



Centre of Midwifery Education

Prospectus of Continuing Education

January – December 2025



Ionad Oideachais Cnáimhseachais
Ospidéal Máithreachais Ollscoile Chorcaí

Centre for Midwifery Education
Cork University Maternity Hospital

PROGRAMME GROUPS

Obstetric & Neonatal Emergencies

Midwifery

Nursing

Nursery Nurses

Obstetrics & Gynaecology

Neonatal

Maternity Healthcare Assistants

Anaesthetics

Continuous Professional Development

Competency Assessment Programmes



About the Centre of Midwifery Education

To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

The Centre of Midwifery Education (CME)

Welcome to the Centre of Midwifery Education (CME) first E-Prospectus. The CME is located on 5 South within Cork University Maternity Hospital (CUMH). The CME was established in 2006 by the Department of Health and Children for the purpose of providing in-service training and continuing education for registered midwives/nurses and other healthcare professionals.

A range of education programmes are provided, including mandatory training, health and safety training and continuous professional development education.

In addition, we provide academic programmes in collaboration and accredited by University College Cork (UCC) and approved by the Nursing and Midwifery Board of Ireland (NMBI) and other professional organisations as appropriate. Details relating to the application process for all of the programmes are outlined within this prospectus.

OUR PHILOSOPHY

“To promote and support lifelong learning and evidence-based, high quality midwifery, gynaecological and neonatal practice through personal and professional staff development. This is done through the sharing of knowledge and experience so that midwives and nurses provide the best care for women and their babies.”

MIDWIVES & NURSES ONLY

For information on applying for funding for short programmes and formal academic programmes from the Nursing and Midwifery Planning Development Unit (NMPDU) South West (Cork and Kerry) Continuous Professional Development Funding please click [HERE](#)

PROGRAMMES LISTING

Obstetric & Neonatal Emergencies

- Anaphylaxis: National Anaphylaxis Education Programme for Healthcare Professionals

- Basic Life Support for Health Care Professionals (Irish Heart Foundation/American Heart Association)

- K2 Fetal Monitoring Training System Contacts (Online Course)

- Neonatal Resuscitation Programme 8th Edition (AHA/AAP) (NRP)

- PROMPT 3 Practical Obstetric Multi Professional Training

- Heartcode BLS Blended Programme



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

Anaphylaxis: National Anaphylaxis Education Programme for Healthcare Professionals

Aim:

To be confident in the recognition and management of anaphylaxis.

Pre-requisite to attend this programme is completion of HseLand E-Learning Programme 3 weeks prior to in-class attendance date.

Content:

- What is anaphylaxis?
- Causes, recognition and management of anaphylaxis
- Practical sessions involving the following case scenarios:
 - Anaphylaxis and the adult
 - Anaphylaxis and the child
 - Anaphylaxis and the infant

Accreditation:

NMBI accreditation 2 CEUs

Coordinator:

Annette Keating,
Midwife Teacher

Duration:

2 hours

Dates:

9th January 2025
25th February 2025
5th March 2025
1st May 2025
8th July 2025
1st September 2025
10th September 2025
30th September 2025
7th November 2025
8th December 2025

Time:

09.30 - 11.30 hours
Repeated 13.00 - 15.00 hours

Venue:

Centre of Midwifery Education

Basic Life Support for Health Care Professionals (Irish Heart Foundation/American Heart Association)

Aim:

The aim of the BLS Course is to teach healthcare professionals how to perform high-quality CPR individually or as part of a team. BLS skills are applicable to any healthcare setting. BLS students will learn rescue techniques for adult, children, and infants.

Content:

- Adult and paediatric CPR including two rescuer scenarios
- Use of bag valve mask (BVM) and barrier devices
- Management of foreign body airway obstruction (FBAO),
- Use of AED's.

Course participants are evaluated by skills testing and a written evaluation- Multiple choice questions (MCQ).

Accreditation:

All participants receive a E-cert certification via their email from the Irish Heart Foundation which is valid for two years.

NMBI accreditation 5 CEUs

Coordinator:

Mary O'Connor,
Director CME CUMH

Duration:

4.5 hours

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Dates:

- 13th & 14th January 2025
- 7th & 10th February 2025
- 19th & 20th March 2025
- 7th & 8th April 2025
- 20th & 21st May 2025
- 18th & 19th June 2025
- 24th & 25th July 2025
- 12th & 13th August 2025
- 22nd & 23rd September 2025
- 20th & 21st October 2025
- 18th & 19th November 2025
- 10th & 11th December 2025

K2 Fetal Monitoring Training System Contacts (Online Course)

Aim:

All Midwives and Doctors working in Cork University Maternity Hospital must complete the K2 Fetal Monitoring online education 2 yearly.

Content:

The Perinatal Training Programme (PTP) from K2 Medical Systems is an online, interactive e-learning tool covering a comprehensive array of topics in Fetal Monitoring and Maternity Crisis Management.

- Fetal Physiology
- Antenatal CTG
- Intrapartum CTG
- Cord Blood Gas
- Errors and Limitations in Fetal Monitoring
- Intrapartum Intermittent Auscultation
- Fetal Blood Sampling

The following personnel may be contacted for registering on K2, as per discipline:

Midwives

aine.blake@hse.ie
fionnuala.hunt@hse.ie
annette.keating@hse.ie
fiona.kirby@hse.ie
orlaith.murphy1@hse.ie
elizabeth.griffin@hse.ie
claire.ohalloran@hse.ie

Obstetricians

rebecca.cole@hse.ie
mona.hersifarah@hse.ie
karen.mcnamara1@hse.ie
mairead.oriordan@hse.ie
naureen.yasir1@hse.ie

Academic staff for student midwives

agnes.phelan@ucc.ie
<http://training.k2ms.com>

Coordinator:

Áine Blake,
Specialist Midwife
Coordinator,
CME CUMH

Dates:

Online

Duration:

8 hours

Neonatal Resuscitation Programme 8th Edition (AHA/AAP) (NRP)

Aim:

To train healthcare professionals using an evidence-based approach to the care of the newborn at birth and facilitate effective team-based care for healthcare professionals who care for newborns at the time of delivery. NRP utilises a blended learning approach, focusing on critical leadership, communication and team-work skills.

Pre-requisites to attending the classroom:

- Read the Neonatal Resuscitation (8th Ed) Textbook (Accessible in CUH Library).
- Complete all the online components of the program:
 - Online Learning Assessment (Adaptive eLearning)
 - Advanced Exam (35 questions).

To attend the classroom skills, all pre-requisites must be fully completed.

Content:

- Preparing for Resuscitation
- Initial Steps of Newborn Care
- Positive Pressure Ventilation
- Alternative Airways: Endotracheal tubes and Laryngeal Masks
- Chest Compressions
- Medications
- Post Resuscitation Care

Accreditation:

NMBI accreditation 5 CEUs

Coordinator:

Breda Hayes Coordinator,
CME CUMH

Duration:

5.5 hours

Dates:

8th January 2025
22nd January 2025
12th February 2025
19th March 2025
24th April 2025
14th May 2025
12th June 2025
9th July 2025
31st July 2025
20th August 2025
24th September 2025
16th October 2025
6th November 2025
2nd December 2025

Time:

08.00 – 13.30 hours
classroom (part 2).

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

PROMPT 3 Practical Obstetric Multi Professional Training

Aim:

The aim of the PRactical Obstetric Multi-Professional Training (PROMPT) course is to teach healthcare professionals how to respond to obstetric emergencies.

Pre-requisites to attending the classroom:

- As directed on HseLand

To attend the classroom skills, all pre-requisites must be fully completed.

Content:

- Major obstetric haemorrhage
- Maternal sepsis
- Shoulder dystocia
- Pre-eclampsia & eclamptic fit/seizure activity
- Management of local regional block
- Cardiac arrest
- Cord Prolapse

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Mary O'Connor, Director CME CUMH

Duration:

5 hours

Dates:

- 11th March 2025
- 15th May 2025
- 21st July 2025
- 7th October 2025
- 3rd December 2025

Time:

08.00 – 13.00 hours

Venue:

Centre of Midwifery Education

Heartcode BLS Blended Programme

Aim:

The Heartcode BLS online programme is a self-directed eLearning programme that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalised learning path that adapts in real time to a learner's performance.

Pre-requisite:

Part 1: Complete the on line Heartcode BLS (1-2 hours). Present your completed certificate on registration to classroom skills part 2 (1-2 hours).

Content:

- The importance of high-quality CPR and its impact on survival
- Steps of the Chains of Survival and apply the BLS concepts of the Chains of Survival
- Signs of someone needing CPR
- Perform high-quality CPR for adults, children, and infants
- Use of an AED and demonstrate its use
- Demonstrate effective ventilation by using a barrier device
- Multi-rescuer resuscitation and perform as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for an adult, a child, and an infant

Accreditation:

American Heart Association

Dates:

- 10th February 2025
- 19th March 2025
- 12th August 2025
- 13th August 2025

Duration:

1-2 hours

Time:

13.30 - 15.30 hours

Coordinator:

Mary O'Connor,
Director CME

Venue:

Centre of Midwifery
Education, 5th Floor
CUMH

PROGRAMMES LISTING

Midwifery

- A Coroner’s Inquest - Understanding the Process, Information and Support when attending a Coroner’s Inquest

- Antenatal OPD Update for Midwives

- An Introduction to Infant Mental Health (IMH)

- National Infant Feeding Education Programme

- Caring for Women with an Epidural Infusion Post Gynaecological Surgery

- Caring for Women with Epilepsy within the Maternity Context - A Multidisciplinary Team Approach

- Deteriorating Patient

- Induction Programme for new Midwives and Nurses, (2 Day Programme)

- K2 Fetal Monitoring Training System Contacts (Online Course)

- Manual Handling & People Handling

- Perineal Repair Programme

- Preceptorship

- Preceptorship in Practice

- Prostin Per Vagina (P.V.) administration by midwives

- The care of mothers and infants in the postnatal period

To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

A CORONER'S INQUEST

Understanding the Process, Information and Support when attending a Coroner's Inquest

Aim:

To provide Midwives and Doctors education on the process of attending a coroner's inquest and increase their knowledge of the supports available.

Content:

- The process of the Coroner's inquest
- Supports available to staff who are requested to attend a coroner's inquest
- Statement writing
- Experience of attending a coroner's inquest
- Supporting colleague attending a coroner's inquest

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

5 hours

Dates:

4th September 2025

Time:

08.00 - 13.30 hours

Venue:

Centre of Midwifery
Education, 5th Floor,
CUMH

Antenatal OPD Update for Midwives

Aim:

Is to ensure that all staff Midwives working in the Out Patients Department in Cork University Maternity Hospital apply a standardised, high quality care to all antenatal patients.

