

THE CHALLENGES & OPPORTUNITIES FOR MENTAL HEALTH STUDENT NURSES

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AGENDA

Introduction

Was Mental Health Nursing my 1st choice?

Clinical Experiences

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Hopes for the future

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MENTAL HEALTH





INTRODUCTION

Hello my name is Userumu Otuguor and this is my classmate/colleague Wiktoria Witzon. Wiktoria and I are here today to share our stories on our journey and experiences as student nurses on our way to becoming RPNs.

Was Mental Health Nursing My 1st Choice⁴?



CLINICAL EXPERIENCES

- Throughout the 4 years of the BSc Mental Health Nursing Programme, students have the opportunity to experience a broad range of clinical environments including:
 - Acute Adults and Adolescent Inpatient Services
 - Adult & Adolescent Day Hospitals
 - Psychiatry of Later Life
 - Continuing Care
 - CNS/ANP
 - CAMHS
 - Rehabilitation & Community MH Teams
 - Liaison psychiatry
 - Addiction & Homeless Services
 - General Hospital Placement
 - Intellectual Disability Services

CHALLENGES AND OPPORTUNITIES



HOPES FOR THE FUTURE



RECOMMENDATIONS



SUMMARY

Being a student nurse can be quite challenging but in my opinion, it is worth it in the end. It is very important to have a good support system around you that you can rely on for guidance and advice. We are very fortunate to have an amazing group of friends who are also nurses, whom we can share our experiences with.

We also have a fantastic preceptors and a team of CPCs who are always there for us, to help with anything we need and who facilitate and encourage us to reflect on and learn from our experiences in clinical practice.

Finally, It is hugely important for Mental Health Student Nurses to self-care and look after their own mental health so that can enjoy their journey to becoming a confident and competent Registered Psychiatric Nurse.

THANK YOU

Userumu Otuguor

Wiktorja Witzon

