

## Course Descriptor

### Return to Midwifery Practice Course

<b>Course:</b>	Return to Midwifery Practice Course
<b>Course Coordinator:</b>	Registered Midwife/Registered Tutor
<b>Credits:</b>	NMBI approved
<b>Eligibility Criteria:</b> <ul style="list-style-type: none"><li>• Be on the NMBI's Nurses and Midwives Register (Midwives Division) or have been on the NMBI's Nurses and Midwives Register (Midwives Division). In the event that this course is being undertaken as a prerequisite to registration, the midwife's name must be on the NMBI's Candidate Register.</li></ul>	
<b>Course Descriptor:</b> <p>The Nursing and Midwifery Board of Ireland (NMBI) recommends that registered midwives who have been out of midwifery practice for a period of five years or more should complete an approved Return to Midwifery Practice course.</p> <p>The aim of the Return to Midwifery Practice course is to provide the participant with the opportunity to update their theoretical knowledge and clinical skills to become competent and confident registered midwives.</p> <p>The course is 12 weeks duration and is divided into two modules:</p> <p><b>Return to Midwifery Practice - Theory Module:</b> this module comprises of 12 days (90 hours) theory which may be in the classroom setting or virtual. There is also independent learning time. This module is assessed by a written assignment and an oral presentation.</p> <p><b>Return to Midwifery Practice – Practice Module:</b> this module runs over 10 weeks during which the participant is required to complete 337.5 hours supervised clinical placement in a supernumerary status. Participants are competency assessed.</p>	
<b>Indicative Content:</b> <p>Principles of professional conduct and ethics Clinical practice experience</p>	
<b>Course Outcomes:</b> <p>On completion on the course, it is anticipated that participants will be able to:</p> <ol style="list-style-type: none"><li>1. Protect and promote the safety and autonomy of the woman and respect her experiences, choices, priorities, beliefs and values</li><li>2. Protect and promote the normal physiological process of childbirth</li><li>3. Practise in line with legislation and professional guidance and be responsible and accountable within their scope of midwifery practice – this encompasses the midwife's full range of activities as set out in EC Directive 2005/36/EC and the adapted definition of the midwife (ICM, 2017) as adopted by NMBI</li><li>4. Apply comprehensive knowledge, skills and professional behaviours to provide safe, competent, kind, compassionate and respectful care to the woman before pregnancy, during pregnancy, labour and childbirth and in the postnatal period, and to her baby, as identified in the Scope of Nursing and Midwifery Practice Framework (NMBI, 2015)</li><li>5. Work in equal partnership with the woman and her family to establish a relationship of trust and confidentiality</li><li>6. Communicate and collaborate effectively with the woman and her family and with the multidisciplinary health care team</li></ol>	

7. Identify, promote, and support healthy lifestyle choices that enhance the health and wellbeing of the woman, foetus and baby
8. Use skills of reflection to maintain and enhance midwifery practice
9. Recognise deviations from the norm in childbirth, take appropriate and corrective actions (which may include referral and the need to escalate care) and provide emergency care to the woman and her baby when required within their scope of midwifery practice.