Content:

- Teamwork, effective communication and time management.
- Optimal Fetal positioning
- Hopscotch overview
- Advice for antenatal appointments
- Practice abdominal palpations
- Overview of Induction of labour
- MN- CMS update & referral pathways
- Breast feeding promotion and advice re: colostrum harvesting
- Advice for women re birth options with previous Caesarean Section
- The importance of Making Every Contact Count
- Case Studies

Accreditation:

NMBI accreditation 8 CEUs

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

8 hours

Dates:

27th November 2025

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery Education

An Introduction to Infant Mental Health (IMH)

Aim:

To provide an overview of Infant Mental Health (IMH) principles, as a means of encouraging working practices that support the healthy brain development of babies and young children.

Content:

- Infant Mental Health (IMH)
- Early life experiences and its relationship in brain development
- Attachment and 'Emotional Regulation in the early years
- 5 Steps of the IMH Intervention Framework
- Application of the IMH Intervention Framework

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

4 hours

Dates:

4th March 2025

11th November 2025

Time:

08.45 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

22nd January 2025

25th February 2025

2nd April 2025

28th May 2025

25th June 2025

25th September 2025

26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

Caring for Women with an Epidural Infusion Post Gynaecological Surgery

Aim:

To educate nurses and midwives to be competent in the care and management of women with an epidural catheter in situ, receiving continuous administration of analgesia post gynaecological surgery.

Content:

- Review of spinal anatomy & physiology comparing epidural route to spinal route
- Pharmacology of Fentanyl & Bupivacaine
- MNCMS documentation
- Complications of Epidural Infusion
- Nursing Management and Observations of the Patient receiving Epidural Analgesia Via Infusion
- Workshop on the use of the Epidural Pump

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

8 hours

Dates:

18th March 2025

29th October 2025

Time:

08.00 – 16.30 hours

Venue:

Centre of Midwifery Education

Caring for Women with Epilepsy within the Maternity Context – A Multidisciplinary Team Approach

Aim:

To update staff on the effective care of a women with epilepsy within the Maternity setting.

Content:

- An overview of epilepsy
- Epilepsy Medication in Pregnancy
- Preconception Care
- Care of the women in Pregnancy, labour and birth with epilepsy
- Postnatal care for women with epilepsy
- Supporting women with breastfeeding
- Women with epilepsy and the Menopause

Accreditation:

Awaiting NMBI accreditation

Coordinators:

Áine Blake, Specialist Coordinator Midwifery
Mary O'Connor, Director CME

Duration:

5 hours

Dates:

14th November 2025

Time:

09.00 – 14.00 hours

Venue:

Online

Deteriorating Patient

Aim:

Is to ensure that all staff working with Cork University Maternity Hospital apply a standardised, high quality systematic approach to the recognition, response and management of the deteriorating patient.

Pre-requisites to attending the classroom:

- Introduction to Sepsis Management for Adults including Maternity
- Irish Maternity Early Warning System (IMEWS)
- Irish National Early Warning System (INEWS)V2 :Nursing/HSCP Focus
- Clinical Handover using ISBAR and ISBAR 3

Content:

- A, B, C, D, E System of Assessment
- Deteriorating Patient drill
- Irish National Early Warning System (INEWS) overview and documentation on paper
- Irish Maternity Warning System (IMEWS) overview and documentation on paper
- Sepsis
- Overview of MN-CMS documentation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

20th February 2025
24th April 2025
5th June 2025
16th September 2025
29th October 2025
4th December 2025

Time:

08.00 - 14.00 hours

Venue:

Centre of Midwifery
Education

Induction Programme for new Midwives and Nurses, (2 Day Programme)

Aim:

To induct registered midwives and nurses, new to the hospital, in the culture, practices and guidelines of the CUMH.

Content:

- CUMH Organisational Structure
- Payroll - e-Rostering
- FOI, Data Protection Policy
- Major Emergency Plan
- Resuscitation Officer
- Chaplaincy Services
- Children's First
- IT Services
- EAP
- Employment Policy/Communication
- Infection Prevention & Control
- Risk Management & Open Disclosure
- Baby Security
- Cornmarket Pensions
- Communication

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Imelda Fitzgerald,
Midwife Tutor

Duration:

8 hours

Dates:

9th & 10th January 2025
22nd & 23rd July 2025
12th & 13th November 2025

Time:

08.00 - 16.30 hours

Venue:

Centre of Midwifery
Education

K2 Fetal Monitoring Training System Contacts (Online Course)

Aim:

All Midwives and Doctors working in Cork University Maternity Hospital must complete the K2 Fetal Monitoring online education 2 yearly.

Content:

The Perinatal Training Programme (PTP) from K2 Medical Systems is an online, interactive e-learning tool covering a comprehensive array of topics in Fetal Monitoring and Maternity Crisis Management.

- Fetal Physiology
- Antenatal CTG
- Intrapartum CTG
- Cord Blood Gas
- Errors and Limitations in Fetal Monitoring
- Intrapartum Intermittent Auscultation
- Fetal Blood Sampling

The following personnel may be contacted for registering on K2, as per discipline:

Midwives

aine.blake@hse.ie
fionnuala.hunt@hse.ie
annette.keating@hse.ie
fiona.kirby@hse.ie
orlaith.murphy1@hse.ie
elizabeth.griffin@hse.ie
claire.ohalloran@hse.ie

Obstetricians

rebecca.cole@hse.ie
mona.hersifarah@hse.ie
karen.mcnamara1@hse.ie
mairead.oriordan@hse.ie
naureen.yasir1@hse.ie

Academic staff for student midwives

agnes.phelan@ucc.ie
<http://training.k2ms.com>

Coordinator:

Áine Blake,
Specialist Midwife
Coordinator,
CME CUMH

Dates:

Online

Duration:

8 hours

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

- 27th & 28th January 2025
- 20th & 21st February 2025
- 24th & 25th March 2025
- 16th & 17th April 2025
- 28th & 29th May 2025
- 26th & 27th June 2025
- 10th & 11th July 2025
- 6th & 7th August 2025
- 18th & 19th September 2025
- 2nd & 3rd October 2025
- 13th & 14th November 2025
- 1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

Perineal Repair Programme

Aim:

To increase the midwife’s knowledge and skills of perineal trauma and its repair.

Content:

- The registration and legislation of Midwives
- The pelvic Floor, a review of the anatomy
- Perineal trauma: evidence based practice
- Perineal repair: evidence based practice
- Perineal repair: practical aspects
- Competency forms

Accreditation:

NMBI accreditation 4.5 CEUs

Coordinator:

Annette Keating, Midwife Teacher

Duration:

4.5 hours

Dates:

- 6th February 2025
- 26th May 2025
- 11th September 2025
- 6th November 2025

Time:

08.00 – 12.30 hours

Venue:

Centre of Midwifery Education

Preceptorship

Aim:

To provide an overview of the supervision and assessment of student midwife and midwife adaption candidates' requirements in the clinical areas.

Content:

- Developing Organisational Culture within SSWHG
- A shared Experience of the Midwifery Adaptation programme
- Overview of Competency Assessment Tool for midwives, adaptation midwives, student midwives, PHN students

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

5 hours

Dates:

- 18th February 2025
- 29th April 2025
- 24th June 2025
- 5th August 2025
- 7th October 2025
- 4th December 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Preceptorship in Practice

Aim:

The aim of this programme is to provide registered midwives and nurses with the relevant knowledge to be able to supervise and support a student midwife/nurse during their practice placement.

Content:

- Module 1: Introducing Preceptorship
- Module 2: Supporting a Student on a Placement
- Module 3: Supporting a Student Who is Not Achieving Competency
- Preceptorship in Practice - Assessment

Accreditation:

NMBI accreditation 1 CEU

Coordinator:

Glory George

Duration:

70 minutes

Dates:

HseLand online access

Venue:

HseLand online course

Prostin Per Vagina (P.V.) administration by midwives

Aim:

To provide midwives with the theory and practice required to safely administer Prostin (per vaginum)

Content:

- CUMH Policy re: Induction of labour and administration of Prostin
- Review of abdominal examination, vaginal examination and Electronic Fetal Monitoring
- Prostin administration and its management
- Practice Session: Vaginal examinations & administration of Prostin (including competency forms)

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Annette Keating, Midwife Teacher

Duration:

3 hours

Dates:

5th February 2025
8th April 2025
6th June 2025
29th September 2025
28th October 2025
5th December 2025

Time:

08.00 - 11.00 hours

Venue:

Centre of Midwifery Education

The care of mothers and infants in the postnatal period

Aim:

This programme provides an overview of the assessment and daily skills that clinical midwives provide to women and infants from the birthing suite/theatre recovery, while an inpatient on the postnatal wards and through to the discharge home from hospital.

Content:

- Care of a woman post a vaginal birth
- Care of a woman post caesarean section
- Uterine involution
- Management of Postpartum Haemorrhage (PPH)
- Venous Thromboembolism prophylaxis
- Assessment of infant from birth to discharge
- Care and emotional support for parents while infants are in the NNU
- Monitoring an infant with low BSL, jaundiced, low birth weight, PROM.
- Cord care, eye care, top and tailing and bathing workshop
- Discharge information for mothers and their infants

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Imelda Fitzgerald, Midwife Tutor, CME CUMH

Dates:

3rd April 2025

2nd October 2025

Duration:

7 hours

Time:

09.00 - 16.00 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

PROGRAMMES LISTING

Nursing

- An Introduction to Cardiac Rhythm Analysis

- An Introduction to Infant Mental Health (IMH)

- Caring for Women with an Epidural Infusion Post Gynaecological Surgery

- Caring for the Mother & New-born in Operating Theatre Recovery

- Caring for the Obstetric Women on a Gynaecology Ward

- Deteriorating Patient

- Induction Programme for new Midwives and Nurses, (2 Day Programme)

- Manual Handling & People Handling

- Preceptorship

- Preceptorship in Practice

- An Introduction to Infant Mental Health (IMH)

- National Infant Feeding Education Programme



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

An Introduction to Cardiac Rhythm Analysis

Aim:

To provide nurses, midwives and medical doctors with an overview of normal and abnormal cardiac rhythms.

Content:

- Principal electrocardiographic Waves, Intervals & Segments on a normal ECG
- Interpret a 12 lead ECG & rhythm strips using a systematic approach
- Interpret common atrial & ventricular disorders of impulse formation

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Mary O'Connor, Director CME CUMH

Duration:

2 hours

Dates:

As per HseLand

Time:

As per HseLand

Venue:

Centre of Midwifery Education, 5th Floor CUMH

An Introduction to Infant Mental Health (IMH)

Aim:

To provide an overview of Infant Mental Health (IMH) principles, as a means of encouraging working practices that support the healthy brain development of babies and young children.

