



## **Certificate in Diabetes Self-management (Adults) PG25749**

### **QAI Accredited Level 8 Special Purpose Award (10 ECTS Credits)**

#### **Programme Aim**

The aim of this programme is to enhance registered nurses knowledge, skills and understanding of diabetes to apply an integrated person-centred holistic approach to support adults self-manage and live well with their condition.

#### **Programme Learning Outcomes**

Upon successful completion of the programme, the learner will be able to:

- Critically analyse and evaluate current national reforms in healthcare relevant to the promotion of self-management supports for adults with diabetes;
- Demonstrate detailed knowledge and understanding of the classification, screening and diagnosis of diabetes;
- Apply a holistic person centred approach to support adults' self-manage their diabetes;
- Critically appraise the health-promoting role of the nurse in the prevention and management of complications of diabetes;
- Exercise appropriate judgement in medication therapy management to optimise glycaemic control and prevent and manage complications of diabetes.

#### **Entry Requirements:** Programme applicants must:

- Be registered nurses actively registered with the Nursing and Midwifery Board of Ireland;
- Be working in a HSE and/or HSE funded healthcare environment (Section 38);
- Be caring for adults who are at risk of and/or living with diabetes (excluding diabetes in pregnancy) in any of the following settings:
  - General;
  - Mental Health;
  - Care of the Older Person;
  - Intellectual Disability;
  - Community.
- Have completed the following eLearning programmes on [www.hseland.ie](http://www.hseland.ie):
  - Making Every Contact Count (MECC) (8 x 30 minute eLearning modules);
  - Diabetic Foot Screening.
- Be available to attend RCNME Tullamore on all identified dates

#### **Programme Dates:** The programme of education consists of one module, comprising of six dates as follows:

- Monday 29<sup>th</sup> September 2025 (09:00-18:00hrs)
- Tuesday 14<sup>th</sup> October 2025 (09:00-17:30hrs)
- Monday 20<sup>th</sup> October 2025 (09:00-18:00hrs)
- Monday 3<sup>rd</sup> November 2025 (09:00-18:00hrs)
- Monday 17<sup>th</sup> November 2025 (09:00-17:30hrs)
- Monday 1<sup>st</sup> December 2025 (09:00-17:00hrs)

**Venue:** Regional Centre of Nursing & Midwifery Education Tullamore, Midland Regional Hospital Tullamore Campus, Tullamore, Co. Offaly

**Further Programme Information Available From:** Veena Lasrado, Programme Co-ordinator, RCNME Tullamore Midland Regional Hospital Tullamore Campus, Tullamore, Co. Offaly: Email: [veena.lasrado@hse.ie](mailto:veena.lasrado@hse.ie) Tel: 087 288 3050/057 9358752 or Maura Loftus, RCNME Director Email: [maura.loftus@hse.ie](mailto:maura.loftus@hse.ie) Tel: 087 631 8568

#### **Application Process:**

Closing date for receipt of completed Programme Application Forms is **12:00 noon, Friday, 29<sup>th</sup> August 2025**. Completed forms to be returned to Veena Lasrado, Programme Co-ordinator.