specialist Palliative Care Team

How to apply
Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<tr>
<td>21 May</td>
<td>1 Day</td>
<td>Conference Room, Cavan General Hospital,</td>
<td>9.00a.m.-4.30p.m.</td>
<td>14 May</td>
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<tr>
<td>8 Oct</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00a.m.-4.30p.m.</td>
<td>1 Oct</td>
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</table>
Aim
The aim of this two day programme is to enhance the cancer knowledge, skills and competence of registered nurses in: Inpatient settings, care of the elderly units, nursing homes and community based hospitals/hospices which will enable them to carry out their role in caring for patients throughout their cancer journey.

Following completion of this programme it is anticipated that the participants will have achieved the following learning outcomes;

- Critically analyse professional, legal and ethical issues pertaining to the nursing management of patients with cancer
- Understand cancer tumour biology and staging
- Critically discuss the role of cancer investigations and their findings
- Recognise the importance of effective communication
- Demonstrate an understanding of chemotherapy agents, routes of administration and modes of action
- Understand the types of radiotherapy for the different cancers
- Recognise and understand oncological emergencies
- Have an enhanced awareness and understanding of survivorship
- Understand how to alleviate pain
- Show improved knowledge of palliative care and the referral process

Targeted Group: Nurses who work in HSE acute hospitals, care of the elderly units, nursing homes and community based hospitals / hospices. To obtain certificate, it is necessary to attend both days and to complete a quality initiative project

Co-ordinator: Mairead McGahon, Interim director CNME mairead.mcgahon@hse.ie

Facilitators
Oncology & Haematology Teams from Our Lady of Lourdes & Regional Specialist Palliative Care Team & National Cancer Care Programme facilitator

How to Apply: Photocopy and complete the application form and submit to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669

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<tr>
<td>10th Apr</td>
<td>2 Days</td>
<td>Day 1 -St. Teresa’s Building, Our Lady of Lourdes Hospital Drogheda,</td>
<td>8.30a.m.–</td>
<td>27 Feb</td>
</tr>
<tr>
<td>24th Apr</td>
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<td>Day 2 – Oncology meeting room Oncology dept Our Lady of Lourdes</td>
<td>4.30 p.m.</td>
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<td>Hospital</td>
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<tr>
<td>TBC –</td>
<td>2 Days</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital Drogheda, Co. Louth</td>
<td>8.30a.m.–</td>
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<td>autumn</td>
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<td>4.30 p.m.</td>
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DIABETES: FOOT SCREENING AND EDUCATION OF THE PATIENT WITH DIABETES

EVENT NO: 72203927

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 3.5 CEUs

Aim
To facilitate nurses working in primary care to have a knowledge of, and be able to utilise the National Diabetes Model of Care for the Diabetic Foot (HSE 2011).

Following completion of this programme it is anticipated that the participants will have achieved the following learning outcomes:

• Outline the anatomy and physiology of the normal foot
• Identify the patient at risk of, and discuss the signs and symptoms of, neuropathy, ischemia and infection
• Demonstrate an understanding of, and the utilisation of the National Diabetes Programme: Model of Care for the Diabetic Foot (HSE 2011)
• Perform an examination and assessment of the diabetic foot at the workshop session, categorise and identify the appropriate referral process

Targeted Group
Practice Nurses, PHNs, Community RGNs and nurses working in the residential elderly care settings who have agreed referral pathways to a diabetes podiatry service

Co-ordinator: Mairead McGahon, Interim Director, RCNME

Facilitators
Caroline McCusker Senior Diabetes Podiatrist
Podiatry Team, Louth Hospital Group.