Content:

- Infant Mental Health (IMH)
- Early life experiences and its relationship in brain development
- Attachment and 'Emotional Regulation in the early years
- 5 Steps of the IMH Intervention Framework
- Application of the IMH Intervention Framework

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

4 hours

Dates:

4th March 2025

11th November 2025

Time:

08.45 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

Caring for Women with an Epidural Infusion Post Gynaecological Surgery

Aim:

To educate nurses and midwives to be competent in the care and management of women with an epidural catheter in situ, receiving continuous administration of analgesia post gynaecological surgery.

Content:

- Review of spinal anatomy & physiology comparing epidural route to spinal route
- Pharmacology of Fentanyl & Bupivacaine
- MNCMS documentation
- Complications of Epidural Infusion
- Nursing Management and Observations of the Patient receiving Epidural Analgesia Via Infusion
- Workshop on the use of the Epidural Pump

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

8 hours

Dates:

18th March 2025

29th October 2025

Time:

08.00 – 16.30 hours

Venue:

Centre of Midwifery Education

Caring for the Mother & New-born in Operating Theatre Recovery

Aim:

To provide nurses and midwives working in Theatre Recovery with the skills and knowledge to provide care to Mothers and Newborns in the immediate postpartum period.

Content:

- Holistic care of the mother in theatre recovery, CUMH
- Involution of the uterus, theory, demonstration and practice
- Perineal care following birth
- Breastfeeding support
- IMEWS
- Care of the newborn
- Skin to skin care

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

7 hours

Dates:

1st April 2025
4th November 2025

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery Education

Caring for the Obstetric Women on a Gynaecology Ward

Aim:

To provide registered nurses with a general overview of gynaecological nursing so they may safely and effectively care for obstetric patients within a gynaecology department.

Content:

- Nursing care of a women with Hyperemesis in early pregnancy
- Pre and post-operative nursing care of a women requiring an ERPC
- Care of a women admitted for a Medical Termination of pregnancy
- The principles of good communication skills
- Signs and symptoms of Postpartum Haemorrhage

Accreditation:

NMBI accreditation 5 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

5 hours

Dates:

31st January 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

Deteriorating Patient

Aim:

Is to ensure that all staff working with Cork University Maternity Hospital apply a standardised, high quality systematic approach to the recognition, response and management of the deteriorating patient.

Pre-requisites to attending the classroom:

- Introduction to Sepsis Management for Adults including Maternity
- Irish Maternity Early Warning System (IMEWS)
- Irish National Early Warning System (INEWS)V2 :Nursing/HSCP Focus
- Clinical Handover using ISBAR and ISBAR 3

Content:

- A, B, C, D, E System of Assessment
- Deteriorating Patient drill
- Irish National Early Warning System (INEWS) overview and documentation on paper
- Irish Maternity Warning System (IMEWS) overview and documentation on paper
- Sepsis
- Overview of MN-CMS documentation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

20th February 2025
24th April 2025
5th June 2025
16th September 2025
29th October 2025
4th December 2025

Time:

08.00 - 14.00 hours

Venue:

Centre of Midwifery
Education

Induction Programme for new Midwives and Nurses, (2 Day Programme)

Aim:

To induct midwives and nurses, new to the hospital, in the culture, practices and guidelines of the CUMH.

Content:

- Overview of uniform policies, annual leave entitlements and e-rostering
- Dignity at work
- Baby security system
- Information on smoking cessation
- Overview of Q-pulse and knowledge portal
- Management of PPH
- Communication skills
- Professional Development Record, glucometer training and staff directory
- Hand hygiene and PCHAI

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Dates:

9th & 10th January 2025
22nd & 23rd July 2025
12th & 13th November 2025

Duration:

15 hours

Time:

08.00 – 16.00 hours

Venue:

Centre of Midwifery Education

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

27th & 28th January 2025
20th & 21st February 2025
24th & 25th March 2025
16th & 17th April 2025
28th & 29th May 2025
26th & 27th June 2025
10th & 11th July 2025
6th & 7th August 2025
18th & 19th September 2025
2nd & 3rd October 2025
13th & 14th November 2025
1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

Preceptorship

Aim:

To provide an overview of the supervision and assessment of student midwife and midwife adaption candidates' requirements in the clinical areas.

Content:

- Developing Organisational Culture within SSWHG
- A shared Experience of the Midwifery Adaptation programme
- Overview of Competency Assessment Tool for midwives, adaptation midwives, student midwives, PHN students

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

5 hours

Dates:

- 18th February 2025
- 29th April 2025
- 24th June 2025
- 5th August 2025
- 7th October 2025
- 4th December 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Preceptorship in Practice

Aim:

The aim of this programme is to provide registered midwives and nurses with the relevant knowledge to be able to supervise and support a student midwife/nurse during their practice placement.

Content:

- Module 1: Introducing Preceptorship
- Module 2: Supporting a Student on a Placement
- Module 3: Supporting a Student Who is Not Achieving Competency
- Preceptorship in Practice - Assessment

Accreditation:

NMBI accreditation 1 CEU

Coordinator:

Glory George

Duration:

70 minutes

Dates:

HseLand online access

Venue:

HseLand online course

An Introduction to Infant Mental Health (IMH)

Aim:

To provide an overview of Infant Mental Health (IMH) principles, as a means of encouraging working practices that support the healthy brain development of babies and young children.

Content:

- Infant Mental Health (IMH)
- Early life experiences and its relationship in brain development
- Attachment and 'Emotional Regulation in the early years
- 5 Steps of the IMH Intervention Framework
- Application of the IMH Intervention Framework

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

4 hours

Dates:

4th March 2025

11th November 2025

Time:

08.45 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

22nd January 2025

25th February 2025

2nd April 2025

28th May 2025

25th June 2025

25th September 2025

26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

PROGRAMMES LISTING

Nursery Nurses

- Nursery Nursing Studies (Nursing Studies) in Collaboration with Cork College of FET
- Nursery Nurses Induction Programme
- Heartsaver & AED Programme
- Manual Handling & People Handling
- National Infant Feeding Education Programme
- An Introduction to Infant Mental Health (IMH)
- National Healthcare Communication Programme: Module 1 – Making Connections

The **Nursery Nurse (Nursing Studies)** course is run in partnership with Cork College of Further Education and Training Service, Morrison’s Island Campus and CUMH (Cork University Maternity Hospital) provides the knowledge, skills and experience needed to operate as part of a maternity team.

For further information and application please click [HERE](#)



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

Nursery Nursing Studies (Nursing Studies) in Collaboration with Cork College of FET

Aim:

The aim of this workshop is equip nursery nurse students with the necessary knowledge and skills to work alongside qualified midwives, in supporting parents to care for their newborn infants.

Content:

- Heartsaver AED
- Newborn Blood Spot Screening
- Vital signs – Theory – ISBAR
- Infant Security
- Artificial Feeding
- Examination of the newborn
- Breastfeeding education
- Neonatal jaundice
- Newborn infant care
- Understanding baby's weight – Loss & Gain
- Safe skin-to-skin care
- Overview of the resuscitaire and equipment
- Principles of Neonatal Resuscitation
- Role of Nursery Nurse during Neonatal Resuscitation
- How to perform chest compressions – Theory & Practice

Dates:

To be confirmed
for 2025-2026

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery
Education

Accreditation:

Not relevant

Coordinator:

Fionnuala Hunt,
Specialist Midwife
Coordinator,
CME, CUMH

Duration:

4 x 8 hours

Nursery Nurses Induction Programme

Aim:

To provide new Nursery Nurses with an overview to the culture and practices of CUMH.

Content:

- Absenteeism/Uniforms/Annual Leave
- Personal Development Record
- Overview of HseLand
- Infection Prevention & Control
- Breastfeeding
- Vital Signs
- Infant Care
- Bereavement & Loss

Accreditation:

Not relevant

Coordinator:

Imelda Fitzgerald, Midwife Tutor

Duration:

7 hours

Dates:

As per HseLand

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery Education

Heartsaver & AED Programme

Aim:

The aim of the Heartsaver and Automatic external defibrillator (AED) course is to teach CUMH staff how to perform high-quality CPR individually or as part of a team.

Content:

- Signs of Cardiac arrest
- Chain of survival
- Adult, paediatric and infant CPR including two rescuer scenarios
- Ventilation using a barrier device
- Management of foreign body airway obstruction (FBAO)
- Use of AED's

Accreditation:

All participants receive a E-cert certification via their email from the Irish Heart Foundation which is valid for two years.

Coordinator:

Mary O'Connor, Director CME CUMH

Duration:

4.5 hours

Dates:

20th March 2025
24th July 2025
18th November 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

27th & 28th January 2025
20th & 21st February 2025
24th & 25th March 2025
16th & 17th April 2025
28th & 29th May 2025
26th & 27th June 2025
10th & 11th July 2025
6th & 7th August 2025
18th & 19th September 2025
2nd & 3rd October 2025
13th & 14th November 2025
1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

- 22nd January 2025
- 25th February 2025
- 2nd April 2025
- 28th May 2025
- 25th June 2025
- 25th September 2025
- 26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

An Introduction to Infant Mental Health (IMH)

Aim:

To provide an overview of Infant Mental Health (IMH) principles, as a means of encouraging working practices that support the healthy brain development of babies and young children.

Content:

- Infant Mental Health (IMH)
- Early life experiences and its relationship in brain development
- Attachment and 'Emotional Regulation in the early years
- 5 Steps of the IMH Intervention Framework
- Application of the IMH Intervention Framework

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

4 hours

Dates:

4th March 2025

11th November 2025

Time:

08.45 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

NATIONAL HEALTHCARE COMMUNICATION PROGRAMME: MODULE 1

Making Connections

Aim:

To support all staff involved with the maternity services patient care to take a skilled, sensitive and person-centred approach with every conversation with patients, their families and each team member.

Content:

- Patient-centred communication - skills-based approach.
- Non-verbal and verbal behaviour.
- Building rapport.
- Active listening.

