



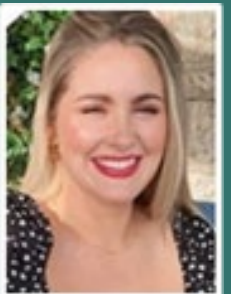
An Roinn Sláinte
Department of Health

4th National Mental Health Nursing Conference

“Reflecting on the past to inform and sustain the future of Mental Health Nursing”

7th November 2023

- Helen Corrigan
- Nursing Project Officer
- Department of Health, Ireland





An Roinn Sláinte Department of Health



Chief Nursing Officer

Rachel Kenna





An Roinn Sláinte
Department of Health

IMPACT OF COVID-19 ON MENTAL HEALTH





An Roinn Sláinte Department of Health

Rialtas na hÉireann
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Sláintecare.

Right Care. Right Place. Right Time.

Sláintecare Action Plan
2023

Sláintecare Implementation
Strategy & Action Plan 2021 - 2023

Rialtas na hÉireann
Government of Ireland

Sharing the Vision A Mental Health Policy for Everyone

Prepared by the Department of Health
health.gov.ie

HE Specialist Perinatal Clinical Design & Innovation

10 THINGS TO KNOW ABOUT PERINATAL MENTAL HEALTH

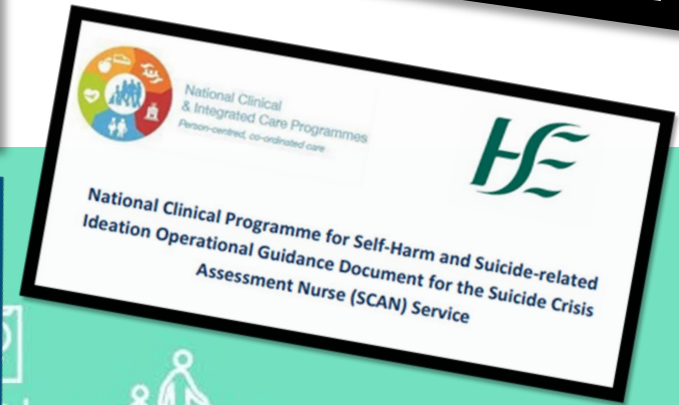
1. 70-100% of women experience unwanted, intrusive thoughts about their baby
2. Your GP or perinatal mental health team are there to discuss medication options if required, you can take most mental health medications while you are pregnant and breastfeeding
3. Post-traumatic Stress Disorder is estimated to occur in 6% of maternities following an emergency section
4. Women are routinely asked about their mental health at booking clinics in maternity units/hospitals
5. Mental Health Midwives and Perinatal Mental Health teams provide specialist support for women

Information:
 Leaflets: Mental Health
 Specialist staff: Specialist
 Information available
 Staff app or QR code:





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Connected to Care

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A Policy on the Development
of Graduate to Advanced
Nursing and Midwifery Practice

www.health.gov.ie



CAMHS
Child and Adolescent
Mental Health Service



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Thank you.
Go raibh mile maith agaibh.

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