Maximum No. of Places 15

How to Apply: Photocopy and complete the application form and submit to:
Eileen Mullan, Centre for Nursing & Midwifery, Education, St. Davnet’s Complex
Monaghan, Phone: 047-95383 Fax: 047-77028
Email. eileen.mullan@hse.ie

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<tr>
<td>23 May</td>
<td>½ day</td>
<td>Centre for Nursing &amp; Midwifery Education,</td>
<td>9.00 –</td>
<td>16 May</td>
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<td></td>
<td></td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>1.00pm</td>
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**DIABETES UPDATE**

Event no. NMBI Category 1 Approved:

**Aim:** This one day programme is designed to support nurses working in all healthcare settings to update their knowledge and skills in their provision of care to individuals with Diabetes.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Describe the different types of diabetes.
- Recognise signs and symptoms of diabetes.
- Discuss the importance of early detection and complications management.
- Enhance understanding of current treatments.
- Discuss the national clinical programme for Diabetes.
- Understand the role and function of the various members of the Diabetes multidisciplinary team.

This programme will include group-work on the following topics:

- Insulin safety
- Blood glucose and ketone monitoring
- Hypoglycaemic management

**Target Audience:** Nurses working across all healthcare settings.

**Co-ordinator:** Mairead McGahon Interim Director CNME

**Facilitators**

Jenny Thompson CNS Diabetes, Our Lady of Lourdes, Drogheda
Linda Matthews CNS Diabetes LCH/Community
Pauline O’Hanlon CNS Diabetes LCH/Community

**Minimum number of participants required for this programme to be delivered is 12**

**How to apply**

*Photocopy and complete the application form and return to:*

Eileen Mullan
Centre for Nursing & Midwifery Education, St. Davnet’s Complex
Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

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<tr>
<td>26 Feb</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00a.m.- 4.30p.m.</td>
<td>19 Feb</td>
</tr>
<tr>
<td>24 Sept</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00a.m.- 4.30p.m.</td>
<td>17 Sept</td>
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WORKSHOP ON ASSISTING ADULTS WITH FEEDING, EATING, DRINKING AND SWALLOWING

EVENT No: 72206180

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 3.5 CEUs

Aim
To enable participants to identify clients at risk of feeding eating drinking and swallowing disorders from signs and symptoms in referral notes, files and/or case history and identify potential intervention plan based on diagnosis, client needs, service resources and best available evidence.

Following the programme it is anticipated the participants will have achieved the following learning outcomes:

- Demonstrate a knowledge of normal swallow process and factors that may indicate change
- Demonstrate understanding of the factors involved in assisting a person with feeding
- Discuss the signs and symptoms of aspiration or increased risk of aspiration
- Demonstrate improved understanding of food textures and thickening liquids
- Describe the collective roles and responsibilities in relation to dysphagia management

Targeted Group
Nursing and Care Staff caring for people with dysphagia and other swallowing related difficulties

Pre Course Requisite
Completion of eLearning Programme on HSELand Feeding Eating Drinking and Swallowing (FEDS) in People with an Intellectual Disability no more than four weeks prior to attendance and supply certificate of completion on day of attendance at workshop

Co-ordinator: Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Facilitators: Regional Speech and Language Therapists

Number of Places: 20

How to Apply
Photocopy and complete the application form and submit to:

Eileen Mullan
Centre for Nursing & Midwifery Education,
St. Davnet’s Complex,
Monaghan
Phone: 047-95383  Fax: 047-77028
Email: eileen.mullan@hse.ie
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<tr>
<td>14 Feb</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>7 Feb</td>
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<tr>
<td>12 Mar</td>
<td>½ Day</td>
<td>Redeemer Family Resource Centre, Dundalk, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>5 Mar</td>
</tr>
<tr>
<td>22 May</td>
<td>½ Day</td>
<td>REC, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>15 May</td>
</tr>
<tr>
<td>23 May</td>
<td>½ Day</td>
<td>Conference Room, CGH, Cavan.</td>
<td>9.15am – 1.00pm</td>
<td>16 May</td>
</tr>
<tr>
<td>11 June</td>
<td>½ Day</td>
<td>Redeemer Family Resource Centre, Dundalk, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>4 June</td>
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<tr>
<td>04 Sept</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>28 Aug</td>
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<tr>
<td>10 Sept</td>
<td>½ Day</td>
<td>Redeemer Family Resource Centre, Dundalk, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>3 Sept</td>
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<tr>
<td>16 Oct</td>
<td>½ Day</td>
<td>CNME, St. Davnet’s Complex, Monaghan.</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>9 Oct</td>
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<tr>
<td>05 Dec</td>
<td>½ Day</td>
<td>Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.15a.m.-1.00 p.m.</td>
<td>28 Nov</td>
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</table>
FACILITATING LEARNING IN GROUPS