Accreditation:

NMBI accreditation 1.5 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

1.5 hours

Dates:

23rd June 2025

22nd September 2025

Time:

08.00 – 09.30 hours
& 14.00 – 15.30 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

PROGRAMMES LISTING

Obstetrics & Gynaecology

- National Infant Feeding Education Programme
- A Coroner's Inquest - Understanding the Process, Information and Support when attending a Coroner's Inquest
- Deteriorating Patient
- Management of Impacted Fetal Head at Caesarean Section
- Management of Vaginal Breech Birth
- Heartcode BLS Blended Programme
- Manual Handling & People Handling
- Perineal Repair Programme
- The care of women with Female Genital Mutilation (FGM) within an Irish Maternity Context
- Urogynaecology Education for Healthcare Professionals (Webinar)



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

22nd January 2025

25th February 2025

2nd April 2025

28th May 2025

25th June 2025

25th September 2025

26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

A CORONER'S INQUEST

Understanding the Process, Information and Support when attending a Coroner's Inquest

Aim:

To provide Midwives and Doctors education on the process of attending a coroner's inquest and increase their knowledge of the supports available.

Content:

- The process of the Coroner's inquest
- Supports available to staff who are requested to attend a coroner's inquest
- Statement writing
- Experience of attending a coroner's inquest
- Supporting colleague attending a coroner's inquest

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

5 hours

Dates:

4th September 2025

Time:

08.00 - 13.30 hours

Venue:

Centre of Midwifery
Education, 5th Floor,
CUMH

Deteriorating Patient

Aim:

Is to ensure that all staff working with Cork University Maternity Hospital apply a standardised, high quality systematic approach to the recognition, response and management of the deteriorating patient.

Pre-requisites to attending the classroom:

- Introduction to Sepsis Management for Adults including Maternity
- Irish Maternity Early Warning System (IMEWS)
- Irish National Early Warning System (INEWS)V2 :Nursing/HSCP Focus
- Clinical Handover using ISBAR and ISBAR 3

Content:

- A, B, C, D, E System of Assessment
- Deteriorating Patient drill
- Irish National Early Warning System (INEWS) overview and documentation on paper
- Irish Maternity Warning System (IMEWS) overview and documentation on paper
- Sepsis
- Overview of MN-CMS documentation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

20th February 2025
24th April 2025
5th June 2025
16th September 2025
29th October 2025
4th December 2025

Time:

08.00 - 14.00 hours

Venue:

Centre of Midwifery
Education

Management of Impacted Fetal Head at Caesarean Section

Aim:

To educate CUMH multi-professional team to manage Impacted Fetal Head at Caesarean Section.

Content:

- Signs of Impacted Fetal Head
- Teamwork
- Operator Hand Manoevers to deliver Impacted Fetal Head

Accreditation:

Accreditation NMBI 1 CEU

Coordinator:

Mary O'Connor, Director, CME CUMH

Duration:

45 Minutes

Dates:

As per HseLand

Time:

14.00 hours & repeated at 14.45 hours

Venue:

Centre of Midwifery Education

Management of Vaginal Breech Birth

Aim:

To educate CUMH multi-professional team on the management of a vaginal breech birth.

Content:

- Teamwork
- Manoevers to manage a vaginal Breech birth

Accreditation:

Accreditation NMBI 1 CEU

Coordinator:

Mary O’Connor, Director, CME CUMH

Duration:

45 Minutes

Dates:

As per HseLand

Time:

14.00 hours & repeated at 14.45 hours

Venue:

Centre of Midwifery Education

Heartcode BLS Blended Programme

Aim:

The Heartcode BLS online programme is a self-directed eLearning programme that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalised learning path that adapts in real time to a learner's performance.

Pre-requisite:

Part 1: Complete the on line Heartcode BLS (1-2 hours). Present your completed certificate on registration to classroom skills part 2 (1-2 hours).

Content:

- The importance of high-quality CPR and its impact on survival
- Steps of the Chains of Survival and apply the BLS concepts of the Chains of Survival
- Signs of someone needing CPR
- Perform high-quality CPR for adults, children, and infants
- Use of an AED and demonstrate its use
- Demonstrate effective ventilation by using a barrier device
- Multi-rescuer resuscitation and perform as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for an adult, a child, and an infant

Accreditation:

American Heart Association

Dates:

- 10th February 2025
- 19th March 2025
- 12th August 2025
- 13th August 2025

Duration:

1-2 hours

Time:

17.00 – 19.00 hours

Coordinator:

Mary O'Connor,
Director CME

Venue:

Centre of Midwifery Education, 5th Floor CUMH

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

27th & 28th January 2025
20th & 21st February 2025
24th & 25th March 2025
16th & 17th April 2025
28th & 29th May 2025
26th & 27th June 2025
10th & 11th July 2025
6th & 7th August 2025
18th & 19th September 2025
2nd & 3rd October 2025
13th & 14th November 2025
1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

Perineal Repair Programme

Aim:

To increase the midwife's knowledge and skills of perineal trauma and its repair.

Content:

- The registration and legislation of Midwives
- The pelvic Floor, a review of the anatomy
- Perineal trauma: evidence based practice
- Perineal repair: evidence based practice
- Perineal repair: practical aspects
- Competency forms

Accreditation:

NMBI accreditation 4.5 CEUs

Coordinator:

Annette Keating, Midwife Teacher

Duration:

4.5 hours

Dates:

6th February 2025
26th May 2025
11th September 2025
6th November 2025

Time:

08.00 - 12.30 hours

Venue:

Centre of Midwifery
Education

The care of women with Female Genital Mutilation (FGM) within an Irish Maternity Context

Aim:

The aim of this programme to familiarise clinicians who work in the maternity, gynaecological, and sexual health services with the clinical care pathways and the relevant legal framework governing FGM in Ireland.

Content:

- Sociological & Cultural Aspect of Female Genital Mutilation (FGM)
- Prevalence: Global, European & Irish Statistics
- Classification of FGM
- Health Consequences in the Short & Long Term
- The support and care from midwives
- Care of women with FGM in gynaecology and maternity settings
- The role of physiotherapists with FGM management
- Raising the topic of sexual health using the PLISST model
- Legal aspects of FGM
- Psychological care for women

Accreditation:

NMBI accreditation 5 CEUs

Royal College of Surgeons Ireland (RCSI)
5 CPD accreditation

Coordinator:

Imelda Fitzgerald,
Midwife Tutor,
CME CUMH

Duration:

5.5 hours

Dates:

16th September 2025

Time:

09.00 – 13.30 hours

Venue:

Online

Urogynaecology Education for Healthcare Professionals (Webinar)

Aim:

To provide midwives, nurses, doctors and allied health professionals with the knowledge and skills to provide quality care to women with urogynaecological disorders.

Content:

- Anatomy & Physiology of the Pelvic Floor
- Pelvic Floor Exercises
- Stress and urge incontinence
- Preparation of the Perineum in the antenatal period
- Management of uterine prolapse
- Pessary management & fitting
- Impact of incontinence on people's lives
- Psychological Perspectives on Incontinence: How re-training the brain can help

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife
Coordinator, CME, CUMH

Duration:

6 hours

Dates:

5th September 2025

Time:

08.00 – 15.30 hours

Venue:

Online

PROGRAMMES LISTING

Neonatal

- Manual Handling & People Handling
- Neonatal Development Care Education
- Parenteral Nutrition
- Preceptorship
- Preceptorship in Practice
- S.T.A.B.L.E.
- Ventilation Study Day for Neonatal Nurses
- Heartcode BLS Blended Programme
- An Introduction to Infant Mental Health (IMH)
- National Infant Feeding Education Programme



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

27th & 28th January 2025
20th & 21st February 2025
24th & 25th March 2025
16th & 17th April 2025
28th & 29th May 2025
26th & 27th June 2025
10th & 11th July 2025
6th & 7th August 2025
18th & 19th September 2025
2nd & 3rd October 2025
13th & 14th November 2025
1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

Neonatal Development Care Education

Aim:

To provide all staff working within the neonatal unit in CUMH with an introduction to developmental care in the Neonatal Unit (NNU), focusing on sensory development of the neonate and offering suggestions and practical workshops for developmental supportive care for the baby and their families.

Content:

- Overview of Developmental Care
- Sensory Development
- The role of the Occupational Therapist in the NNU
- The role of the Social Worker in the NNU
- The Role of the Discharge Coordinator/ Family Integrated Care
- The Role of the Speech & Language Therapist in neonatal care
- Overview of Developmental Care
- Sensory Development
- Neuroprotection
- Caring for the Carers
- Pain Management
- Kangaroo Care
- Positioning Babies in the NNU
- Workshops; Kangaroo Care transfer, Making Nests, LP holding & Swaddled Baths

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

6.5 hours

Dates:

21st October 2025

Time:

08.00 – 15.10 hours

Venue:

Centre of Midwifery Education

Parenteral Nutrition

Aim:

To provide the Nursing and Midwifery staff working within the Neonatal unit, CUMH with an update of the theoretical knowledge and clinical skills required to safely administer Parenteral Nutrition.

Pre-requisite to be uploaded to Trainscan:

Medication Management on HseLand

Content:

- An overview of medication management and scope of practice
- Preparation & maintenance of a sterile field for invasive procedures
- National Preterm Parenteral Nutrition Model of Care: A Nurse's Guide
- MN-CMS Documentation of PN Administration
- Practical Demonstration of Braun pump set up.

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

As per HseLand

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery Education

Preceptorship

Aim:

To provide an overview of the supervision and assessment of student midwife and midwife adaption candidates' requirements in the clinical areas.

Content:

- Developing Organisational Culture within SSWHG
- A shared Experience of the Midwifery Adaptation programme
- Overview of Competency Assessment Tool for midwives, adaptation midwives, student midwives, PHN students

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

5 hours

Dates:

- 18th February 2025
- 29th April 2025
- 24th June 2025
- 5th August 2025
- 7th October 2025
- 4th December 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Preceptorship in Practice

Aim:

The aim of this programme is to provide registered midwives and nurses with the relevant knowledge to be able to supervise and support a student midwife/nurse during their practice placement.

Content:

- Module 1: Introducing Preceptorship
- Module 2: Supporting a Student on a Placement
- Module 3: Supporting a Student Who is Not Achieving Competency
- Preceptorship in Practice - Assessment

Accreditation:

NMBI accreditation 1 CEU

Coordinator:

Glory George

Duration:

70 minutes

Dates:

HseLand online access

Venue:

HseLand online course

S.T.A.B.L.E.

Aim:

The S.T.A.B.L.E. programme aims to provide important information about neonatal stabilisation for maternal/ infant healthcare providers in all settings to standardise and organise care in the pre-transport/ transport resuscitation stabilisation period. A uniform, standardised process of care and comprehensive team approach can improve the infant's overall stability, safety and outcome.

Pre-requisites to attending the classroom:

Please read the S.T.A.B.L.E. textbook. Participants complete both a pre-test and blank answer sheet and post-test (on the day) in order to evaluate the effectiveness of the course. Please bring the completed pretest answer sheet with you on the day.

