

## Working with musculoskeletal disorders



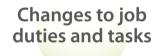
How can people who develop an MSD be helped

Assess and reduce risks A positive attitude and good communication

Early access to advice

**Early** intervention Simple adjustments in the workplace

## Adjustments in the workplace













Workers don't have to be 100% fit to work

With the right support and adjustments many workers with chronic conditions can continue to work



The 2020-22 campaign, Healthy Workplaces Lighten the Load, aims to raise awareness of work-related MSDs and the need to manage them and to promote a culture of risk prevention.