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 12 CEUs

Aim
To enhance participant’s knowledge of Facilitation and Learning in groups

Following completion of this programme it is anticipated that the participants will have achieved the following learning outcomes:

- Give a broad overview of the concept of facilitation
- Discuss learning styles and assessment methods
- Describe the best approaches to facilitate learning in groups

Targeted Groups:
Multidisciplinary staff in all care settings

Teaching Strategies:
Modified lecture and group work

Co-ordinator/ Facilitator:
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

NO OF PLACES: 16

This programme requires a minimum of 12 participants to be delivered

How to apply
Photocopy and complete the application form and return to:
Eileen Mullan
Centre for Nursing & Midwifery
Education, St. Davnet’s Complex
Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

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<tr>
<td>20 Mar</td>
<td>2 Days</td>
<td>Setanta Room, Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9.30a.m.-4.00p.m.</td>
<td>13 Mar</td>
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<tr>
<td>08 Oct</td>
<td>2 Days</td>
<td>Cavan Innovation Centre, Cavan</td>
<td>9.30a.m.-4.00p.m.</td>
<td>1 Oct</td>
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</table>
PAIN MANAGEMENT – ADULTS

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 6 CEUs

Aim
To provide participants with the necessary knowledge and skills to manage adults with pain.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Understand the physiology of pain and pain assessment
- Increased knowledge of pharmacology e.g. non-opioids, opioids, and adjuvant’s
- Understand Patient Controlled Analgesia, continuous infusion of opioids and
- Epidural/Spinal Analgesia
- Utilise non-pharmacological methods of managing pain

Targeted Groups
All Nursing Staff who are managing adult patients with pain.

No of Places
Minimum number of 10 participants for this programme to be delivered.

Co-ordinator
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Facilitators
Gwyneth Makoko, CNS Pain Management H.S.E. Dublin North East.

How to apply: Photocopy and complete the application form and return to:

Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<tr>
<td>17 Apr</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.30a.m.-4.00p.m</td>
<td>10 Apr</td>
</tr>
<tr>
<td>24 Oct</td>
<td>1 Day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.30a.m.-4.00p.m</td>
<td>17 Oct</td>
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VENEPUNCTURE/CANNULATION PROGRAMME

EVENT NO: 72202375
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 6 CEUs

Aim
To provide nurses and midwives with the knowledge and skills to successfully practice Venepuncture and Cannulation.

This programme is delivered using the HSE (2017) Guiding framework for the education, training and competence validation in venipuncture and peripheral intravenous cannulation for nurses and midwives.

This skills demonstration and practice session is attended following the completion of the eLearning module which is accessed on www.hseland.ie. The participants must have successfully completed the e-Learning Programme and bring the certificate to this skills workshop. Please note: It is also necessary to identify a clinical assessor who will provide supervised practice for you in order for you to obtain competence.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Discuss the professional, legal and ethical issues relevant to the clinical practice of venepuncture/cannulation
- Critically evaluate the principles of infection prevention & control and health & safety as they relate to the safe clinical practice of venepuncture/cannulation
- Identify anatomical structures and explain the appropriate choice of sites applicable to venepuncture/cannulation
- Outline the indications for venepuncture/cannulation
- Complete the theoretical self assessment/e-learning package
- Complete the competency based practice assessment
- Practice independently and maintain competence in accordance with best practice and local policies and guidelines

Targeted Groups
Nurses and Midwives who require this skill for clinical practice.

