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On International Women's Day we acknowledge the dedication, professionalism and commitment of every woman working in our health service to keep Ireland safe and well.

A diverse and inclusive workforce brings creativity, innovation and demonstrable value to our workforce, to the benefit of service users.

As CEO, I will continue to support initiatives which inspire inclusion and create a culture of belonging.



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Women comprise almost 80% of the health service workforce and are central to the provision of care for patients and service users. This year I'm going to continue work to make the HSE more inclusive for women from all backgrounds. My goal is for the HSE to be the employer of choice for women in Ireland.



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Together, let's inspire inclusion every day. It's about ensuring every woman has a voice, feels heard, and valued.

In the workplace, I actively listen, advocate for equal opportunities, and foster a supportive environment. I'll encourage others through workshops, discussions, and leading by example.



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It is important for me to lead by example so I treat all my colleagues equally, with respect and without judgement.

Being from Malawi, I am aware of the importance of gender and cultural inclusion. I am proud of the work I am contributing daily in the HSE with other women from across the world.

#### International Women's Day



Upile Atupere Khongono Business Support Lead Dept Public Health DSE

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Our HSE and wider health services workforce is diverse and inclusive and that has always been a source of pride for me. It's also something I want to protect as we form new teams and services in the region.

The HSE will always be a place for all people to work well, learn, develop and excel, and I will ensure that inclusion is a leading value for our services, teams and people.



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A diverse and inclusive workforce brings many benefits to our organisation, including diversity of thinking and new approaches to work.

As Regional Executive Officer, I will support the creation of a safe and inclusive workplace culture, where staff feel like they belong and are empowered in their roles, across all services and functions.



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I look forward to working with colleagues to promote a culture of inclusion and belonging, where the contributions and voices of women in our workforce are respected and valued, and where diversity is celebrated.



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I have long championed equality of opportunity for women in the workplace, and sought to inspire inclusion of women across all services, functions and levels in the health service.

In my role as Regional Executive Officer, I will continue to live these values and lead others to do the same so that we can further strengthen the HSE's culture of inclusivity and respect for everyone.



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International Women's Day gives us an opportunity to celebrate the incredible contribution made by women in all disciplines and at all levels to the delivery of healthcare in the HSE. As Regional Executive Officer for the West and North West, I am committed to building a workplace culture that supports inclusion for women from all diversity backgrounds.

#### International Women's Day

Tony Canavan Regional Executive Officer HSE West and North West

## "

It's a great privilege, as Diversity Equality and Inclusion manager, to play my part in ensuring that the HSE provides an inclusive environment for women from all backgrounds.

I further support inclusion in the workplace by facilitating three HSE staff networks (Le Chéile Network for staff with disabilities, the Cultural Diversity Network for staff from diverse ethnic backgrounds and the Reach Out Network for LGBTQIA+ staff).

#### International Women's Day



Maria Barry Diversity, Equality and Inclusion Manager ĥĒ

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As a Learning and Development specialist, I support women in the workplace by designing and implementing genderinclusive programs and interventions, offering coaching opportunities and advocating for equal advancement.

I will be fostering a culture of diversity and inclusion to empower women, ensuring they have the skills and resources to thrive in their careers.

#### International Women's Day



Fidelma Collins O Connor Leadership Learning and Talent Management Specialist ŀĿ

## "

As Clinical Lead, I ensure all members of the team feel valued by acknowledging their talents, involving them and giving them a voice. I challenge gender stereotypes and champion diversity.

To inspire colleagues in the workplace, I lead by example. I embrace diversity and inclusion by effective listening, celebrating our differences and fostering a sense of belonging among staff.



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Since joining the HSE, I refer regularly to the Values in Action chart and make sure it's the simple things like using each others names, keeping each other updated and acknowledging the work of others.

I will continue to challenge behaviours and attitudes to make our workplace more inclusive for all women.



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> I support an inclusive and equitable culture within the HSE so that every health and social care professional is provided with equal opportunity.

I will continue to acknowledge the work of clinical teams across our health service, encouraging all healthcare staff to practise at the top of their licence.



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On International Women's Day and every day of the year, I advocate for People with Disabilities in the HSE and in Ireland. I am a member of the HSE Le Chéile Network for staff with disabilities. I continue to challenge and inform of my experiences of working over the years for inclusion and improved services for People with Disabilities working in the HSE.

Working Together we are all better in welcoming and supporting a work environment where employees with visible and invisible disabilities and long-term health conditions are treated with dignity and respect and have equal opportunities.

#Believe and We will Achieve and collectively forge a more inclusive world for women with Disabilities.

## International Women's Day



Gráinne Leach Chief Officer, National Haemophilia Council and Enhanced Community Care Programme & Primary Care Contracts

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I joined the Bantry General hospital in 2006 as a staff nurse and progressed to become an ADON – Nurse Practice development.

I will ensure that women are respected and treated with dignity and ensure work spaces are free of discrimination towards women and encourage my colleagues to do so.