Content:

A mnemonic 'S.T.A.B.L.E.' is used to assist with information recall and to standardise and organise care in the pre-transport/ transport resuscitation stabilisation period.

S for the Sugar and Safe Care with a review of the importance of establishing IV access, risk of hypoglycaemia, treatment and safety.

T for Temperature with a review of thermal needs, hypothermia and hypoxic ischaemic encephalopathy.

A for Airway with a review of the evaluation of respiratory distress, management and interpretation of blood gases.

B for Blood Pressure with a review of risk factors for three major causes of shock and how to assess/ manage.

L for Lab Work and focuses on neonatal infection, signs of infection, maternal and neonatal risk factors, interpretation of blood results and treatment.

E for Emotional Support with a review of the crisis surrounding the birth of a sick infant and how to support families.

Accreditation:

NMBI accreditation 8 CEUs

Coordinator:

Elaine Whelan,
Specialist Coordinator,
Neonatal Nursing,
CME CUMH

Duration:

9 hours

Dates:

6th February 2025

29th May 2025

9th October 2025

Time:

08.00 - 17.00 hours
classroom

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

Ventilation Study Day for Neonatal Nurses

Aim:

To facilitate neonatal nurses and midwives to further develop their knowledge, skills and competence of managing neonatal respiratory conditions and be able to apply advanced techniques of neonatal invasive and non-invasive respiratory support appropriately.

Content:

- Oxygen monitoring
- Oxygen therapy
- Conventional CPAP and Duopap
- Principles of conventional Ventilation and gas interpretation
- High frequency oscillation ventilation mode
- Transcutaneous Co2 monitoring
- Tube management and suctioning workshop
- Nitric oxide set up-workshop

Accreditation:

NMBI accreditation 5 CEUs

Coordinator:

Elaine Whelan, Specialist Coordinator
Neonatal Nursing, CME CUMH

Duration:

6 hours

Dates:

28th April 2025
1st September 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor
CUMH

Heartcode BLS Blended Programme

Aim:

The Heartcode BLS online programme is a self-directed eLearning programme that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalised learning path that adapts in real time to a learner's performance.

Pre-requisite:

Part 1: Complete the on line Heartcode BLS (1-2 hours). Present your completed certificate on registration to classroom skills part 2 (1-2 hours).

Content:

- The importance of high-quality CPR and its impact on survival
- Steps of the Chains of Survival and apply the BLS concepts of the Chains of Survival
- Signs of someone needing CPR
- Perform high-quality CPR for adults, children, and infants
- Use of an AED and demonstrate its use
- Demonstrate effective ventilation by using a barrier device
- Multi-rescuer resuscitation and perform as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for an adult, a child, and an infant

Accreditation:

American Heart Association

Dates:

10th February 2025
19th March 2025
12th August 2025
13th August 2025

Duration:

1-2 hours

Time:

17.00 – 19.00 hours

Coordinator:

Mary O'Connor,
Director CME

Venue:

Centre of Midwifery
Education, 5th Floor
CUMH

An Introduction to Infant Mental Health (IMH)

Aim:

To provide an overview of Infant Mental Health (IMH) principles, as a means of encouraging working practices that support the healthy brain development of babies and young children.

Content:

- Infant Mental Health (IMH)
- Early life experiences and its relationship in brain development
- Attachment and 'Emotional Regulation in the early years
- 5 Steps of the IMH Intervention Framework
- Application of the IMH Intervention Framework

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Duration:

4 hours

Dates:

4th March 2025

11th November 2025

Time:

08.45 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

22nd January 2025

25th February 2025

2nd April 2025

28th May 2025

25th June 2025

25th September 2025

26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

PROGRAMMES LISTING

Maternity Healthcare Assistants

- Maternity Healthcare Assistant Induction Programme

- Maternity Healthcare Assistant Practical Skills in Vital Signs Education

- Heartsaver & AED Programme

- Manual Handling & People Handling

- National Infant Feeding Education Programme

- National Healthcare Communication Programme:
Module 1 – Making Connections



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

Maternity Healthcare Assistant Induction Programme

Aim:

To provide new Maternity Healthcare Assistants with an overview to the culture and practices of CUMH.

Content:

- Absenteeism/Uniforms/Annual Leave
- Personal Development Record
- Overview of HseLand
- Infection Prevention & Control
- Breastfeeding
- Vital Signs
- Infant Care
- Bereavement & Loss

Accreditation:

Not relevant

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

7 hours

Dates:

14th April 2025
13th October 2025

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery Education

Maternity Healthcare Assistant Practical Skills in Vital Signs Education

In Development as per HseLand

Heartsaver & AED Programme

Aim:

The aim of the Heartsaver and Automatic external defibrillator (AED) course is to teach CUMH staff how to perform high-quality CPR individually or as part of a team.

Content:

- Signs of Cardiac arrest
- Chain of survival
- Adult, paediatric and infant CPR including two rescuer scenarios
- Ventilation using a barrier device
- Management of foreign body airway obstruction (FBAO)
- Use of AED's

Accreditation:

All participants receive a E-cert certification via their email from the Irish Heart Foundation which is valid for two years.

Coordinator:

Mary O'Connor, Director CME CUMH

Duration:

4.5 hours

Dates:

20th March 2025
24th July 2025
18th November 2025

Time:

08.00 - 13.00 hours

Venue:

Centre of Midwifery Education

Manual Handling & People Handling

Aim:

Following successful completion of the People Moving and Handling e-learning theory module, participants will complete the practical Manual Handling and People Handling module 3 yearly, delivered by a qualified instructor, as set out in HSE Manual Handling and People Handling Policy, 2018.

Accreditation:

Not relevant

Content:

- Current legislation regarding Manual Handling and People Moving and Handling
- Responsibilities of the employer and employee, according to the Safety, Health and Welfare at Work Act, 2005 & 2007
- Anatomy, structure and function of the spine
- Risk assessments of people handling and inanimate handling
- HSE Principles of Manual Handling and People Moving and Handling
- Demonstration and practice of safe manual handling and people handling skills

Coordinator:

Sheila Dickson,
Moving and Handling Training Department

Duration:

4 hours

Dates:

27th & 28th January 2025
20th & 21st February 2025
24th & 25th March 2025
16th & 17th April 2025
28th & 29th May 2025
26th & 27th June 2025
10th & 11th July 2025
6th & 7th August 2025
18th & 19th September 2025
2nd & 3rd October 2025
13th & 14th November 2025
1st & 2nd December 2025

Time:

08.30 - 12.30 hours

Venue:

Centre of Midwifery Education

National Infant Feeding Education Programme

Aim:

To provide midwives and public health nurses opportunities to enhance their core breastfeeding skills and support mothers to learn new breastfeeding skills.

Pre-requisite:

To complete the national infant feeding/ breastfeeding elearning units:

Unit 1: Introduction to Breastfeeding

Unit 2: Supporting Early Breastfeeding

Unit 3: Ongoing Breastfeeding Support

Unit 4: Formula Feeding

Content:

- Importance of connecting with baby
- Anatomy of the breast and how milk is made
- Ten Steps to Successful breastfeeding to practice
- Teaching the skill of breastfeeding
- The skill of expressing breastmilk
- Breastfeeding Challenges
- Supporting breastfeeding on discharge

Accreditation:

NMBI accreditation 13 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Dates:

22nd January 2025

25th February 2025

2nd April 2025

28th May 2025

25th June 2025

25th September 2025

26th November 2025

Time:

08.00 – 14.00 hours

Venue:

Centre of Midwifery
Education

NATIONAL HEALTHCARE COMMUNICATION PROGRAMME: MODULE 1

Making Connections

Aim:

To support all staff involved with the maternity services patient care to take a skilled, sensitive and person-centred approach with every conversation with patients, their families and each team member.

Content:

- Patient-centred communication - skills-based approach.
- Non-verbal and verbal behaviour.
- Building rapport.
- Active listening.

Accreditation:

NMBI accreditation 1.5 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

1.5 hours

Dates:

23rd June 2025

22nd September 2025

Time:

08.00 – 09.30 hours
& 14.00 – 15.30 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

PROGRAMMES LISTING

Anaesthetics

- Deteriorating Patient
- Heartcode BLS Blended Programme



To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll

Deteriorating Patient

Aim:

Is to ensure that all staff working with Cork University Maternity Hospital apply a standardised, high quality systematic approach to the recognition, response and management of the deteriorating patient.

Pre-requisites to attending the classroom:

- Introduction to Sepsis Management for Adults including Maternity
- Irish Maternity Early Warning System (IMEWS)
- Irish National Early Warning System (INEWS)V2 :Nursing/HSCP Focus
- Clinical Handover using ISBAR and ISBAR 3

Content:

- A, B, C, D, E System of Assessment
- Deteriorating Patient drill
- Irish National Early Warning System (INEWS) overview and documentation on paper
- Irish Maternity Warning System (IMEWS) overview and documentation on paper
- Sepsis
- Overview of MN-CMS documentation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

20th February 2025
24th April 2025
5th June 2025
16th September 2025
29th October 2025
4th December 2025

Time:

08.00 - 14.00 hours

Venue:

Centre of Midwifery
Education

Heartcode BLS Blended Programme

Aim:

The Heartcode BLS online programme is a self-directed eLearning programme that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalised learning path that adapts in real time to a learner's performance.

Pre-requisite:

Part 1: Complete the on line Heartcode BLS (1-2 hours). Present your completed certificate on registration to classroom skills part 2 (1-2 hours).

Content:

- The importance of high-quality CPR and its impact on survival
- Steps of the Chains of Survival and apply the BLS concepts of the Chains of Survival
- Signs of someone needing CPR
- Perform high-quality CPR for adults, children, and infants
- Use of an AED and demonstrate its use
- Demonstrate effective ventilation by using a barrier device
- Multi-rescuer resuscitation and perform as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for an adult, a child, and an infant

Accreditation:

American Heart Association

Dates:

10th February 2025
19th March 2025
12th August 2025
13th August 2025

Duration:

1-2 hours

Time:

13.30 – 15.30 hours

Coordinator:

Mary O'Connor,
Director CME

Venue:

Centre of Midwifery
Education, 5th Floor
CUMH

PROGRAMMES LISTING

Continuous Professional Development

- Blood Cultures
- Deteriorating Patient
- Developing Policies, Procedures, Protocols and Guidelines using the HSE National Framework
- Haemovigilance Education
- Hand hygiene auditor direct observation training programme
- Intravenous Therapy Programme
- Introduction to Clinical Audit for Midwives & Nurses
- Introduction programme for 3rd Trimester Ultrasound scanning for registered Midwives CUMH
- Leading an Empowered Organisation (LEO) - 3 day programme
- Making Every Contact Count (MECC) Enhancing your Skills Workshop
- Management of Impacted Fetal Head at Caesarean Section
- Management of Vaginal Breech Birth
- Managing Diabetes in Pregnancy: A CUMH Multi-Disciplinary Team Approach
- Maternity Critical Care NU6167 UCC & CUMH
- The care of mothers and infants in the postnatal period
- NCLC CNME National Facilitator Education Programme
- Assessment, Management and Care of the Patient receiving Intravenous Patient Controlled Analgesia
- Peripherally Inserted Central Catheters (PICC)
- Perinatal Mental Health Education
- Preceptorship in Practice
- Preparation for Birth and Parenthood Education Facilitation NU6153 UCC & CME
- Seasonal Influenza Peer Vaccination Programme
- S.T.A.B.L.E.