Co-ordinator/Facilitator
Ms. Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

How to apply: Photocopy and complete the application form and return to:
Eileen Mullan, Centre for Nursing & Midwifery Education, St. Davnet’s Complex Monaghan Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<tr>
<td>19 Feb</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30am - 1.30 pm</td>
<td>12 Feb</td>
</tr>
<tr>
<td>16 May</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am - 1.30 pm</td>
<td>9 May</td>
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<tr>
<td>17 Oct</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am - 1.30 pm</td>
<td>10 Oct</td>
</tr>
<tr>
<td>21 Nov</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30am - 1.30 pm</td>
<td>14 Nov</td>
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URINARY CATHETERISATION
EVENT NO: 72201595

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann
6 CEUs

Aim
To enhance the knowledge and skills necessary to successfully perform male & female urethral and suprapubic catherisation.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:
• Describe the anatomy and physiology of the urinary tract
• Discuss the recommended indications for catheterisation
• Identify correct insertion technique
• Describe the signs and symptoms of Catheter Associated Urinary Tract Infection (CAUTI)
• Demonstrate Catheter removal

Targeted Groups
All registered nurses. Prospective applicants must have access to carrying out urinary catheterisation to ensure practical competency is achieved following the study day.

Co-ordinator
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Facilitator
Bernadette Charles, CNS, Continence Care, HSE Dublin North East
Briege Begley, CNS, Urodynamics, HSE Dublin North East

How to apply: Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<tr>
<td>20 Feb</td>
<td>1 day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital, Drogheda</td>
<td>9.30a.m.-5.00p.m.</td>
<td>13 Feb</td>
</tr>
<tr>
<td>19 Nov</td>
<td>1 day</td>
<td>Conference Room, Cavan General Hospital, Cavan, Co. Cavan</td>
<td>9.30a.m.-5.00p.m.</td>
<td>12 Nov</td>
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TRACHEOSTOMY CARE

Aim
The aim of this programme is to enable participants to expand on current knowledge and develop clinical skills and expertise in the management of the patient who requires tracheostomy care

Following completion of this programme, it is anticipated that the participants will have achieved the following:

- Develop the skill and competence to assess, care for and manage the person who requires tracheostomy care
- Outline the indications for tracheostomy
- Describe the different types of equipment used and develop competence in their management
- Assess and Plan the care required in the post-operative period
- Discuss the communication and swallowing issues that the person may experience
- Discuss a multi-disciplinary approach to care for these patients

Targeted Group
Registered Nurses and Midwives and other healthcare professionals supporting and caring for the person with a tracheostomy

Co-ordinator – Cathy Tobin, Postgraduate Education Co-ordinator, RCNME
Facilitator - Mairead ELMaadi SN in Intensive care Our Lady of Lourdes Hospital

Maximum No of Places: 20

How to apply: Photocopy and complete the application form and return to:
Eileen Mullan. Centre for Nursing and Midwifery Education, St. Davnet’s complex, Monaghan. Phone: 047-95383 Fax: 047 77028 email: eileen.mullan@hse.ie

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<td>Spring – to be confirmed</td>
<td>½ day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital Drogheda, Co. Louth</td>
<td>9.00am – 2.00pm</td>
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<tr>
<td>7th November</td>
<td>½ day</td>
<td>St. Teresa’s Building, Our Lady of Lourdes Hospital Drogheda, Co. Louth</td>
<td>9.00am – 2.00pm</td>
<td>31 Oct</td>
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</table>
CLINICAL SUPERVISION SUPERVISOR TRAINING FOR NURSES AND MIDWIVES

EVENT NO:
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann
21 CEU’s

Aim
To develop nurses and midwives skills to enable them to facilitate nurses and midwives within a peer group clinical supervision forum.

Following completion of this programme, it is anticipated that the participants will have achieved the following:

- Demonstrate an understanding of reflective practice.
- Demonstrate skills in facilitating a group in a clinical supervision session.
- Identify the clinical supervision models within the Dublin North East peer group clinical supervision framework.
- Critically discuss the legal, ethical and HSE organisational factors associated with peer group clinical supervision.