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I am currently working in the Department of Public Health and I am a Values in Action Champion. I am very passionate about people's sense of belonging in a team. I feel valued and empowered in my workplace as a woman.

I will inspire the Team to be Inclusive and be accepting of women of all Diversities without Bias or Discrimination.

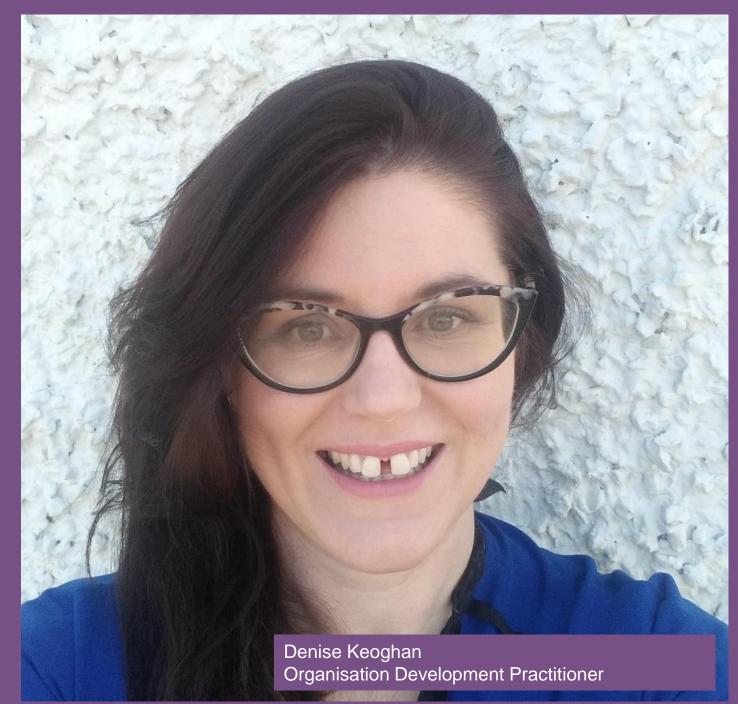


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I'm fortunate enough to be one of the almost 80% of women who work in the HSE. In Leadership Learning & Talent Management we are passionate about people and teams and especially all women reaching their full potential.

To Care is to also to empower, To be Compassionate is also about being merciless in the pursuit of excellence, To Trust we must verify, To be a Learning organisation we must first also exalt, reflect and teach how best to support and develop an inclusive culture for the women who mostly run our health service.



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Across the HSE, the Engagement and Culture team engage with services at different levels to promote staff engagement and culture improvement for women, highlighting the collective roles and responsibilities of all staff in striving for culture change and providing safer and better healthcare to all who depend on us.



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I use my voice everyday in work regardless of having a stammer. I encourage colleagues with a disability to reach for their highest potential. I demonstrate the importance of normalising stammering to eliminate discrimination. I stand by working to create an inclusive work environment with equal opportunities for all women.



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By challenging the assumptions we make about others based on how they look, present themselves or who they are, we can ensure that people let their true, authentic selves shine through.

#### International Women's Day



National Director Internal Audit

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I've been working at the HSE for over 20 years and have always fought for fairness and equality.

I'm a part of the Reach out Network that supports our LGBTQIA colleagues.

I'll keep pushing for equality and inclusion for women of all backgrounds.



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Working with the HSE for 23 years, I believe diversity is about embracing one another's uniqueness as women. You should try not to judge until you have heard and understood both sides.

M. Scott Peck said, "Share our similarities and celebrate our differences". Albert Einstein also said "Before God, we are all equally wise and equally foolish"



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Getting to know my colleagues, service users and people from all walks of life are the best past of my work as a psychologist.

We exchange our similar as well as different experiences which enriches and connects us all.

Making sure no woman's voice is ignored can strengthen our healthcare delivery and support people who need them the most. There is learning on all sides of the story.



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I have been a proud member of the HSE since 2018. The organization has consistently valued my contributions as a woman and provided me with a platform to be heard. Collaborating with individuals from diverse backgrounds has not only boosted my confidence but also enhanced my ability to empathize with their unique challenges and requirements.

Additionally, I have been fortunate to receive unwavering support from my colleagues, managers, and my family.



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I inspire co-regulating with poetry and art:

Women! Beauty is a form and the ovum an idea... Each womb is a treasure. Triumph the ovum!

(Alfonsina Storni)

#### International Women's Day



Cristina Aguilera Primary Care Child Adolescence and Family Psychological Services

## "

I'm fortunate to work with a team of incredibly talented, dedicated women in the Diversity Equality and Inclusion team, and I do my best to ensure that everyone feels that their contribution is valued and that they are supported in their development.

I believe passionately in equity for women at work, and in 2024 will continue to lead work to embed this in all of our diversity, equality and inclusion programmes.

## International Women's Day



James Glover National Lead, Diversity Equality and Inclusion

Email diversity.hr@hse.ie for more information