PROGRAMMES LISTING (CONTINUED)

Continuous Professional Development

- Total Parental Nutrition (TPN) in the adult
- TEARDROP
- Urogynaecological Education
- Venepuncture and Peripheral Intravenous Cannulation
- Thrombosis throughout the lifespan for the women
- An Introduction to Cardiac Rhythm Analysis
- The care of women with Female Genital Mutilation (FGM) within an Irish Maternity Context
- National Healthcare Communication Programme: Module 1 - Making Connections
- National Healthcare Communication Programme: Module 2 - Core Consultation Skills
- National Healthcare Communication Programme: Module 3 - Challenging Consultations
- National Healthcare Communication Programme: Module 4 - Communicating with colleagues and supporting teamwork
- An Introduction to Infertility Assessment and Treatment in the Cork University Maternity Hospital Fertility Hub - A Multidisciplinary Team
- Cervical Education for Healthcare Professionals
- Perineal Care Education Series CUMH
- Uterine Involution Assessment - A Revision for Public Health Nurses and Midwives

To book a place on a Programme visit:

www.hseland.ie

Select Course Catalogue (top of page)

Select the ONMSD Catalogue

Select the CME CUMH Catalogue

Find Programme and Enroll



Blood Cultures

Aim:

The aim of this programme is to provide guidance to midwives and nurses on the correct procedure to be used for the procedure of blood culture specimen collection from peripheral veins and from central venous access devices (CVADs).

Content:

- Indication for collecting blood cultures
- Procedure and technique for taking blood cultures (Theory and practical)
- Collection of blood cultures video

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

7 hours

Dates:

24th March 2025

17th October 2025

Time:

08.00 – 12.00 hours

Venue:

Centre of Midwifery Education

Deteriorating Patient

Aim:

Is to ensure that all staff working with Cork University Maternity Hospital apply a standardised, high quality systematic approach to the recognition, response and management of the deteriorating patient.

Pre-requisites to attending the classroom:

- Introduction to Sepsis Management for Adults including Maternity
- Irish Maternity Early Warning System (IMEWS)
- Irish National Early Warning System (INEWS)V2 :Nursing/HSCP Focus
- Clinical Handover using ISBAR and ISBAR 3

Content:

- A, B, C, D, E System of Assessment
- Deteriorating Patient drill
- Irish National Early Warning System (INEWS) overview and documentation on paper
- Irish Maternity Warning System (IMEWS) overview and documentation on paper
- Sepsis
- Overview of MN-CMS documentation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake,
Specialist Midwife Coordinator, CME CUMH

Duration:

6 hours

Dates:

20th February 2025
24th April 2025
5th June 2025
16th September 2025
29th October 2025
4th December 2025

Time:

08.00 - 14.00 hours

Venue:

Centre of Midwifery
Education

Developing Policies, Procedures, Protocols and Guidelines using the HSE National Framework

Aim:

The aim of the PPPG programme is to brief participants on the HSE PPPG Framework (HSE 2016) and how to use it.

Content:

- Overview of the HSE national framework for developing PPPGs (HSE 2016).
- Guidance on accessing the HSE Library and obtaining a HSE library card and library resources.

Accreditation:

NMBI accreditation 2 CEUs

Coordinator:

Annette Keating, Midwife Teacher, CME

Duration:

2 hours

Dates:

5th February 2025
6th June 2025
29th September 2025
5th December 2025

Time:

13.00 - 15.00 hours

Venue:

Centre of Midwifery Education

Haemovigilance Education

Aim:

To provide all members of the CUMH multi-professional team with an update of Haemovigilance Education (2023) CUMH.

Content:

- Routine Antenatal Anti-D Prophylaxis (RAADP) and Kleiheur
- Blood transfusion, sample validity and special requirements
- Management of a transfusion reaction

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

23 minutes

Venue:

Online

Hand hygiene auditor direct observation training programme

Aim:

The aim of the programme is to provide a standardised training programme to train first time auditors in the direct observation of hand hygiene practice in CUMH and other acute hospitals settings.

Content:

- Direct observation hand hygiene audit in all acute hospital settings.
- 5 moments of hand hygiene
- How to perform a hand hygiene audit
- Work as part of the multidisplanary team to develop a local action plan to address non-compliance

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Áine Blake Clinical Specialist Co-ordinator, Midwifery, CME, CUMH

Duration:

1.5 hours

Dates:

- 26th March 2025
- 11th June 2025
- 24th September 2025
- 10th December 2025

Time:

11.00 – 12.30 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

Intravenous Therapy Programme

Aim:

To facilitate registered nurses and midwives to develop the knowledge, skills and competence that will enable them to safely and successfully administer medications to service users in their care.

Content:

- Local Guidelines on IV therapy & Medication Management
- Quality and Safety Issues and Intravenous Therapy
- Key Principles for safe practice of Intravenous Therapy including the use of the Braun infusamat and Braun syringe driver.
- Blood products and safe transfusion practices
- Care and Management of a patient with a PVC in situ.
- Drug calculations

Accreditation:

NMBI accreditation 4.5 CEUs

Coordinator:

Annette Keating, Midwife Teacher

Duration:

4.5 hours

Dates:

- 14th January 2025
- 25th March 2025
- 22nd May 2025
- 30th July 2025
- 12th September 2025
- 25th November 2025

Time:

08.00 – 12.30 hours

Venue:

Centre of Midwifery Education

Introduction to Clinical Audit for Midwives & Nurses

Aim:

The aim of this programme is to enable participants to develop a clear overview of the theory and practice of clinical audit as well as its practical application to implement clinical audit within their practice environment.

Content:

- Background to clinical audit and its importance in healthcare
- Clinical audit procedure in the CUMH
- Midwifery Metrics
- Defining clinical audit
- Introduction to clinical audit cycle
- Local audits in clinical area

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Imelda Fitzgerald,
Midwife Tutor, CME CUMH

Duration:

5 hours

Dates:

10th March 2025

10th September 2025

Time:

08.00 – 13.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor CUMH

Introduction programme for 3rd Trimester Ultrasound scanning for registered Midwives CUMH

Aim:

To provide education for midwives to be able to perform a limited ultrasound as part of routine prenatal care in the third Trimester of pregnancy.

Content:

- Technique to perform an ultrasound evaluation during the 3rd third trimester of pregnancy.
- Indications and contraindications for performing an ultrasound evaluation during the 3rd trimester of pregnancy.
- Typical fetal and maternal ultra-sonographic findings during the 3rd trimester of pregnancy.
- Identification of fetal number during the 3rd trimester ultrasound.
- Identify fetal cardiac activity during the 3rd trimester ultrasound
- Locate fetal position and presentation
- Identify position of placental location
- Assess amniotic fluid volume
- Assess fetal wellbeing, e.g., biophysical profile
- Common pathologic findings that can be appreciated when performing an ultrasound evaluation during the 3rd trimester of pregnancy

Dates:

As per HseLand

Coordinator:

Mary O'Connor, Director
Centre of Midwifery
Education

Accreditation:

NMBI accreditation 10 CEUs

Duration:

10 hours

Time:

17.00 - 19.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor CUMH

Leading an Empowered Organisation (LEO) - 3 day programme

Aim:

To empower leaders to reach leadership potential.

Content:

- Conceptual Framework: Empowerment Triangle
- Differentiating Centralised and Decentralised Approaches
- The Leader's Role: Individual and Group Development
- Articulated Expectations
- Responsibility, Authority and Accountability
- The Empowerment Triangle:
 - Building Relationships
 - Developing Capacity
 - Leading Change

Accreditation:

NMBI accreditation 21 CEUs

Coordinator:

Fionnuala Hunt,
Specialist Midwife Coordinator, CME, CUMH

Duration:

3 days x 7 hours

Dates:

12th, 13th, 14th March 2025

3rd, 4th, 5th June 2025

13th, 14th, 15th October 2025

Time:

09.00 - 16.00 hours

Venue:

Centre of Midwifery
Education

Making Every Contact Count (MECC) Enhancing your Skills Workshop

Aim:

The core aim of Making Every Contact Count is chronic disease prevention. This workshop will enable healthcare professionals to recognise the role and opportunities that they have through their daily interactions with patients in supporting them to make health behaviour changes.

Following completion of the 'Making Every Contact Count' online module (Part1) all staff working in Cork University Maternity Hospital and Cork University Hospitals are encouraged to attend the practical skills session (Part2) 'Enhancing your Brief Intervention Skills'.

Content:

- Practice skills on how to carry out a brief intervention
- Empower and support patients to make healthier choices to achieve positive health outcomes
- Opportunistic interactions with patients to support them to make and sustain health behaviour changes
- Plan support in a way that is empowering and respectful of the person's circumstances
- Practice the skill of having short focused conversations with people about their lifestyle risk factors, highlighting the healthier choice and supporting them to make this choice in order to improve their health

Accreditation:

NMBI accreditation 3.5 CEUs

Dates:

- 17th April 2025
- 18th September 2025
- 18th November 2025

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

4 hours

Time:

08.00 – 12.00 hours

Venue:

Centre of Midwifery Education

Management of Impacted Fetal Head at Caesarean Section

Aim:

To educate CUMH multi-professional team to manage Impacted Fetal Head at Caesarean Section.

Content:

- Signs of Impacted Fetal Head
- Teamwork
- Operator Hand Manoevers to deliver Impacted Fetal Head

Accreditation:

Accreditation NMBI 1 CEU

Dates:

As per HseLand

Coordinator:

Mary O’Connor,
Director CME CUMH

Duration:

45 Minutes

Time:

14.00 hours
& repeated at 14.45 hours

Venue:

Centre of Midwifery
Education

Management of Vaginal Breech Birth

Aim:

To educate CUMH multi-professional team on the management of a vaginal breech birth.