Targeted Group
All registered Nurses and Midwives.

Participants are required to attend all four days.

Co-ordinator – Mairead McGahon Interim Director, RCNME

Facilitator - Mairead McGahon Interim Director, RCNME

Maximum No of Places: 16 minimum number required for this training is 10.

Photocopy and complete the application form and submit to:

Eileen Mullan. Centre for Nursing and Midwifery Education, St. Davnet’s complex, Monaghan.

Phone: 047-95383 Fax: 047 77028 email: eileen.mullan@hse.ie

<table>
<thead>
<tr>
<th>Dates</th>
<th>Duration</th>
<th>Venue</th>
<th>Time</th>
<th>Closing date</th>
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<tr>
<td>3/10/18 Apr</td>
<td>3 days</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00am – 4.30pm</td>
<td>27 Mar</td>
</tr>
</tbody>
</table>
CLINICAL SUPERVISION WORKSHOP
Event no:
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann

Aim
To develop nurses and midwives awareness of what clinical supervision is and the benefits that can be obtained in attending facilitated peer group clinical supervision sessions.

Following completion of this programme, it is anticipated that the participants will have achieved the following:

- Understand the concept of clinical supervision
- Identify the benefits of attending clinical supervision
- Demonstrate an understanding of reflective practice.
- Discuss the role attendees have in participating in peer group clinical supervision

Targeted Group
All registered Nurses and Midwives.

Co-ordinator – Mairead McGahon Interim Director, RCNME
Facilitator - Mairead McGahon Interim Director, RCNME

Maximum No of Places: 20

This 2 hour education session will be provided at the request of services prior to the implementation of clinical supervision within their workplace.

Please contact
Mairead McGahon Interim Director, RCNME mairead.mcgahon@hse.ie to arrange date and venue.
LEGAL ASPECTS OF DOCUMENTATION & RECORD KEEPING

Event No: 72502100
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 5 CEUs

Aim
To increase the practitioner’s knowledge and understanding of the legal and professional issues relevant to record keeping and documentation in professional practice.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Discuss the legal and professional issues relevant to record keeping
- Evaluate Nursing and Midwifery Board of Ireland guidelines on recording Clinical Practice
- Discuss issues of accountability, confidentiality, right of access to records and negligence relevant to record keeping and documentation in professional practice

Targeted Groups
All registered nurses, midwives and healthcare professionals in both hospital and community settings.

Co-ordinator
Mairead McGahon, Interim Director, RCNME

Facilitator
Rose Mary Wilson, Barrister at Law and Education Consultant

How to Apply: Photocopy and complete the application form and submit to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<tbody>
<tr>
<td>12 Jun</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00 a.m. - 4.30 p.m.</td>
<td>5 Jun</td>
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</table>
SAFE GUARDING VULNERABLE PERSONS AT RISK OF ABUSE
Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 3 CEU’S

Aim
To identify care practices that may lead to abuse and understand the actions that need to be taken if elder abuse is discovered or suspected.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Understand and define what is meant by the term “abuse”
- Understand and recognise different types or forms of abuse
- Understand and identify the factors and situations, including work and care practices, which can lead to abuse
- Understand and use the reporting system, when abuse is discovered or suspected.

Targeted Groups
All staff
Co-ordinator
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Facilitators
Safeguarding vulnerable persons at risk instructors

How to apply: Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<tr>
<td>27 Feb</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>10am – 1pm.</td>
<td>20 Feb</td>
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<tr>
<td>21 Mar</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am – 1pm.</td>
<td>14 Mar</td>
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<tr>
<td>22 May</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>10am – 1pm.</td>
<td>15 May</td>
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<tr>
<td>27 Jun</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am-1p.m.</td>
<td>20 June</td>
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<tr>
<td>1 Oct</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, Mellifont Unit, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.30am – 1pm.</td>
<td>24 Sept</td>
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<tr>
<td>27 Nov</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>10am – 1pm.</td>
<td>20 Nov</td>
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Further dates may be facilitated locally on request.
DEVELOPING POLICIES, PROCEDURES, PROTOCOLS AND GUIDELINES USING THE HSE NATIONAL FRAMEWORK

Aim
To enhance participant’s knowledge of developing policies, procedures, protocols and guidelines (PPPG) using the HSE Framework.