Content:

- Teamwork
- Manoevers to manage a Vaginal Breech birth

Accreditation:

Accreditation NMBI 1 CEU

Dates:

As per HseLand

Coordinator:

Mary O'Connor,
Director CME CUMH

Duration:

45 Minutes

Time:

14.00 hours
& repeated at 14.45 hours

Venue:

Centre of Midwifery
Education

Managing Diabetes in Pregnancy: A CUMH Multi-Disciplinary Team Approach

Aim:

To provide essential knowledge and skills for healthcare professionals to enable effective and efficient management of women with diabetes in pregnancy in CUMH.

Content:

- Care of women with diabetes in pregnancy from an MDT approach
- Medications used in the management of Gestational Diabetes Mellitus
- Nutritional advice to support women as per the advice of the dietician
- Maternal and fetal risks of diabetes during the antenatal, intrapartum and postnatal period

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

7.5 hours

Dates:

22nd May 2025

23rd October 2025

Time:

08.00 – 15.00 hours

Venue:

Centre of Midwifery Education

Maternity Critical Care NU6167 UCC & CUMH

www.ucc.ie/en/nu6167

Aim:

This is a module for midwives providing care to women with complex or high risk pregnancies, it is designed to advance midwives' knowledge and skills in maternity critical care or to practice within a Maternity Critical Care setting. Undertaking this module will prepares midwives to critically explore the management of the critically ill childbearing woman in order to develop and expand their role within maternity or critical care environment.

Content:

- Introduction to maternity critical care
- Evidence based practice in maternity critical care practice
- Anatomy and physiology pertaining to the respiratory, cardiovascular, renal, system in pregnant and postpartum women
- Caring for deterioration in a critically ill pregnant or postpartum woman
- Assessing, planning implementing and evaluating care for critically ill pregnant or postpartum woman
- Treatment modalities for critically ill maternity women.

Accreditation:

QQ1/NFQ Level 9 programme. This 10-credit module is offered as collaboration between the CME, CUMH and the School of Nursing and Midwifery, UCC. It is approved by the NMBI as a minor award programme.

Dates:

As per www.ucc.ie/en/nu6167

Time:

08.00 – 16.00 hours

Venue:

Centre of Midwifery Education

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

5 days. (40 hours(s) Other (Modified Lectures, Group Discussion, Tutorials, Workshops, Self-directed Learning; 160 hr(s) Placements (Coursework).

The care of mothers and infants in the postnatal period

Aim:

This programme provides an overview of the assessment and daily skills that clinical midwives provide to women and infants from the birthing suite/theatre recovery, while an inpatient on the postnatal wards and through to the discharge home from hospital.

Content:

- Care of a woman post a vaginal birth
- Care of a woman post caesarean section
- Uterine involution
- Management of Postpartum Haemorrhage (PPH)
- Venous Thromboembolism prophylaxis
- Assessment of infant from birth to discharge
- Care and emotional support for parents while infants are in the NNU
- Monitoring an infant with low BSL, jaundiced, low birth weight, PROM.
- Cord care, eye care, top and tailing and bathing workshop
- Discharge information for mothers and their infants

Accreditation:

NMBI accreditation 7 CEUs

Coordinator:

Imelda Fitzgerald, Midwife Tutor, CME CUMH

Dates:

3rd April 2025

2nd October 2025

Duration:

7 hours

Time:

09.00 – 16.00 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

NCLC CNME National Facilitator Education Programme

Aim:

The aim of this programme is to equip participants with the knowledge, skills, competence, confidence and attitude to facilitate other individuals attending an education session/programme.

Content:

- Facilitation
- Understanding the and applying the 7 P's
- Active learning strategies
- Design a facilitation session
- Managing Environmental & Behavioural Challenges in Groups
- Reflection on Facilitation Session
- Co-Facilitation
- Facilitating Education on-line
- Evaluation of Facilitation Session
- Considerations before and after the Facilitation Session and Close

Coordinator(s):

Áine Blake Clinical Specialist Coordinator,
Midwifery, CME, CUMH

Imelda Fitzgerald, Midwife Tutor, CME CUMH

Accreditation:

NMBI accreditation 11 CEUs

Dates:

4th & 12th February 2025
19th & 25th August 2025

Duration:

7 hours

Time:

09.00 - 15.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor CUMH

Assessment, Management and Care of the Patient receiving Intravenous Patient Controlled Analgesia

Aim:

To educate nurses and midwives to be competent in the care and management of women with an Intravenous Patient Controlled Analgesia.

Content:

- Pathophysiology of pain
- CUMH Hospital policies, procedures, protocols and guidelines
- Intravenous patient controlled analgesia
- Use of intravenous patient controlled analgesia
- Complications of intravenous patient controlled analgesia

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Áine Blake, Specialist Coordinator Midwifery

Duration:

3 hours

Dates:

13th March 2025
14th May 2025
30th September 2025
11th November 2025

Time:

08.00 – 11.00 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

Peripherally Inserted Central Catheters (PICC)

Aim:

The aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills and competence that will enable each practitioner to safely and confidently manage peripherally inserted catheters within the maternity setting.

Content:

- Management of the patient with a peripherally inserted central catheter (PICC)
- Medication management and drug calculations
- Infection prevention and control

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Imelda Fitzgerald, Midwife Tutor, CME CUMH

Duration:

4 hours

Dates:

2nd May 2025

22nd October 2025

Time:

08.00 – 12.00 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

Perinatal Mental Health Education

Aim:

To educate healthcare professionals on the Perinatal Mental Health Services available in CUMH.

Content:

- The Model of care for Ireland HSE Specialist perinatal mental health services
- A Collaborative Approach to Perinatal Mental Health
- Referral Pathway
- Medication Overview
- Case Studies
- Common Presentations associated with Perinatal Mental Health.
- Therapeutic Interventions

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Áine Blake, Specialist Midwife Coordinator, CME CUMH

Duration:

6.5 hours

Dates:

2nd April 2025
3rd September 2025

Time:

08.00 – 15.30 hours

Venue:

Centre of Midwifery Education

Preceptorship in Practice

Aim:

The aim of this programme is to provide registered midwives and nurses with the relevant knowledge to be able to supervise and support a student midwife/nurse during their practice placement.

Content:

- Module 1: Introducing Preceptorship
- Module 2: Supporting a Student on a Placement
- Module 3: Supporting a Student Who is Not Achieving Competency
- Preceptorship in Practice - Assessment

Accreditation:

NMBI accreditation 1 CEU

Coordinator:

Glory George

Duration:

70 minutes

Dates:

HseLand online access

Venue:

HseLand online course

Preparation for Birth and Parenthood Education Facilitation NU6153 UCC & CME www.ucc.ie/en/nu6153

Aim:

To explore a range of skills that will enable health professionals to facilitate learning in antenatal and parenthood education.

Content:

- Developing a course outline for all expectant parents
- Facilitation skills to make learning fun and effective for prospective parents/The relevance of group dynamics
- Teaching/learning strategies
- Presentation skills/ how to move from monologue to dialogue
- Preparing women/couples for birth and parenthood/Infant Mental Health

Accreditation:

QQ1/NFQ Level 9 programme. This 10-credit module is offered as collaboration between the CME, CUMH and the School of Nursing and Midwifery, UCC. It is approved by the NMBI as a minor award programme.

Coordinator:

Áine Blake, Specialist Midwife Coordinator,
CME CUMH

Dates:

www.ucc.ie/en/nu6153

Time:

08.00 – 16.00 hours

Venue:

Centre of Midwifery
Education

Duration:

6 Days

Seasonal Influenza Peer Vaccination Programme

Aim:

To prepare peer vaccinators to undertake the role of administering the Seasonal Influenza vaccination to peers in the work setting.

Pre-requisite:

Completion of the SIPVP 2024/25 HseLand E-Learning Programme.

Content:

- National Seasonal Influenza Peer vaccination Programme (2024/25)

Accreditation:

NMBI accreditation 4 CEUs

Coordinator:

Annette Keating, Midwife Teacher

Duration:

1.5 hours

Dates:

- 6th September 2025
- 9th September 2025
- 10th September 2025
- 8th October 2025
- 21st October 2025

Time:

08.00 – 09.30 hours

Venue:

Centre of Midwifery Education

S.T.A.B.L.E.

Aim:

The S.T.A.B.L.E. programme aims to provide important information about neonatal stabilisation for maternal/ infant healthcare providers in all settings to standardise and organise care in the pre-transport/ transport resuscitation stabilisation period. A uniform, standardised process of care and comprehensive team approach can improve the infant's overall stability, safety and outcome.

Pre-requisites to attending the classroom:

Please read the S.T.A.B.L.E. textbook. Participants complete both a pre-test and blank answer sheet and post-test (on the day) in order to evaluate the effectiveness of the course. Please bring the completed pretest answer sheet with you on the day.

Content:

A mnemonic 'S.T.A.B.L.E.' is used to assist with information recall and to standardise and organise care in the pre-transport/ transport resuscitation stabilisation period.

S for the Sugar and Safe Care with a review of the importance of establishing IV access, risk of hypoglycaemia, treatment and safety.

T for Temperature with a review of thermal needs, hypothermia and hypoxic ischaemic encephalopathy.

A for Airway with a review of the evaluation of respiratory distress, management and interpretation of blood gases.

B for Blood Pressure with a review of risk factors for three major causes of shock and how to assess/ manage.

L for Lab Work and focuses on neonatal infection, signs of infection, maternal and neonatal risk factors, interpretation of blood results and treatment.

E for Emotional Support with a review of the crisis surrounding the birth of a sick infant and how to support families.

Accreditation:

NMBI accreditation 8 CEUs

Coordinator:

Elaine Whelan
Specialist Coordinator
Neonatal Nursing
CME CUMH

Duration:

9 hours

Dates:

6th February 2025

29th May 2025

9th October 2025

Time:

08.00 - 17.00 hours
classroom

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

Total Parental Nutrition (TPN) in the Adult

Aim:

To facilitate nurses and midwives to further develop their knowledge, skills and competence that will enable each practitioner to safely provide care to women who require Total Parenteral Nutrition (TPN) within the maternity setting.

Content:

- Medication management and drug calculations
- Total Parental Nutrition (TPN)
- Infection Prevention and Control
- Documentation on MN-CNS
- Braun Pump management

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Imelda Fitzgerald,
Midwife Tutor, CME CUMH

Duration:

4 hours

Dates:

As per HseLand

Time:

08.00 - 12.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor
CUMH

TEARDROP

Aim:

The TEARDROP workshop has been designed to address the educational needs of ALL health professionals involved in maternity and newborn care in managing perinatal death and pregnancy loss and is based on the National Standards for Bereavement Care Following Pregnancy Loss and Perinatal Death.