Following completion of this programme it is anticipated that the participants will have achieved the following learning outcomes:

- Become familiar with the HSE PPPG Framework and how to use it
- Define Evidence Based Practice: Use EBP Framework to compose a question for literature search
- Locate the Evidence and Appraise the evidence
- Outline processes for monitoring, audit, evaluation & review of PPPGs.

Targeted Groups:
Multidisciplinary staff in all care settings

Participants are requested to take with them a PPPG which they are currently developing/reviewing to this education programme and their Athens library access number if they are registered with Athens. (A temporary password will be provided if the participant is not previously registered with Athens on the day).

Teaching Strategies:
Lecture & an individual work on computer. Participants will be using computers to source evidence based literature on the topic of their PPPG

Co-ordinator – Mairead McGahon Interim Director, RCNME

Facilitators –
Mairead McGahon Interim Director, RCNME
Jean Harrison, Regional Librarian, Dublin North East
Dympna Lynch, Librarian, Cavan General Hospital
Gillian Whyte, Nursing, Midwifery, Planning & development Officer
This programme requires a minimum of 9 participants to be delivered

How to apply
Photocopy and complete the application form and return to:
Eileen Mullan
Centre for Nursing & Midwifery Education, St. Davnet’s Complex
Monaghan Phone: 047-95383 Fax: 047-77028 Email: eileen.mullan@hse.ie

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<tr>
<td>To be confirmed</td>
<td>March</td>
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<tr>
<td>To be confirmed</td>
<td>March</td>
<td>Cavan</td>
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INTRODUCTION TO MINDFULNESS
EVENT NO: 72206181

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 6 CEUs

Aim
Understand what mindfulness is and how it can be used in everyday life and Promotion of a personal practice.

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

- Define mindfulness and its relationship to kindness and compassion
- Practice key mindfulness practices Mindful eating Body Scan and mindful movement
- Define mindfulness and its relationship to kindness and compassion
- Define formal and informal practices
- Understanding of the STOP practice
- Development of a personal practice

Targeted Groups: All Staff

Co-ordinator: Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

Facilitators: Helen McCrarren, Senior Social Worker, Cavan Monaghan Mental Health Services

How to Apply: Photocopy and complete the application form and submit to:

Eileen Mullan
Centre for Nursing & Midwifery Education, St. Davnet’s Complex, Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

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<th>Time</th>
<th>Closing Date</th>
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<tbody>
<tr>
<td>18 Nov</td>
<td>1 Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.30a.m-5.00p.m.</td>
<td>11 Nov</td>
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</table>
MEDITATION AND AN INTRODUCTION TO YOGA
Event No: 72205259

Category 1 approved by Nursing and Midwifery Board of Ireland / An Bord Altranais agus Cnáimhseachais na hÉireann 3 CEUs

Aim
To enable participants to develop a basic understanding of the principles and practices of mindfulness, meditation, and yoga which can have a positive effect on their health and wellbeing.

Following the programme it is anticipated that the participants will have achieved the following learning outcomes:

- Apply foundation of the practices of meditation and yoga
- Discuss the benefits of the practices
- Identify ways to incorporate practice into everyday life

Targeted Groups
All Staff

Co-ordinator/Facilitator
Cathy Tobin, Postgraduate Education Co-ordinator, RCNME

How to apply: Photocopy and complete the application form and return to:
Eileen Mullan
Centre for Nursing & Midwifery Education, St. Davnet’s Complex
Monaghan
Phone: 047-95383 Fax: 047-77028
Email: eileen.mullan@hse.ie

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<th>Time</th>
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<tr>
<td>15 Apr</td>
<td>1 Day</td>
<td>Cavan Innovation Centre, Cavan</td>
<td>9.30am - 4.30pm.</td>
<td>8 Apr</td>
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<tr>
<td>15 Oct</td>
<td>1 Day</td>
<td>Regional Education Centre, St. Brigid’s Complex, Ardee, Co. Louth.</td>
<td>9.30am - 4.30pm.</td>
<td>08 Oct</td>
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</table>
PEER FLU VACCINATION ADMINISTRATION PROGRAMME

Category 1 approval by An Bord Altanaí agus Cnáimhseachais na hÉireann 3 CEU’s

Aim

The aim of this programme is to facilitate registered nurses/midwives employed by the HSE to develop and maintain the requisite knowledge, skills and competencies to safely administer the Seasonal Influenza Vaccine according to the annual Medicine Protocol through the Seasonal Influenza Peer Vaccination Programme (SIPVP).

Following completion of this programme, it is anticipated that the participant will have achieved the following learning outcomes:

• Practice safely and maintain competence in accordance with best evidence in relation to the SIPVP
• Discuss current issues in relation to immunisation and the importance of effective communication.
• Critically evaluate the principles of professional and legal aspects that underpin nurse/midwife responsibilities in the SIPVP as they relate to safe clinical practice.
• Ensure practice is in accordance with the SIPVP and local policies and guidelines.
• Manage the safe and effective administration of vaccines.
• Demonstrate effective documentation and record keeping.

Targeted Groups
Registered nurses and midwives

Facilitators
Ms. Cathy Tobin, Postgraduate Education Co-ordinator, CNME
Ms Mary Reilly, Midwifery Specialist Co-ordinator, CNME

How to apply: Photocopy and complete the application form and return to:
Ms. Marian Crosby,
Centre for Nursing & Midwifery Education,
St. Brigid’s Complex, Ardee, Co. Louth.
Phone: 041-6850679 Fax: 041-6850669
Email: marian.crosby@hse.ie

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<th>Time</th>
<th>Closing Date</th>
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<tbody>
<tr>
<td>12 Sept</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Brigid’s Complex, Ardee, Co. Louth</td>
<td>9.00am -1.00p.m.</td>
<td>5 Sept</td>
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<tr>
<td>18 Sept</td>
<td>½ Day</td>
<td>Centre for Nursing &amp; Midwifery Education, St. Davnet’s Complex, Monaghan</td>
<td>9.00am – 1.00p.m.</td>
<td>11 Sept</td>
</tr>
<tr>
<td>20 Sept</td>
<td>½ Day</td>
<td>Conference Room, Cavan General Hospital, Cavan</td>
<td>9.00am – 1.00p.m.</td>
<td>13 Sept</td>
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<tr>
<td>24 Sept</td>
<td>½ Day</td>
<td>Unit 7, Business Park, Kells</td>
<td>9.00am -1.00p.m.</td>
<td>10 Sept</td>
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Programme Application Form

Please ensure that all sections are fully completed as uncompleted forms will be returned

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<th>To be completed by participant: Please complete in block capitals</th>
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<tbody>
<tr>
<td>Programme title:</td>
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<tr>
<td>Date of Programme:</td>
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<tr>
<td>Name:</td>
</tr>
<tr>
<td>Job Title:</td>
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<tr>
<td>Work Address:</td>
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<td>Tel No: Work: / Mobile</td>
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Please provide a mobile number so we can connect you in the unlikely event that a programme may have to be cancelled at short notice. Your mobile number will be only used for this purpose and will be destroyed on following date of programme.

Email:

Please note if you request confirmation via a personal email, it is assumed that you are providing consent for it to be used to correspond with you in relation to this course. It will not be used for any other purpose.

Employee No. (Essential to record attendance):

Line Manager’s Name / Signature:

Having discussed this programme with your line manager (in a personal development plan or otherwise) how does this programme:
1. support your current/future education needs
2. impact on delivery of care to clients/patients

Signature: Date:

Please Note: Do not assume you have a place until you receive email confirmation