Content:

- The National Standards for Bereavement Care following Pregnancy Loss and Perinatal Death to Practice
- Appropriate communication and compassionate care skills
- Bereavement support

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Mary O’Connor, Director, CME, CUMH

Duration:

5 hours

Dates:

14th February 2025

Time:

08.00 – 13.00 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

Urogynaecological Education

Aim:

To provide midwives, nurses, doctors and allied health professionals with the knowledge and skills to provide quality care to women with urogynaecological disorders.

Content:

- Anatomy & Physiology of the Pelvic Floor
- Pelvic Floor Exercises
- Stress and urge incontinence
- Preparation of the Perineum in the antenatal period
- Management of uterine prolapse
- Pessary management & fitting
- Impact of incontinence on people's lives
- Psychological Perspectives on Incontinence: How re-training the brain can help

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife
Coordinator, CME, CUMH

Duration:

6 hours

Dates:

5th September 2025

Time:

08.00 – 15.30 hours

Venue:

Online

Venepuncture and Peripheral Intravenous Cannulation

Aim:

To facilitate the participant to complete the theory and practice component of venepuncture and peripheral intravenous cannulation and to gain competency in the skills of venepuncture and peripheral intravenous cannulation.

Content:

- Overview of the National Framework on Venepuncture and Peripheral Intravenous Cannulation (HSE, 2017)
- Pathway for the labelling of specimens for group and cross match
- Skills demonstrations and practice on venepuncture and intravenous cannulation

Accreditation:

NMBI accreditation 6 CEUs

Coordinator:

Fionnuala Hunt, Specialist Midwife Coordinator, CME, CUMH

Duration:

7 hours

Dates:

30th January 2025
27th May 2025
1st October 2025

Time:

08.15 – 15.30 hours

Venue:

Centre of Midwifery Education, 5th Floor CUMH

Thrombosis throughout the lifespan for the women

Aim:

The aim of this programme to provide evidence based knowledge of women at risk of developing a Venous Thromboembolism (VTE) throughout the lifespan (Adolescence, pregnancy, menopause and gynaecological malignancies).

Content:

- National Venous Thromboembolism Programme
- Pre-disposing Factors for Developing Venous Thromboembolism (VTE)
- Management of adolescence with Thrombosis in the Acute & Community setting
- Contraception- Alternative Devices post Thrombosis
- Hormonal Influences of VTE
- Diagnosis and Management of VTE in Pregnancy & Postnatal Period
- Complex Menopause Service
- Community After-Care for Women with Thrombosis
- Women in Maternity and Gynaecological Services on Life-Long Anti-coagulation
- Pre-operative & post-operative VTE recommendation for the treatment for gynaecologic malignancies
- VTE management with metastatic disease or those receiving chemotherapy
- Anti-coagulation medication across lifespan of the woman

Dates:

21st February 2025

Time:

09.00 – 16.00 hours

Venue:

Online

Accreditation:

Awaiting NMBI accreditation

Duration:

7 hours

An Introduction to Cardiac Rhythm Analysis

Aim:

To provide nurses, midwives and medical doctors with an overview of normal and abnormal cardiac rhythms.

Content:

- Principal electrocardiographic Waves, Intervals & Segments on a normal ECG
- Interpret a 12 lead ECG & rhythm strips using a systematic approach
- Interpret common atrial & ventricular disorders of impulse formation

Accreditation:

Awaiting NMBI accreditation

Coordinator:

Mary O'Connor, Director CME CUMH

Duration:

2 hours

Dates:

As per HseLand

Time:

As per HseLand

Venue:

Centre of Midwifery Education, 5th Floor CUMH

The care of women with Female Genital Mutilation (FGM) within an Irish Maternity Context

Aim:

The aim of this programme to familiarise clinicians who work in the maternity, gynaecological, and sexual health services with the clinical care pathways and the relevant legal framework governing FGM in Ireland.

Content:

- Sociological & Cultural Aspect of Female Genital Mutilation (FGM)
- Prevalence: Global, European & Irish Statistics
- Classification of FGM
- Health Consequences in the Short & Long Term
- The support and care from midwives
- Care of women with FGM in gynaecology and maternity settings
- The role of physiotherapists with FGM management
- Raising the topic of sexual health using the PLISST model
- Legal aspects of FGM
- Psychological care for women

Accreditation:

NMBI accreditation 5 CEUs

Royal College of Surgeons Ireland (RCSI)
5 CPD accreditation

Coordinator:

Imelda Fitzgerald,
Midwife Tutor,
CME CUMH

Duration:

5.5 hours

Dates:

16th September 2025

Time:

09.00 – 13.30 hours

Venue:

Online

NATIONAL HEALTHCARE COMMUNICATION PROGRAMME: MODULE 1

Making Connections

Aim:

To support all staff involved with the maternity services patient care to take a skilled, sensitive and person-centred approach with every conversation with patients, their families and each team member.

Content:

- Patient-centred communication - skills-based approach.
- Non-verbal and verbal behaviour.
- Building rapport.
- Active listening.

Accreditation:

NMBI accreditation 1.5 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

1.5 hours

Dates:

23rd June 2025

22nd September 2025

Time:

08.00 – 09.30 hours
& 14.00 – 15.30 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

NATIONAL HEALTHCARE COMMUNICATION PROGRAMME: MODULE 2

Core Consultation Skills

Aim:

This Module builds on Module 1 - “Making Connections” and introduces participants to the Calgary-Cambridge Guide, a five-stage consultation model, which is very patient-centred. The model is practical and incorporates the physical, psychological and social aspects of the consultation.

Content:

- Structure to the consultation
- Gather information in your consultations accurately and efficiently
- Provide information to patients and their families more effectively and empathically

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Mary O’Connor, Director, CME, CUMH

Duration:

3 hours

Dates:

As per HseLand

Time:

10.00 – 13.00 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

NATIONAL HEALTHCARE COMMUNICATION PROGRAMME: MODULE 3

Challenging Consultations

Aim:

This Programme is designed to support all staff involved in the maternity patient care to take a skilled, sensitive and person-centred approach to all conversations with patients, their families and with colleagues. The Programme is underpinned by the Core Values of Care, Compassion, Trust and Learning.

Content:

- Skills-based approach to patient centred communication
- The impact of non-verbal and verbal behaviour in building a relationship with the patient and on the patient experience
- Building rapport
- Active listening on the patient experience

Accreditation:

NMBI accreditation 3 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

3 hours

Dates:

As per HseLand

Time:

08.00 – 11.00 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

Communicating with colleagues and supporting teamwork

In Development as per HseLand

An Introduction to Infertility Assessment and Treatment in the Cork University Maternity Hospital Fertility Hub - A Multidisciplinary Team

Aim:

To provide Midwives, Nurses and Doctors with evidence based education for the management and care of women, men and/or couples undergoing investigations and treatment for infertility at the Cork University Maternity Fertility Hub.

Content:

- An overview of fertility-Model of care
- The Role of the National Fertility Hubs in the investigation and treatment of the
- Sub-fertile woman and her partner
- An overview of Female and Male Infertility
- Artificial Reproductive Technology Treatments (ART)
- Endocrine impact in infertility
- Endometriosis and Infertility
- Staff psychological supports
- Future developments

Accreditation:

5 CEUs

Coordinator:

Mary O'Connor, Director, CME, CUMH

Duration:

Classroom 6.5 hours

Dates:

As per HseLand

Time:

08.45 - 15.30 hours

Venue:

Centre of Midwifery Education, 5th Floor, CUMH

Cervical Education for Healthcare Professionals

Aim:

To provide healthcare professionals with the knowledge of the importance of promoting cervical screening for early diagnosis and treatment.

Content:

- Cervical screening and HPV testing
- Ambulatory Gynae and referral pathway
- Colposcopy - 'the diagnostic arm of the screening service'
- Impact of sexual violence on cervical screening (including FGM)
- Trauma informed care
- Ireland's path to cervical cancer elimination

Accreditation:

4 CEUs

Coordinator:

Fionnuala Hunt,
Specialist Midwife Coordinator, CME, CUMH

Duration:

4.5 hours

Dates:

16th January 2025

Time:

09.00 - 13.30 hours

Venue:

Online

Perineal Care Education Series CUMH

Aim:

To provide an overview of perineal trauma following childbirth and the knowledge to recognise potential perineal trauma complications.

Content:

- Types of perineal trauma
- Interventions to reduce perineal trauma
- Postnatal care of the perineum
- Signs & symptoms of potential perineal trauma complications and referral pathway
- Morbidities relating to perineal trauma

Accreditation:

4 CEUs

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Fionnuala Hunt,
Specialist Midwife Coordinator, CME, CUMH

Duration:

4 hours

Dates:

Online HseLand

Venue:

Online

Uterine Involution Assessment - A Revision for Public Health Nurses and Midwives

Aim:

To provide Registered Public Health Nurses and Midwives with the knowledge and skills to assess uterine involution in the postpartum period.

Content:

- Part 1 – Uterine Involution Theory (Online) - A Revision
- Part 2 – Uterine Involution Exam (Online)
- Part 3 – Uterine Involution Assessment (Classroom)
- Structure and function of the uterus.
- Normal physiological changes of the uterus in the postpartum period.
- Classification of postpartum blood loss.
- Rationale for performing uterine involution assessment.
- Steps involved in performing uterine palpation.
- Demonstration of correct procedure for assessing uterine involution and documentation of findings.
- Management and referral pathways to be followed in the event of complications, as per the guideline.

Accreditation:

NMBI Category 1, CEUs 2

Duration:

2 hours

Dates:

20th January 2025
11th June 2025
30th October 2025
27th November 2025

Coordinator:

Mary O'Connor,
Director, CME, CUMH

Fionnuala Hunt,
Specialist Midwife
Coordinator, CME, CUMH

Time:

10.00 – 12.00 hours

Venue:

Centre of Midwifery
Education, 5th Floor, CUMH

PROGRAMMES LISTING

Competency Assessment Programmes

- Assessment management and care of the patient receiving intravenous patient controlled analgesia
- Blood Culture Education
- Caring for Women with an Epidural Infusion post Gynaecological Surgery
- Intravenous Therapy Programme
- Perineal Repair
- Prostin per vagina (PV) administration by midwives
- Venepuncture and Peripheral Intravenous Cannulation workshop – Full programme
- Venepuncture and Peripheral Intravenous Cannulation workshop – Update programme

www.nmbi.ie/Standards-Guidance/Scope-of-Practice/Considerations-in-Determining-Scope/Continuing-Professional-Development